



Changes to Novice Pairs Competition Requirements

The following changes to Novice Pairs competition requirements were passed at the 2011 ISA AGM; these changes are effective 1st January 2012.

Novice Pairs will now perform the elements as listed for ISU Advanced Novice Pairs Competitions.

Segments to be skated in Novice Pairs competitions are: Free Skate

Duration of Free Skate: 3:30 mins +/- 10 secs.

Free Skate

A well balanced ISU Advanced Novice Pairs Free Skate program must contain:

- a) Two different lifts of Group 1 to Group 4, one arm holds not allowed (full extension of the lifting arm of the partner is not required for Group 1 and 2 lifts)
- b) One Lutz Twist Lift (Single or Double)
- c) One Throw Jump (Single or Double)
- d) One Solo Jump (Single or Double)
- e) One Solo Spin or Solo Spin Combination, min 5 revs in total
OR
One Pair Spin or Pair Spin Combination, min 5 revs in total
- f) One Death Spiral* or any Pivot Figure
- g) One Choreographed Spiral Sequence with at least two (2) spiral positions.
- h) One Step Sequence (straight line, circular or serpentine, full utilisation of the ice surface)

* If a death spiral is executed, it is marked according to ISU Technical Rules Single and Pair Skating 2010. In other cases for the Death Spiral there are no levels.

Levels explanations

For Advanced Novice Pairs, in all elements which are subject to Levels, only features up to **Level 3** will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

The **Program Components** are only judged in:

- Skating Skills
- Transitions
- Performance / Execution
- Interpretation

The factors for the Program Components is 1.8

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