



Pre-Primary Test and Competition Requirements

In order to clarify for skaters and coaches, the following lists out the test and competition requirements for Pre-Primary.

Competition Free Skate Program (ISU Basic Novice A)

Duration of Free Skate: 2:30 mins +/- 10 secs.

A well balanced Free Skate program must contain:

- a) Maximum of 4 jump elements, one of which must be an Axel type jump.
There may be up to two (2) jump combinations or sequences. Jump combinations can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only two most difficult jumps will be counted. Triple jumps are not permitted.
- b) There must be a maximum of two (2) spins of a different nature (abbreviation)
 - One of which must be a spin combination with or without change of foot (min 6 revs in total), May commence with a Fly.
 - One spin with no change of position and with or without change of foot (min 6 revs in total), May commence with a Fly.
- c) There must be a maximum:
 - (i) Ladies – one (1) choreographic sequence which includes at least one (1) spiral position at least (3) seconds long. The sequence will have a fixed Base value and evaluated in GOE only.
 - (ii) Men – maximum of one (1) step sequence without Level value. The sequence will have a fixed Base value and evaluated in GOE only

Pre-Primary Test Program

Duration of Free Skate: 2:30 mins +/- 10 secs.

- a) Maximum of 4 jump elements, one of which must be an Axel type jump.
There may be up to two (2) jump combinations or sequences. Jump combinations can contain only two (2) jumps. A jump sequence can contain any number of jumps.
- b) There must be a maximum of two (2) spins of a different nature (abbreviation)
 - One of which must be a spin combination with or without change of foot (min 6 revs in total), May commence with a Fly.
 - One spin with no change of position and with or without change of foot (min 6 revs in total), May commence with a Fly.
- c) There must be a maximum:
 - (i) Ladies – maximum of one (1) choreographic sequence which includes at least one (1) spiral position at least (3) seconds long. Sequence evaluated in GOE only.
 - (ii) Men – maximum of one (1) choreographic sequence evaluated in GOE only.

NOTE:

ISA do not follow the ISU age requirements for this section; refer to the ISA rulebook for any age requirements.

The only time that ISU age requirements are to be met is when skaters are competing in Novice International Events.

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