



Primary/Intermediate Test and Competition Requirements

In order to clarify for skaters and coaches, the following lists out the test and competition requirements for Primary and Intermediate.

Competition Free Skate Program (ISU Basic Novice B)

Duration of Free Skate: 3.00 mins +/- 10 secs

A well balanced Primary and Intermediate Free Skating program must contain:

- a) Ladies – Maximum of 5 jump elements, one of which must be an Axel type jump.
Men – Maximum of 6 jump elements, one of which must be an Axel type jump.
There may be up to two (2) jump combinations or sequences. Jump combinations can contain only two (2) jumps. A jump sequence can contain any number of jumps but only the two most difficult jumps will be counted.
Only two jumps with two and a half (2 ½) or more revolutions can be repeated either in a jump combination or in a jump sequence.
- b) There must be a maximum of two (2) spins of a different nature
 - One of which must be a spin combination (min 10 revs in total). May commence with a Fly.
 - One Flying Spin or spin with a flying entrance (min 6 revs).
- c) Ladies and Men, there must be a maximum of one (1) step sequence fully utilising the ice surface. The sequence will receive Level Features and will also be evaluated in GOE.

Primary Test Program

Duration of Free Skate: 3.00 mins +/- 10 secs

- a) Ladies – Maximum of 5 jump elements; Men – Maximum of 6 jump elements
 - Mandatory – Axel Jump
 - Mandatory – Double Jump
 - Max of two (2) jump combinations.
- b) Maximum of two (2) spins of a different nature (abbreviation)
 - One of which must be a spin combination (min 10 revs in total). May commence with a Fly.
 - One Flying Spin or spin with a flying entrance (min 6 revs).
- c) Ladies and Men, there must be a maximum of one (1) step sequence fully utilising the ice surface.

NOTE:

ISA do not follow the ISU age requirements for this section; refer to the ISA rulebook for any age requirements.

The only time that ISU age requirements are to be met is when skaters are competing in Novice International Events.

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