



Elementary Test Music Length

At the 2013 ISA AGM, the following changes were passed for the Elementary Test Music Program Length, this would allow skaters to use their music from their Preliminary Competition program for the Elementary Test.

Coaches and skaters please note that the ELEMENTARY COMPETITION music time has not changed and is 2:00 min +/- 10 secs.

If a skater uses their Preliminary Program, which is 1:30 mins (+/- 10 secs) in an Elementary Competition they will lose 6 points for incorrect music length.

Duration of Free Skate Program for Elementary Test – Maximum of 2:10 mins (2 mins 10 secs).

There was NO change to the elements to be performed.

Elementary Test Program

Duration of Free Skate: Max 2:10 mins.

- a) Single Flip Jump
- b) Single Lutz Jump
- c) Three Jump + Single Loop Combo
- d) Upright Spin with one change of foot (min 3 revs on each foot)
- e) Sit Spin (min 4 revs)
- f) Camel Spin (min 4 revs)
- g) RFO Spiral (executed without assistance)
- h) LFO Spiral (executed without assistance)
- i) Straight Line Step Sequence covering at least half the ice surface including three turns and mohawks on both feet.

Authorised by: Lisa Jelinek, Operational Director Technical Regulations
Authorisation date: 1st May 2013