

President: Judy Bosler
Secretary: Gloria Pracey



2 Queen Street,
Croydon NSW 2132
Tel: (02) 9798 9008

AUSTRALIAN PROFESSIONAL SKATERS' ASSOCIATION

LEVEL 2 COACHING ACCREDITATION - SPORT SPECIFIC - FIGURE SKATING APSA COPY OF YOUR RECORD SHEET.

Name: _____

Address: _____

Phone No.: _____

Date of Birth: _____

No.	Unit Name External Courses	Attendance Dates	Tape Returned	Assignment Returned	Result (Pass/Fail)	Cost & Date Paid
0	<i>General Principles</i>		N/A	N/A		
1	<i>Strength & Conditioning</i>		N/A	N/A	N/A	
2	<i>Fitness Testing</i>		N/A	N/A	N/A	
3	<i>Sports Medicine</i>		N/A	N/A	N/A	
No.	Unit Name Home Study	Assignment/ Tape Rec'd	Tape Returned	Assignment or Exam Returned	Result (Pass/Fail)	Cost & Date Paid
4	<i>Periodisation</i>		N/A			
5	<i>Competition Accounting</i>		N/A			
6	<i>Choreography</i>					
7	<i>You as a Business</i>		N/A			
8	<i>Equipment</i>					
No.	Unit Name On & Off-Ice	Attendance Dates	Lectures	Units	Result (Pass/Fail)	Cost & Date Paid
9	<i>Off-Ice Training for Skaters</i>					
10	<i>Music</i>					
11	<i>Coach's Legal Responsibility</i>					
12	<i>Bio-Mechanics of Skating</i>					
13	<i>Mental Preparation</i>					
14	<i>Free Skating</i>					
15	<i>Dance</i>					
16	<i>Advanced Free Skating</i>					
17	<i>Pair Skating</i>					
18	<i>Competency Assessment</i>					