



## **Changes to Novice Pair Test**

The following changes to Novice Pair Test were passed at the 2011 ISA AGM; these changes are effective 1<sup>st</sup> January 2012.

Duration of Free Skate: 3:30 mins +/- 10 secs.

### **Free Skate**

A well balanced ISU Advanced Novice Pairs Free Skate program must contain:

- a) Two different lifts of Group 1 to Group 4, one arm holds not allowed (full extension of the lifting arm of the partner is not required for Group 1 and 2 lifts)
- b) One Lutz Twist Lift (Single or Double)
- c) One Throw Jump (Single or Double)
- d) One Solo Jump (Single or Double)
- e) One Solo Spin or Solo Spin Combination, min 5 revs in total  
OR  
One Pair Spin or Pair Spin Combination, min 5 revs in total
- f) One Death Spiral or any Pivot Figure
- g) One Choreographed Spiral Sequence with at least two (2) spiral positions.
- h) One Step Sequence (straight line, circular or serpentine, full utilisation of the ice surface)

Program Components to be evaluated are: Skating Skills, Transitions, Performance/Execution and Interpretation only.

**Authorised by:** Lisa Jelinek, Operational Director Technical Regulations  
**Authorisation date:** 1<sup>st</sup> January 2012