General	Page	1
General Short Program	Page	2
General Free Skating	Page	2
Block - Pivoting Element	Page	2-3
Circle – Rotating Element	Page	4
Creative Element	Page	5
Combined Element	Page	5
Group Lift	Page	5-7
Intersection + pi	Page	8-10
Intersection without pi	Page	11
Line – Linear Element	Page	11-12
Move Element + fm	Page	12-14
No Hold Element + s	Page	15-16
Pair Element	Page	17
Synchronized Spin Element	Page	18
Wheel – Traveling Element	Page	19-20

GENERAL	Technical Panel
Elements must meet the minimum ice coverage/rotation requirements	element is given a no value; if the minimum ice coverage/rotation is not met
Elements that do not meet the basic requirements not due to a fall, illness or interruption, such as using	element is given a no value; if the element does not meet the basic requirements for correct number of
the incorrect number of skaters, lines, spokes, etc. (ie: less than three (3) lines in a block, less than four	skaters, lines, spokes etc. not due to a fall, illness or interruption
(4) skaters in a circle, less than five (5) skaters in a line for the combined intersection, less than three (3)	element is called; if the element does not meet the basic requirements for correct number of skaters, lines,
skaters in a spoke for wheel elements etc.)	spokes etc. due to a fall, illness or interruption
There are no maximum size restrictions for any element (exception is the angled intersection and ME)	element is called as executed
Features must meet the minimum ice coverage, rotation or pivoting requirements	feature is not counted; if the minimum ice requirements are not met
Features will be counted only once per element	features are counted; if executed correctly and the highest level for the element will be called
Features may be repeated within the same element (as outlined in Technical Regulations)	the most difficult feature that meets the requirements will be counted towards the level of the element
Some features may be executed at the same time as other features (unless otherwise stated in a	see each element for details
Communication)	
Features must be executed at the same time by all skaters (unless otherwise stated in a Communication)	feature is not counted; if not executed at the same time
Features and /or Additional Features that are executed using the wrong shape (incorrect number of lines	call the element + the Feature and / or Additional Feature is not counted
or configurations including an incorrect number of skaters) not due to a fall or interruption	
Creative Modifications and Features are permitted in both the Short and Free Program	element is called; as long as the element configuration / shape meets the requirements for that element
B, C, L & W: Skaters (a maximum of ½ of the team) may leave and rejoin an element (for creativity) as	element is called; as long as the requirements are met
long as the minimum number of required skaters in a spoke, line, circle etc., is maintained. ALL skaters	feature(s) is not counted; if not ALL skaters are joined/aligned to a spoke, line, circle etc. during Features
must be joined/aligned to a spoke, line, circle etc. during Features for these to be counted	
Mirror Image Pattern is permitted in the Short and Free Program	element / Feature is counted; those turns executed during a Mirror Image Pattern will not be counted towards the level of the s. The s is not considered as interrupted
If there is an illegal Element, Feature, or Additional Feature	element is called as level base + DED4 (illegal); if the requirements for base level are fulfilled. Other than that no level will be called
If there is a non-permitted Element, Feature, or Additional Feature	element is called as level base + DED3 (non-permitted); if the non-permitted movement is the Element
	element is called + Feature is given a no value + DED3 (non-permitted); if the non-permitted movement is included in the Feature
	element is called + Additional Feature is not counted + DED3 (non-permitted); if the non-permitted movement is included in an Additional Feature

GENERAL – SHORT PROGRAM	Technical Panel
In the Short Program, transitions may be comprised of varied and/or complex footwork, linking	no value + DED3; Un-prescribed, additional or repeated elements
steps, formations and other movements to link the required Elements, which also include the	basic element shapes (level base) will not be considered as an additional element
entrances and exits of Elements. No other connecting Elements are allowed to link the required	Example: If a junior team executes a pivoting block element at one end of the ice surface, does a
Elements of a Short Program other than basic Element shapes (level base)	transition in one line which covers more than ½ of the length of the ice and then goes into two (2) lines
During the PB: All Features from the Linear Element (Block) are permitted before and/or after pivoting	for the whip intersection then this line, with a change of configuration, will not be considered
	an additional element since the two lines belong to the whip intersection
Wrong Element shape: if a team executes an element that is not according to the SP requirements	element is given a no value
Any required Features and / or Additional Features that are omitted (not attempted)	call the Element + DED1; if not attempted
Features and / or Additional Features that are not permitted in the Short Program	non-permitted Features and / or Additional Features are not counted + DED3; if included
Repeated Features and / or Additional Features that are not permitted to be repeated	call the element including the first Feature and / or Additional Features + DED3; for the repeated
	Feature and / or Additional Features
GENERAL – FREE SKATING	Technical Panel
Lifts may be executed in Senior Free Skating only	Junior: DED3; Lifts are non-permitted and are not called
Un-sustained Lifts may be used in Senior and Junior Free Skating	Junior: DED3: if the Un-sustained Lift has more than one ascent and decent (bouncing)
	will be counted as a Lift; if the supporting skaters rotate and/or when the lifted skater is lifted off the
	ice for more than three (3) seconds

BLOCK - PIVOTING ELEMENTS		
GENERAL BLOCK	Technical Panel	
A block configuration must have a minimum of three (3) lines	element ends; if there are less than three (3) lines	
Must be a closed block formation with parallel lines (lined up or staggered)	element is called + DED1; if the shape is an open block	
	element ends; if there is a change of configuration (including an open block)	
All Skaters must be attached (for most of the time)	element is called; even if skaters are not attached during the majority of the block element	
SHORT PROGRAM - PIVOTING BLOCK		
Must pivot using three (3) lines for Junior and four (4) lines for Senior	element is given a no value; if pivoting is executed with the wrong number of lines	
The number of skaters in each line must be as equal as possible during the pivoting	element is called + DED1; if not as equal as possible (not due to injury/illness/fall/interruption)	
	element is called; if wrong number of skaters are included resulting from skating with less than 16 skaters due to injury/illness/fall/interruption	
Changes of Configuration are permitted once the block has been formed - either before and/or after	element is called; as executed	
the pivoting		
Ice Coverage Requirements		
The Pivoting Block Element must cover at least the ½ of the ice surface or comparable distance	element is given a no value; if it does not meet the ice coverage requirement	
FEATURES		
1. Pivoting – applies to ALL levels		
Pivoting must meet the minimum requirement by all lines in the block	pivoting is not counted for a level; if the minimum requirements of a level are not met (independent of	
BLOCK: any recognizable distance for level B, 90° for level 1, 180° for level 2 & 3(i), 270° for	number of correctly executed turns in the block)	
level 3(ii) & 4		
If any type of pivot is not included (never attempted)	Element will be given a no value	
	pivoting (any amount) will be considered attempted even when there are no turns/steps included and at least level base will be called	
Pivoting must be continuous and executed all at once and not in several separate parts	pivoting is ended; if executed as several separate parts with a clear stop (at least two (2) seconds) in	
Pivoting will be considered ended when:	between the sections (level is given according to highest requirements met either before or after the	
- there has been no pivoting movement for at least two (2) seconds	pivoting is considered ended)	
	pivoting is counted; if interruptions (less than two (2) seconds) occur	

2

BLOCK - PIVOTING ELEMENTS Continued		
1. Pivoting – applies to ALL levels – continued	Technical Panel	
Pivoting must be executed in only one (1) rotational direction (a combination is not	pivoting is ended after the first rotational direction; if executed in a combination of both rotational directions	
permitted)	(level is given according to highest requirements met either before or after the pivoting is considered ended)	
A change of configuration during pivoting is not permitted	pivoting is ended; if there is a change of configuration (level is given according to highest requirements met	
	either before or after the pivoting is considered ended)	
The slow end skater may not become stationary, the block must progress along/across the	Turn/step is not counted towards pivoting level; if the turn / steps is executed on the spot (or become stationary	
ice at all times	during any part of the turn) by 1/4 of the team or more	
	PBB or PB1 respectively will be called (depending on correct amount of pivot & turns/steps); if not all lines	
	progress along or across the ice at all times during a PB1/PB2 pivoting (parts of any line become stationary, not	
	due to a turn / step executed on the spot, see above)	
Change of Pivot Point – PB 2, 3, 4	Technical Panel	
Pivot point must change ends at least once	PB1 is the highest call; if a change pivot point is needed for the level and is not correctly executed	
	pivoting ends; if the change of pivot point is executed as several separate parts with a clear stop (of at least two (2)	
	seconds) in between the sections	
Change of pivot point executed by skating in a circular pattern is not permitted	change of pivot point will not be counted towards any level; if executed skating in a circular pattern	
	PB1 is the highest call; if a change of pivot point is needed for the level and is executed by skating in a circular pattern	
A minimum pivot of 45° is required both before and after the pivot point changes ends	pivoting + DED1 will be called; if not meeting the minimum requirements	
BLOCK Pivoting – all levels		
The measurement for the degrees of pivoting begins with the entry edge of the first turn, once	any pivoting before the entry edge of the first turn is permitted but will not be counted towards the amount of pivoting	
the skaters have established their own track, (exception for level base and 1) and ends with	(except for level 1 and base)	
the exit edge of the last turn (exception for level base, 1 and 2)	PB2 – pivoting starts on the entry edge, once the skaters have established their own track, of the first turn/step and	
	end when the block stops pivoting and/or a change of configuration occurs	
A11 -1 - 4	PBB – any recognizable pivoting will be counted independently if turns are included or not	
All skaters must execute the same turns/edges (and steps/linking steps for level 1 & 2), in the same skating direction, at the same time during pivoting	PBB is called; if not the same etc.(no other level requirements are fulfilled)	
Pivoting must be executed using the required turns/steps on recognizable and correct edges	pivoting will be called according to the number of correctly executed turns/steps together with the amount of pivoting	
(exception level B)	turn(s) will not be counted; if 1/4 of the team or more become stationary	
	series of four (4) turns with no change of edge between the turns: if one (1) turn is not recognizable and/or incorrectly	
Scratched and/or shallow turns are not incorrectly executed turns and will be counted	executed by ½ of the team or more (any type of error); a series of three (3) turns with no change of edge between the	
towards the level (however this will be reflected in the GOE)	turns will be counted no matter which turn has been incorrectly executed	
	series of four (4) turns with a change of edge between the turns: if one (1) turn is not recognizable and/or incorrectly	
	executed by ¼ of the team or more (any type of error); pivoting with two (2) turns will be counted no matter which	
	turns have been incorrectly executed	
	series of four (4) turns (with or without a change of edge between the turns): if two (2) turns are not recognizable and/or incorrectly executed by 1/4 of the team or more (any type of error); pivoting with two (2) turns will be counted	
	no matter which turns have been incorrectly executed	
	series of three (3) turns with no change of edge between the turns: if one (1) turn is not recognizable and/or incorrectly	
	executed by ¼ of the team or more (any type of error); pivoting with two (2) turns will be counted no matter which turn	
	has been incorrectly executed	
BLOCK Pivoting - applies to Level 3 (i), Level 3 (ii) and Level 4		
Level 3 (ii): One (1) change of edge is permitted between each of the required turns in order	pivoting is not counted as Level 3 (ii); if there are more than one (1) changes of edge in-between any one (1) of the	
to make an entry edge for the next turn	required turns	
Level 3 (i) and Level 4: Changes of edges are NOT permitted in between turns	Call the level according to the number of correctly executed turns, amount of pivoting etc.	
	If there is a change of edge executed between the turns then the highest call will be; level 3 (ii)	
The required degrees of pivoting must be covered during the series of turns	pivoting is not counted towards the level; if less than the required total amount of pivoting is covered during the series of turns	
Francisco I for team arrows form (A) recognizable and connect trums with no sharper of edge	PB3 + DED 1 will be called; PB4 is lowered one (1) level (for one (1) stationary turn + DED1 (not 45° pivot after	
Example: If a team executes four (4) recognizable and correct turns with no change of edge		
Example: If a team executes four (4) recognizable and correct turns with no change of edge between turns with 270° pivoting but 1/4 of the team or more are stationary while executing	change of pivot point)	

3

CIRCLE - ROTATING ELEMENT	
GENERAL	Technical Panel
There may be a maximum of three (3) circles at the same time	circle element ends; if there are more than three (3) circles
Must have at least four (4) skaters in each circle for CB, C1, C2 and at least six (6) skaters in a circle for C3 and C4 at all times during the circle element	no matter which features are being executed, if the required minimum number of skaters is not correct then; call the level according to the number of skaters i.e. C2 would be the highest level called if there are not a minimum of six (6) skaters in a each circle at all times during the element
Ice Coverage Requirements	
All skaters must rotate a minimum of 360° in one (1) rotational direction or a comparable distance if both rotational directions are used	element is given a no value; if all skaters do not rotate a minimum of 360° in one (1) rotational direction o a comparable distance if both rotational directions are used
FEATURES	
1. At least two (2) different configurations	
There is no specific length of time that a configuration must be held, however it must be recognizable	a configuration is not counted; if it is not recognizable
The skaters must maintain their flow during the change of configuration (stopping is not permitted)	feature is not counted; if ¼ of the team or more is on the spot
The number of circles must change	feature is not counted; if the number of circles does not change (a circle in a circle and two side-by side circles are not considered two different configurations)
2. Change of Rotational Direction	
Change of rotational direction (cd) must be executed at the same time by at least ½ of the team	feature is not counted; if not executed by at least ½ of the team at the same time
Change of rotational direction may be executed in any manner	feature is counted; independently of execution of the cd
The skaters must maintain their flow during the change of rotational direction (stopping is not permitted)	feature is not counted; if ½ of the team or more execute the change of rotational direction with a stop or become stationary (including any skaters not changing rotational direction)
3. Weaving	
Circles must be as equal as possible: On a team of 16 skaters there must be eight (8) skaters in each circle	feature is not counted + DED1: if there are not eight (8) skaters in each circle
All of the skaters must weave at approximately the same time	feature is counted: when skaters weave at approximately the same time
Skaters are required to weave two (2) times	feature is not counted: if skaters weave only one (1) time)
4. Interlocking	
At least ½ of the team must interlock at least once (four (4) consecutive skaters in each circle remaining in the same circle)	feature is not counted; if at least eight (8) skaters do not interlock at least one time (four (4) consecutive skaters in each circle remaining in the same circle)
Interlocking may be executed at the same time as a change of rotational direction	both features are counted
5. Extra Features	
At least four (4) different extra features must be included where a maximum of two (2) from each group will be counted towards the level	extra features are counted only once; if repeated
At least ½ of the team must execute the extra features at the same time	extra feature is not counted; if executed at different times by the skaters
½ of the team may execute a different extra feature than the other ½ of the team at the same time	extra feature is counted; if the extra features are from the same or different groups two (2) extra features will be counted; if including two (2) different extra features at the same time
6. Skaters change places/positions with another Skater	
All skaters must participate and change places/positions with another skater	feature is not counted; if ALL skaters do not change place
	feature is counted; if an odd number of skaters (ie.: 5 or 7) even if one (1) of the skaters remain in the sam position
There are no restriction on how the change of places/positions should be executed (stopping is not	feature will not be counted; if ¼ of the team or more stops
permitted)	weaving will not be counted as a change of places/position
The circle must continue to rotate during a change of position	travel extra feature is not counted; if the rotation of the circle stops for two (2) seconds or more

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COMBINED ELEMENT		
The Combined Element is a combination of at least two (2) different Synchronized Skating	combined element is confirmed; when at least two (2) different Synchronized Skating Elements are recognized and	
Elements which are interacting with each other	are interacting with each other (i.e. pass-by, pass thru, connect, rotate around etc.)	
	combined element is not confirmed; if the chosen elements are not executed at the same time	
Choice of Block, Circle, Intersection, Line, Pair Element and Wheel:	combined element is confirmed; if the formation/configuration of the element meets and maintains the requirement	
• If using a Block there must be a minimum of three (3) lines and eight (8) Skaters	The selected element is not required to meet any ice coverage, rotational, traveling or pivoting requirements of the	
• If using a Circle there must be a minimum of six (6) Skaters;	respective base level:	
• If using an Intersection there must be a minimum of eight (8) Skaters who intersect	Rotating Elements - Circle/Wheel will be counted even if not rotating 360°	
• If using a Line there must be a minimum of eight (8) Skaters if doing one (1) line or in the	Pivoting Elements - Block/Line will be counted even if not pivoting 90°	
case of two (2) lines there must be four (4) Skaters in each line	• Linear Elements - Block / Line will be counted even if not covering ½ of the ice surface	
• If using a Pair Element there must be a minimum of four (4) skaters	• Intersection Elements – will be counted even if ALL skaters do not intersect (at least ½ of the team must intersect)	
• If using a Wheel there must be either a minimum of two (2) spokes with three (3) Skaters in	• Pair Element will be counted; when both a pair pivot + pair spin may be executed at the same time therefore	
each spoke or in the case of a one (1) spoke Wheel there must be a minimum of five (5)	fulfilling the requirement of having two pairs	
Skaters in the spoke		
Individual Spins and/or fm's are not permitted in the Combined Element	combined element is NOT confirmed; if there are only individual spins and/or fm's included	
	combined element is confirmed + DED1; if there are two different / listed SYS elements interacting with each other	
	plus individual spins and/or fm's	
Ice Coverage Requirements		
There is no minimum requirement or restriction as to the amount of ice coverage the Skaters	combined element is confirmed; as executed	
cover while preparing for and executing the Combined Element		

CREATIVE ELEMENT	
The creative element is a presentation of one (1) or more creative and innovative	creative element is confirmed; if at least four (4) different skaters presents a creative / innovative movement and / or an fe/fm
movements such as but not limited to, free skating elements (fe) and/or moves (fm)	the presented movements and/or fe/fm do not have to be correctly executed to be counted
made in an interesting manner, which reflects the music. To have the element	the chosen movement(s) may be executed at the same time, in syncopation, or at different times, and may be performed as
confirmed (fixed value), all skaters must participate in the element and at least four	individual skaters, pairs or groups of any size
(4) different skaters are required to present a creative / innovative movement and / or	there is no required number of skaters that must present one (1) type of creative and innovative movement and/or fe/fm
fe/fm	Example: four (4) different types of creative and innovative movements and/or fe/fin may be executed by four (4) different
	skaters OR all four (4) skaters may execute the same creative and innovative movement and/or fe/fm etc.
Highlighting and sub-grouping is permitted	creative element is confirmed; if requirements above are met
Ice Coverage Requirements	
There is no minimum requirement or restriction as to the amount of ice coverage the	creative element is confirmed; as executed
Skaters cover while preparing for and executing the Creative Element.	

GROUP LIFT ELEMENT (Senior)	
GENERAL	Technical Panel
The element begins once the skaters begin to form the group(s) for the lift(s) and ends once the lifted skater(s) is set down	
The two (2) Group Lift Elements must be different from each other (Different is defined when the GL uses a different type of movement for each of the features for each of the features to be counted towards the level)	feature is not counted for the level; if the "same type of movement" for the feature is repeated in the 2 nd Group Lift
The group lifts may be the same or different when executing two (2) or more group lifts at the same time	The lowest level GL will be counted; if the GL's are of different levels
The group lifts must ascend at the same time but may exit in a syncopated manner	GL is counted; as long as the exit is not to be counted as part of a Feature
Feature #3a, two (2) supporting skaters, together with Feature #8, Supporting skaters are approximately in one (1) line during the required rotation	Only 3a will be counted towards the level
Feature #5a, Difficult Entry together with Feature #5b, Creative Entry	only 5a will be counted towards the level
Feature #1, Flexible Position, together with Feature #2, Balancing Position	feature that will give the highest level will be counted
Only correctly executed group lifts will be considered when deciding the level of GL	call GL according to the number of correctly executed group lifts
	each group lift will be evaluated separately
All group lifts must meet the minimum rotation requirements to be counted	call GL according to the rotational requirements that are met (i.e. if four (4) group lifts are executed and try to rotate 360°, but in two (2) of the lifts one (1) or more skaters only completes 180°, GL1 will be called (A
	minimum of three (3) group lifts that rotates at least 180°))
Group lifts where the lifted skater is not set down (lands / exits the lift)	not counted; if the lifted skater is not set down (lands the lift)

5

GROUP LIFT ELEMENT - Continued	Technical Panel
Group lift where one (1) or more lifting skaters don't have one (1) skate on the ice	GLB is called + DED 4; if any of the supporting skater(s) does not have at least one (1) skate on the ice at all times
Stationary lift (no rotation or ice coverage)	GLB will be the highest call if only stationary lift(s) is executed
Group Lift(s) (Level 1, 2, 3, 4) that glide during the preparation, lift and exit (with or without any rotation)	GL is not counted; if two (2) or more skaters (within one (1) Group lift) are not gliding during all parts of the lift
	GL is counted + DED1; if one (1) skater (within one (1) Group lift) is not gliding during all parts of the lift (DED1 is given for each lift where one (1) skater makes this error)
The majority of the torso of the lifted skater must be above head height of the supporting skaters	GLB is the highest call; if in all of the lifts the majority of the torso of the lifted skater is not held above head height of the supporting skaters
	the hands / arms of supporting skaters do not have to be above their heads, as long as the majority of the torso of the lifted skater is held above head level of the supporting skaters
Rotational Lift: The entire rotation must be executed with the lifted skater held above head height of the supporting skaters	that lift is not counted towards the level of the GL; if the majority of the torso of the lifted skater falls below head height of the supporting skater(s) at any time during the rotation
At least one (1) group lift must be executed	GL is given a no value; if there are no group lifts executed
The free skating element(s), executed by the remaining Skaters not participating in the lift, may be the	GL is called one (1) level lower; if not all of the remaining skaters present an fe
same or different and executed at approximately the same time as the lift, however, fm's may be included	GLB + DED1 is called; if there are no fe's presented
either before or after the required fe	GLB is called + DED1; if there is only one (1) gliding group lift OR one (1) or several stationary lifts and not all of the remaining skaters do not present an fe (or are stationary)
A skater who has participated during any part of the lift is not required to execute a free skating element but may execute an fe or fm	GL is called according to the number of group lifts correctly executed; independently if the remaining skaters fe's are correctly executed or not
The remaining skaters (not executing the group lift(s)) are not permitted to stop during the element	GL is called one (1) level lower: when GL (1,2,3,4) has been called and the remaining skater(s) stop during the element
	GLB is called + DED1; when GLB has been called and the remaining skater(s) stop during the element
	GL is called + DED1; if the remaining skaters are executing a group lift (same or different) and one (1)
	skater in that lift becomes stationary during the GL
Acrobatic lifts	GLB is called + DED 4; for illegal
Undignified actions or poses in lifts	GLB is called + DED 4; for illegal
Lifts where the lifting skater is rotating around herself / himself are allowed, provided there is no sustained, totally vertical position with the head down	GLB is called + DED 4 for illegal; if the lifted skater is sustained in a totally vertical position with the head down
Ice Coverage Requirements	
There is no minimum requirement or restriction as to the amount of ice the Skaters cover while preparing for and executing the group lift(s) or fe's	GL is called; as executed
FEATURES	
1. Flexible position	
Positions for the lifted skater include but are not limited to: front split, side split, 135°, backward arch in a semi circle	feature is not counted for any one (1) group lift; if the lifted skaters do not show a flexible position
A Flexible Position must be held for at least 360° rotation	feature is not counted for any one (1) group lift; if the flexible position is not held for at least 360° rotation
2. Balancing lift	
The position of the lifted skaters is stabilized mostly by their own strength. The lifted skater's position	feature is not counted for any one (1) group lift; if the lifted skaters are given support in a manner that assists
becomes precarious and has influenced (effects) their balance. Any balancing position must be held	in stabilizing them at any time
during at least 180° rotation	feature is not counted for any one (1) group lift; if the balancing position is not held for at least 180° rotation
Teams are permitted to include more than one (1) balancing position and to change positions	feature is counted; as long as the requirements are met
3. Support	
Two (2) supporting skaters must rotate at least 180° rotation - Three (3) skaters may lift the one (1) skater into position	feature is not counted for any one (1) group lift; if each supporting skater does not rotate at least 180°
Three (3) supporting skaters – lifted skater is held by only one (1) hand of the supporting skaters The "free" hand of the supporting skater may be held out to the side or may support their own lifting arm/hand, by holding below the wrist and not the hand, and must not touch the lifted skater	feature is not counted if the supporting skaters 2 nd hand is placed to give additional support

6

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GROUP LIFT FEATURES - Continued	Technical Panel	
4. Change of position of the lifted skater		
The lifted skater must rotate a minimum of:	feature is not counted for any one (1) group lift; if the body does not rotate a minimum of 180° if using a	
- 180° if using a horizontal axis (not counted for GL3 or GL4)	horizontal axis	
- 90° if using a vertical axis	feature is not counted for any one (1) group lift; if the torso does not rotate a minimum of 90° if using a	
- No specific requirements if using a combination of both horizontal and vertical axis	vertical axis	
	after the complete change of position of 90°/180° has been executed, the lifted skater(s) may place their	
	arms and legs however they want in order to create an esthetically pleasing position. If this position then	
	affects the complete rotation there will be no penalty for the change of position	
The torso must be kept above head level of the supporting skaters during the change of position	feature is not counted for any one (1) group lift; if the majority of the torso of the lifted skater during the change of position is lower than the heads of the supporting skaters	
The 90°/180° rotations must be continuous and executed at once	feature is not counted for any one (1) group lift; if executed as several separate parts	
90° horizontal OR 90° vertical rotation – The lifted skaters' torso must execute the rotation	feature is not counted; if the lifted skaters' torso does not execute the rotation	
The lifted skater may begin on their back, side or stomach or any variation as long as a complete 90°/180°	feature is not counted for any one (1) group lift; if not the whole torso completes the 90°/180° rotation	
rotation of the entire torso occurs for the level	feature is counted; even if the lifted skaters begin in different positions	
The change of position is required during the required rotation (the lift may rotate more than the	feature is not counted; if not executed during the required rotation	
180°/360° to complete the lifted skaters change of position)		
If using two different types of positions for a change of position; i.e. side split position (balancing) + a	The two positions may be executed in any order and will be counted as long as the requirement for each	
horizontal position (stable)	feature is met while in the respective position	
5. a) Difficult Entry		
This feature will be awarded when the team includes a difficult entry	feature is counted; as long as there is a difficult entry included	
A lift/vault immediately preceding the group lift will be considered as a difficult or unexpected entry	feature will be counted for any one (1) group lift; if lifted skater lands/touches the ice for less than ½ second	
even if there is a brief touchdown /bounce (less than ½ second) on the ice before going up into the group lift	during or in-between the first vault/lift and before attaining the lifted position	
5. b) Creative Entry	feature is not counted; if staying more than ½ second on the ice between the lift/vault and the group lift	
The feature is awarded only when skating movements/elements, are executed by either the lifted or	feature is counted; as long as there is a skating movements/elements included during entry	
supporting skaters, immediately preceding or during the take-off	reading is counted, as rong as there is a skating movements/elements included during entry	
The creative movement must have an effect on the entry of the lift and/or the lifting action	feature will not be counted; if not having an effect on the entry of the lift and/or the lifting action	
6. Difficult or Creative Exit	reactive will not be counted, it not having an effect on the entry of the internation the fitting action	
Exit from the lift could be in a cartwheel or somersault type of action	feature is counted; as long as a difficult or creative exit is included	
7. Mirror Image Pattern	reactive is counted, as long as a difficult of creative exit is included	
One (1) or two (2) group lifts rotate in one (1) rotational direction and the other one (1) or two (2) group	feature is not counted; if not executed as described	
lifts (depending on attempted level) must rotate in the opposite rotational direction	readure is not counted, it not executed as described	
IF using four (4) Group Lifts: all four (4) GL must participate in the mirror image pattern	feature is not counted; if all four (4) group lifts do not execute mirror image pattern	
8. Supporting skaters (at least three (3)) are approximately in one (1) line during the required rotation		
The supporting skaters may be in a different configuration during the entry and exit of the lift	feature is counted; if the skaters are in approximately one (1) line during the full rotation	
Two (2) supporting skaters	feature is not counted: if there are only two (2) supporting skaters	
9. Rotation in both Rotational Directions		
The minimum rotation for the group lift (see below) in one (1) rotational direction + a minimum of 180°	feature is not counted for any one (1) group lift; if all skaters the group lift do not rotate the required amount	
in the opposite rotational direction	in both rotational directions (even if one (1) supporting skater in that group lift does not rotate completely in	
Teams may choose the order and the direction of the rotation	either direction)	
For GL2, GL3 & GL4 minimum of 360° in the first rotational direction + a minimum of 180° in second	feature is counted; if correctly executed	
rotational direction are required or visa versa	•	
For an GL1: minimum of 180° in both rotational directions are required	feature is counted; if correctly executed	

INTEDSECTION		
INTERSECTION		
GENERAL	Technical Panel	
SHORT PROGRAM:	intersection element is given a no value; if the wrong shape is executed	
Intersection must be the correct shape for the year		
Junior: Whip Intersection		
Senior: Angled intersection		
GENERAL FOR INTERSECTION + OR WITHOUT pi		
Intersection + pi and Intersection without pi must be different	intersection without a pi is given a no value; if it is the same type of Intersection as Intersection + pi	
	independent of the order of the intersections in the program	
The intersection element begins during the preparation phase and all skaters must participate in the intersection	intersection element is given a no value; if all skaters do not participate	
Individual skaters may pass each other simultaneously or separately as long as every skater is involved in	intersection element is given a no value; if all skaters do not participate	
the intersection		
Eight (8) Pairs of Skaters, passing by each other is not considered to be an Intersection Element	intersection element is given a no value	
Weaving during a circle in a circle (opposite or same direction) with eight (8) Skaters in each circle is	intersection element is given a no value	
not considered to be an Intersection Element		
The lines must be as equal as possible	intersection element is called + DED1; if the lines are not as equal as possible with a team of sixteen (16) skaters	
	intersection element is called; if wrong number of skaters are included resulting from skating with less than	
	16 skaters due to injury/illness/fall/interruption	
INTERSECTION + pi		
Angled Intersection		
The corridor between the two (2) lines cannot be more than approximately 2.5m apart once the lead	lower the level of the intersection element by one (1) level; if the corridor is or becomes wider than	
skaters of each line begin to overlap	approximately 2.5m at any time after the lead skaters begin to overlap	
The lines must remain parallel to the "axis of the point of intersection" during the approach phase. If the	lower the level of the intersection element by one (1) level; if the line(s) pivot more than 45°	
lines are no more than approximately 2.5m apart, a slight pivot (less than 45°) is permitted	It is the highest call; if pivoting more than 45° and the lines are more than approximately 2.5m apart	
	(neutralization of the intersection)	
To continue an angled direction during the exit phase of this intersection is optional	intersection element is called; even if the angled direction is not maintained during exit phase	
Collapsing Intersection		
Teams must use at least two (2) different axis during a collapsing intersection	intersection element is counted	
Combined Intersection		
An intersection that combines a rotating element(s) such as a circle/wheel with a line or another rotating element	IB is called; even if the rotating stops before the intersection is completed	
The elements must intersect with each other	intersection element is given a no value; if all skaters do not intersect	
All skaters may intersect at different times (similar to a collapsing intersection) OR all skaters may	intersection is called; if executed correctly	
intersect at the same time (as in other intersections)	•	
There must be a minimum of:	intersection + DED1 is called; if requirements are not met as long as all skaters are intersecting	
- five (5) skaters in a line		
- six (6) skaters in a circle		
- two (2) spokes with three (3) skaters in each of the spokes of a wheel OR in the case of a one (1) spoke		
wheel there must have at least five (5) skaters		
Whip Intersection		
Both lines must maintain and keep a TRUE curved shape (½ circle), until the pivot skaters of each line become approximately back to back	lower the intersection element one (1) level; if both or one (1) line does not maintain the true curve shape	
The lines are allowed to straighten at the point of intersection	intersection element is called	
All skaters should be intersecting at the same time, however the two (2) fast end skaters of each line will be permitted to intersect slightly after the rest	one (1) level lower will be called; if the skaters do not intersect according to the requirements	
If any other part of the line (i.e. the fast end or middle) intersect before the slow end of the line	one (1) level lower will be called	
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8

FEATURES

A double twizzle will not be counted as two (2) separate 360° continuous rotations

1. Back to back preparation and approach OR backward pivoting entry during preparation and	approach
During the Preparation Phase: All skaters must be back-to-back and any type of hold (except a "no	feature is not counted; if not according to the requirements
hold") must be attained before the end of the preparation phase and before the skaters begin the approach	IB will be called; if one (1) or more line(s) is facing towards the point of intersection during the entire
phase. The hold must be maintained until the skaters start to rotate	preparation and/or approach phase
	one (1) level lower will be called; If there are two (2) spaces or more without a hold during the end of the
	preparation and/or during the approach phase (before the rotation of the pi begins)
Shoulders must be kept parallel to the axis of intersection and not twisted during the preparation and	one (1) level lower will be called; if the shoulders of 1/4 of the team or more are twisted to face towards the
approach	axis of intersection
If teams are turning/rotating during the approach phase of the intersection and the skaters are not	one (1) level lower will be called; if 1/4 of the team or more execute any forward rotation(s) during the
intersecting, during any part of the turn(s)/rotation(s), then these turn(s)/rotations(s) will not be counted	approach phase
as a pi but the back to back approach will still be counted as long as the rotations are starting and ending	one (1) level lower will be called; if \(^1/4\) of the team or more execute a backward rotation that ends forward
backward and rotate continuous	one (1) level lower will be called; if ¼ of the team or more pause during a backward rotation during the
	approach phase of the intersection
The skaters must have a hold if there are crossovers or non-rotating linking steps executed before the	one (1) level lower will be called; if there are two (2) or more spaces during a crossover or non-rotating
rotation for the pi	linking step during the approach phase without a hold
•	skaters are permitted to change feet between rotations executed during the approach phase without
	reconnecting in a hold as long as there is no sustained pause between the rotations
During a backward pivoting entry, each line must pivot at least 90° before the skaters intersect	one (1) level lower will be called; if not pivoting enough
If the feature is attempted but not counted	one (1) level lower will be called (exception if skating forward into the intersection IB will be the highest
r	level called)
POINT OF INTERSECTION – ADDITIONAL FEATURE	
GENERAL	
SHORT PROGRAM	pi is given a no value + DED1; if not attempted by any skaters
Point of Intersection (pi) is required	there is no DED given as long as a rotation for a pi was attempted by all skaters
SHORT PROGRAM AND FREE SKATING	
Interruptions (skaters missing the entire element) during the pi	continue to call the pi without any penalties
Back spirals during intersection are illegal	IB is called+ pi is given a no value + DED4; called for illegal
Split jumps during intersections are illegal	IB is called+ pi is given a no value + DED4; called for illegal if a split jump is included
If $\frac{1}{2}$ of the team executes the same turns/steps/linking steps at the point of intersection then the other $\frac{1}{2}$ of	Lowest pi level is called; if ½ and ½ of the team executed different pi's
the team may execute a different turn/step/linking steps	
Each ½ of the team must execute the same turns/steps/linking steps at the pi (including the direction of the	pil is called; if 1/4 of the team or more executes different turns/steps/linking steps at the pi compared to the
rotation)	skaters next to them as long as the requirements for pi1 is fulfilled
(different rotation directions are defined as: some skaters executing backward rotation and other skaters	pi is called one (1) level lower; if ¼ of the team or more rotates in a different rotational direction compared to
in the same line are executing a forward rotation or some skaters are turning clockwise while other	the skaters next to them
skaters in the same line are turning anti-clockwise)	
All skaters must execute the turns/steps/linking steps at the point of intersection at the same time	pi is called + DED1; if skaters do not execute the turns/steps/linking steps at the same time (not a timing issue
	but choreographed at different times)
An attempted backward 360° (720°) rotation with skaters stepping forward to begin the pi rotation (cheating the backward start)	pi is called one (1) level lower; if ¼ of the team or more is cheating the backward start and steps forward
Fall by one (1) or more skaters (and other skaters may make an error due to the fall)	pi is called according to the skaters not affected by the fall + DED for the fall(s)
If a rotation is not attempted (no fall/interruption has occurred)	pi is given a no value; if none of the skaters have attempted a rotation as the pi
(skaters are just gliding forward or backward instead of doing a rotation)	rotation is counted + DED1; if a rotation is not attempted by one (1) skater
	pi is called one (1) level lower; if a rotation is not attempted by two (2) skaters
	pi is called one (1) level lower + DED1; if a rotation is not attempted by three (3) skaters
	pi base is called; if a rotation is not attempted by 1/4 of the team or more
	For a Collapsing Intersections and Combined Intersections (where skaters intersect at different times); the
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9

specific rotation that the skaters fail to attempt is the rotation that will be affected (i.e. if two (2) or more

skaters fail to attempt a rotation, that rotation will not be counted toward the level)

rotation is counted as one (1) 720° rotation

Technical Panel

POINT OF INTERSECTION - Continued	Technical Panel
backward 360° and 720° rotations (turns /steps and/or rotating linking steps) must start and end backwards	pi is lowered one (1) level; if the backward rotation (turns /steps) ends forwards
own with 200 and 720 found on (tame 700pt and 01 founding mining otops) made state and out it and	Once ALL skaters have completed intersecting it is permitted to end a backward rotation forward
backward 360° and 720° rotation (or more) must be continuous	pi is called according to the number of correctly executed rotations; if the rotation is not continuous by ¼ of
(the team or more (pausing in the rotation)
A rotation that is attempted but with a visible error (same type) by ¼ of the team or more	pi is called one (1) level lower; for each visible error made by a ¼ of the team or more
Visible errors:	Each type of error will be penalized only once
- A collision affecting the rotation(s)	pi base; will be the lowest call
- A 360° or 720° rotation that is not continuously executed (pauses in the rotation in order to assist	
skaters to pass by each other)	
- A stumble affecting the rotation(s)	
- Rotation(s) executed on the spot	
Use of crossovers during any pi level are not permitted	pi is lowered one (1) level; if there is a crossover
The rotation(s) must begin before the skaters pass through and must continue as the skaters go through the	pi base is called; if ¼ of the team or more have passed through the point of intersection before beginning a
point of intersection (Collapsing intersections and Combined Intersections (where skaters intersect at	rotation, or have completed the rotation before the point of intersection
different times) have their own requirements for where the rotations must be executed, see below)	pi base is called; if 1/4 of the team or more do not continue to rotate as they pass each other
	pi base is called; if ALL skaters have passed through the point of intersection before beginning a rotation, or
	have completed the rotation before the point of intersection (as long as a rotation has been attempted
	somewhere near the pi)
Point of Intersection for Angled Intersection	
The pi rotation must begin when the skaters are at least four (4) spots away from their hole and must	pi is lowered one (1) level; if not started correctly
continue to rotate in the same rotational direction until the skaters are thru their space	pi is lowered one (1) level; if rotations are executed in both rotational directions
The rotation(s) must travel along a diagonal path towards the axis of intersection UNTIL going through	pi is lowered one (1) level; if not executed on a diagonal path
the pi at the axis	
Point of Intersection for Collapsing Intersections and Combined Intersections (where skate	
All corners in a collapsing intersection must be intersecting during a rotation for that rotation to be	rotation is not counted towards the pi; if one (1) or more corners are not intersecting during the rotation
counted towards the pi	
Level 1: Rotations must start before the skaters begin to intersect and two (2) forward 360° rotations must	lower pi one (1) level; if the rotation do not start before the skaters begin to intersect
be completed within the intersection.	pi base is called; if there is only one (1) 360° rotation executed correctly and ended within the intersection
Level 2: Rotations must start before the skaters begin to intersect and two (2) backward 360° rotations	lower pi one (1) level; if the rotation does not begin before the skaters begin to intersect
must be completed within the intersection. If the first rotation is completed before the skaters have started	lower pi one (1) level; for each missing rotation completed within the intersection
to intersect, the minimum number of subsequent rotations are needed to be executed and completed within	pi1 is the highest call; if only one (1) correctly executed rotation occurs within the intersection
the intersection	
Level 3: The backward 720° rotation must begin before the lines begin to intersect, and end inside the	lower pi one (1) level; if the rotation does not begin before the skaters begin to intersect
intersection. Two (2) subsequent backward 360° rotations must start within the Intersection however the	lower pi one (1) level; if the remaining part of the 720° rotation is completed before intersecting
last (third (3rd)) pi rotation may end after the skaters have exited the Intersection	lower pi one (1) level; for each missing subsequent 360° rotation within the intersection
	pi2 is the highest call: if there are only two (2) rotations executed correctly
	pil is the highest call; if only one (1) correctly executed rotation occurs within the intersection
Only correctly executed rotations will be counted towards the pi level	pi is called according to the number of correctly executed rotations, any rotations with errors listed in the
	general part above will not be counted towards the pi level
For pi2 & pi3 only backward turns/steps and rotating linking steps are permitted	lower pi one (1) level; if any non-rotating linking steps are included
	pil is called; if any forward rotations are included
	there may be a slight (minimal) pause in-between the rotations in order to permit the skaters to change feet or
	change their rotational direction without lowering the pi
Point of Intersection for Whip Intersection	
Only one (1) rotation (turn / step) is required at the point of intersection	pi is called; if correctly executed
All skaters must be intersecting at the same time, however the four (4) fast end skaters (two (2) skaters on	pi is called; independently of the number of skaters intersecting slightly afterwards as long as they all rotate
each side) are allowed to intersect slightly afterward	through the axis of intersection
All pi rotations must be in the same rotational direction as the skater's respective line during the approach	lower pi one (1) level; if pi rotations are executed in the opposite rotational direction
phase	1

10

INTERSECTION without pi			
FEATURE	Technical Panel		
The General section (page 8) for Intersections applies to the Intersection without pi			
#1 - 4. Creative movement during Phases of an Intersection: (Preparation, Approach,	Axis of Intersection, Exit of the Intersection)		
back-to-back preparation and approach and any hold before the axis of intersection is not required	feature is counted		
A rotation executed during any of the four (4) Intersection phases MAY be considered as creative IF the	feature is counted; if the rotation is a creative type of rotation not normally executed during the intersection +		
rotation has a creative component and does not resemble the usual type of rotation associated with the	pi		
Intersection + pi	feature is not counted; if only an unusual arm/hand position is executed		
NOTE: a different/unusual arm/hand position will not be considered as creative			
Crossovers or non-rotating linking steps executed at anytime (including thru a collapsing type of	feature is counted		
intersection etc.) are permitted			
Not all skaters must execute and fe/fm to be considered as a creative movement (one is enough)	feature is counted		
Combined Intersections: if teams choose to use a Combined Intersection, they must meet the	intersection + DED1 is called; if requirements are not met as long as all skaters are intersecting		
requirements for this intersection (number of skaters in a circle or line)			
Pairs may be used during the Intersection without a pi (as long as ALL skaters are passing by at least	intersection element is given a no value; if there are eight pairs		
one (1) other skater and there are not eight (8) pairs)	intersection element is given a no value; if all skaters do not pass by another skater		
Syncopated Choreography may be used during the four (4) phases of the Intersection	Intersection element is counted; as long as the intersection meets the criteria for the shape		

LINE - LINEAR ELEMENTS		
GENERAL - LINE	Technical Panel	
There may be one (1) line or two (2) lines	line element ends; if there are more than two (2) lines	
If there are two (2) lines, these two (2) lines may be joined or separate and may pass by each other	line element is called	
The number of skaters in each line must be as equal as possible	line element is called + DED1; if not as equal as possible	
	line element is called; if wrong number of skaters are included resulting from skating with less than 16 skaters due to injury/illness/fall/interruption	
Ice Coverage Requirements		
The Line Element must cover at least the ½ of the ice surface or comparable distance	line element is given a no value; if it does not meet the ice coverage requirement	
FEATURES		
1. At least two (2) different configurations		
There is no specific length of time that a configuration must be held, however it must be recognizable	feature is counted; as long as the shapes are recognizable	
The change of configuration may be executed in any manner	feature is counted; even if the shape of the line may "disappear" during the change of configuration	
The team is not permitted to stop when changing configurations	feature is not counted; if 1/4 of the team or more is on the spot	
The number of lines must change to be counted as a change of configuration	feature is not counted; if the number of lines in the line does not change	
2. Three (3) different holds		
There is no length of time that a hold must be held however they must be recognizable	feature is counted; as long as the three (3) different holds are recognizable	
A no hold will not be counted as one of the three (3) different holds	feature is not counted; if a no hold is one (1) of the three (3) different holds	
3. Skaters / Lines Change place / position with another Skater / Line		
All skaters/lines must participate and change places with another skater/line	feature is counted; as long as all skaters participate	
There are no restriction on how the change of places should be executed	feature is counted; even if the shape of the line may "disappear" during the feature	
Skaters / Lines change places with another Skater / Line may not be executed at the same time as a	feature is not counted; only the change of configuration will be counted	
Change of Configuration		
4. Extra features		
At least four (4) different Extra features must be included where a maximum of two (2) from each group will be counted towards the level	extra features are counted only once; if repeated	
At least ½ of the team must execute the extra features at the same time	extra feature is not counted; if executed at different times by the skaters	
½ of the team may execute a different extra feature than the other ½ of the team at the same time	extra feature is counted; if the extra features are from the same or different groups	
	two (2) extra features will be counted; if including two (2) different extra features at the same time	

11

LINE - LINEAR ELEMENT - Continued	Technical Panel		
5. Release of hold for three (3) seconds			
The release must occur while the skaters are keeping the line configuration	feature is not counted; if executed together with Feature #1 (At least two (2) different configurations) or #3 (Skaters / Lines change places with another Skater / Line)		
The team is not permitted to stop during the release of hold	feature is not counted; if ¼ of the team or more stops during the release of hold		
During the release of hold each skater must turn / rotate or use both skating directions (forward and backward) i.e. only skating backward (or forward) are not permitted	feature is not counted; if a turn/ rotation does not rotate 360° or use of both skating directions is not included		
If Skaters choose to turn / rotate during the release of hold: Skaters must turn/rotate at least 360°	feature is not counted; if skaters do not take at least two (2) consecutive foot placements in the new		
If Skaters choose to use both skating directions; Skaters must take at least two (2) consecutive foot	skating direction		
placements in the new skating direction during the release			
6. Change of axis			
The line must use two (2) distinctly different axis	feature is not counted; if only the skaters change axis and not the line		
Teams may choose either the long axis, short axis or a diagonal axis of the ice rink	feature is counted; as long as the change of axis is recognized		
There is no ice coverage requirement for each axis but must be easily identified	feature is not counted; if only follow the leader (not considered as a change of axis)		
Pivoting only is not considered as a change of axis. The skaters must each skate along their own new	feature is not counted; if the line only pivots		
axis so that the new axis is easily recognizable			

MOVE ELEMENT	
GENERAL	Technical Panel
This element consists of one occasion where a free skating move(s) (fm) is/are performed	The 2 nd fm is given a no value; if there is a second fm is included and executed by any skater
SHORT PROGRAM 2016-2017: the required fin is an unsupported spiral by at least ½ of the team	MEB is called + fm no value + DED 1; if the required fm is not included for an omitted requirement
SHORT PROGRAM and FREE SKATING	fm is called according to the lowest level; if the fm's have different levels
One part of the Team may perform one (1) type of a Free Skating Move and another part of the Team may perform another type of a Free Skating Move. Up to four (4) different types of Free Skating Moves (either the same or different levels) executed at the same time will be permitted but is not required. At least four (4) skaters must execute each selected fim	ME will be lowered one (1) level; if there are not at least four (4) skaters executing the same type of fm
Each skater must execute one (1) fm	The first fm each skater performs during the ME will be evaluated and called accordingly (Subsequent fm's are permitted without penalty and are not counted)
	ME is given a no value; if each skater does not present an fm (not including skaters who fall, fake or only "attempt" the fm)
An fm will be counted only when executed within approximately ½ of the ice surface	fmB is called; if the skaters executing any one (1) type of fm are not approximately within ½ of the ice
The preparation may use the entire ice surface	surface of each other
The fm(s) themselves, may cover/use as much ice as needed	
Once meeting the requirements for an fm(s), that fm(s) may continue but is no longer required to remain	
within approximately ½ of the ice surface of subsequent fm(s)	
If an fm is called as fmB then the feature(s) will also not be counted	fm is called fmB + no feature(s) is counted
Skaters may pass by/intersect with each other in order to change position	ME is called; as executed
Ice Coverage Requirements	
There is no restriction as to the amount of ice the Skaters cover while preparing for and executing the fm's	ME is called; as executed
other than what is stated in the difficult group	
FEATURES	
1. At least two (2) or three (3) different fm's (depending on the ME level)	
There must be at least two (2) or three (3) different fm's executed depending on the level	feature is not counted; if not at least two (2) or three (3) different fm's are executed
While executing the same or different fm(s) at the same time those fm's must be within approximately ½ of the	MEB + fmB is called; if the two (2) different fm's for ME2 (or three (3) different fm's for ME3) are
ice surface of each other	executed at the same time and are not approximately within ½ of the ice surface of each other
The two (2) different fm's for ME2 (or three (3) different fm's for ME3) are not required to be executed at the	MEB + fmB is called; if the skaters executing any one (1) type of fm are not approximately within ½ of
same time	the ice surface of each other
 however, the skaters executing any one (1) fm, must be approximately within ½ of the ice surface of each other 	
IF choosing fm's with different time requirements: The same type of fm must begin and end at approximately the same time. Different types of fm's may begin and/or end at different times (see 2016-2017 Calling Specifications)	Count the feature + call the fm level + DED1; if the same type of fm does not start or end at the same time

12

2. At least ½ of the skaters execute a change of position	
All skaters must execute the change of position at the same time	feature is not counted; if at least ½ of the skaters do not execute the change of position at the same time
If a skater begins on the right side of another skater, they must change to the left side of that same skater in	feature is not counted; if a change of side has not been executed by all skaters executing the feature
order to meet the requirements	
The track of the skater changing position MUST cross with the track of the other skater with whom they are	feature is not counted; if the skaters do not cross the track of the other skaters with whom they are
changing position	changing position
Each skater must be skating on their individual track/curve before and after crossing the track of the skater	feature is not counted; if requirements are not met
next to them	
A hold both before and after the change of position is required.	feature is not counted; if there are two (2) or more spaces without a hold both before and / or after the
	change of position
IF using two (2) or more lines of six (6) or two (2) lines of eight (8) skaters - At least four (4) consecutive	feature is counted; if the same skaters hold both before & after the change of position and execute a change
skaters in each line must have a hold both before and after a change of position	of configuration
	i.e.: starting with a hold in one line of eight (8) skaters; change position and re-grasp into two lines of four
	(4) skaters
A minimum of four (4) skaters in each line is required for this feature to be counted	feature is not counted; if there are less than four (4) skaters in each line throughout the feature
Any listed fm may be used during this feature (both SP and FS). It is permitted to use two (2) or more	feature will be counted; if executed in any fm as long as ½ of the team is participating and is executing the
different fm's to execute the feature	change of position at the same time
The change of position will be counted only when executed within approximately ½ of the ice surface	feature is not counted: if the change of position is executed while the skaters are further apart than
The preparation may use the entire ice surface	approximately ½ of the ice surface
	- The change of position itself may cover/use as much ice as needed

The preparation may use the entire fee surface		approximately /2 of the lee surface
		- The change of position itself may cover/use as much ice as needed
EDEE CLATING MOVES ADDITIONAL FRATING	-	
FREE SKATING MOVES – ADDITIONAL FEATUR	.E	
FALLS AND OTHER ERRORS		Technical Panel
Types of Visible errors for fm's: each type of visible error is penalize only once		lower fm one (1) level for each visible error; if ¼ of the team or more execute the same type of visible error
- fm position is not correct		lower one (1) level; if not on a recognizable edge
- fm that is not executed on a clear lobe / edge for a minimum of three (3)	seconds	lower one (1) level; if the position is not correct
- fm that is not held in the correct position for a minimum of three (3) second		lower one (1) level; if the edge/position is not held for the correct amount of time according to the specific fm(s)
choosing an fm with change of position or edge/direction then each position and/or edge/direction must be held for two (2) seconds)		fmB; will be the lowest call
Interruptions during the fm		continue to call the fm without any penalties
Fall by one (1) skater + one (1) or more other skaters make an error due to the	fall	call the level of the fm executed by the skaters not affected by the fall + DED for the fall
Fall by one (1) skater (and no other skaters make an error during the fm)		call the level of the fm executed by the skaters not affected by the fall + DED for the fall
Fall by two (2) or more skaters (and one (1) or more other skaters may or n an error during the fm due to the fall)	nay not make	call the level of the fm executed by the skaters not affected by the falls + DED for the two (2) falls
fm not attempted (not due to a fall / interruption or stumble but because of a lack of		fm is called + DED1; if one (1) skater fails to attempt the fm
ability) (includes faking a position / edges)		lower fm one (1) level; if two (2) skaters fails to attempt the fm
		lower fm one (1) level + DED1; if three (3) skaters fails to attempt the fm
		fm base is called; if a 1/4 of the team or more fails to attempt the fm
FREE SKATING MOVES - If a reduction is to be applied t	o an fm for	a visible error by 1/4 of the team or more please follow the guidelines below
Free skating moves will be called according to what the team attempts	Example: Unsupported Spiral with one change of edge are attempted (starting level fm2); during the first edge ¼ of the team or more drop the legs below hip level AND the time on the edge is only 1.5 seconds, the rest of the spiral is correctly executed; call for the fm would be: fmB (downgrade for position and time)	
All fm's are reduced for the following (if not stated otherwise in the	lower one (1) level; if not on an edge lower one (1) level; if the position is not held for at least three (3) seconds lower one (1) level; if the edge is not held for at least three (3) seconds	
boxes below)		
Ina Bauer	lower one (1) level; if not held in the correct position with one (1) foot on a forward tracing and the other a different but parallel tracing	
Spiral: Unsupported Spiral with the free leg held to the back	lower one (1) level; if not held in the correct basic position with the free leg (including knee and foot) higher than hip level	
Spiral: Unsupported Spiral with the free leg held to the back at no less	lower one (1) level for position; if not held in a minimum of 135° position for at least two (2) seconds on either edge AND/OR if the body	
than 135° with one (1) change of edge	(torso) is not held at least parallel to the ice surface (may not be lower than parallel)	
Biellmann Spiral	lower one (1) level; if not held in the correct position with the free foot pulled from behind to a position higher than the head and towards the	
	top of the he	ad close to the central axis of the skater
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13

Spiral with a Change of Free Leg Position

Revised December 17, 2016

lower one (1) level; if not held in the correct position where the free leg must remain higher than hip level as it changes position

Spiral 135° (supported or unsupported)	lower one (1) level; if not held in the correct position where the skater's body remains upright with the free leg supported / held (to the front,
Spiral 170° (supported or unsupported)	side or back) at a 135° angle to the skating leg lower one (1) level; if not held in the correct position where the skater's body remains upright with the free leg supported / held (to the front,
Spiral Variation	side or back) at a 170° angle to the skating leg lower one (1) level; if not held in the correct position where the free leg must be held higher than hip level (including the knee and foot)
Spread Eagle or Ina Bauer executed in both cw and acw directions	lower one (1) level; if there are more than the necessary turns/edges (i.e. crossovers or extra pushes) to quickly change-from cw to acw direction (or vice versa)
	lower one (1) level; if each edge/rotational direction is not held for at least two (2) seconds lower one (1) level; if the move is not in the correct position for a minimum of two (2) seconds in each rotational direction
Spread Eagle	lower one (1) level; if not held in the correct position where the skater skates with one (1) foot on a forward edge and the other on a matching backward edge on the same curve
Outside Spread Eagle + Outside Ina Bauer Combination in a clockwise and anti-clockwise direction	lower one (1) level; if one of the fm's executed first in one (1) rotational direction OR in the opposite rotational direction have a visible error (minimum of two (2) seconds in each position is required on each lobe)
	lower one (1) level; if there is an extra push in-between the Outside spread eagle / Outside Ina Bauer when changing rotational directions
Difficult Change of Position from low level to high level	lower one (1) level: if either fm is not held for at least two (2) seconds
	lower one (1) level: if there is assistance given when the skater(s) go from low level to high level
Difficult Change of Position from high level to low level	lower one (1) level: if either fm is not held for at least two (2) seconds
	lower one (1) level: if there is assistance given when the skater(s) go from low level to high level
Free Skating Moves with one (1) change of position	lower one (1) level; if any one of the positions are not held for at least two (2) seconds
Free Skating Moves with one (1) change of edge	lower one (1) level; if the move is not in the correct position for a minimum of four (4) seconds
	lower one (1) level; if any one of the edges are not held for at least two (2) seconds

NO HOLD ELEMENT	
GENERAL	Technical Panel
The NHE begins when the Skaters form a block consisting of four (4) lines with four (4) Skaters in each	
line and are in a no hold, no matter where the block is placed on the ice and the element ends at any place	
on the ice surface when the block formation breaks up and a transition into another element begins or	
when all or some Skaters deliberately touch each other and/or take a hold	
The No Hold Element (NHE) must be executed in a closed block	NHE is called + DED1; if the shape is an open block using four (4) lines
On a team of 16 skaters: the closed block must consist of four (4) skaters in four (4) lines	NHE ends; if using any block configuration without four (4) lines
	NHE is called + DED1; if there are an incorrect number of skaters in any of the four (4) lines
	NHE is called as executed; if wrong number of skaters are included resulting from skating with less than
	16 skaters due to injury/illness/fall/interruption
A change of configuration is not permitted	NHE ends; if there is a change of configuration where there are not four (4) lines
The NHE must be executed in a no hold	NHE ends; if any part of the NHE has a hold
SHORT PROGRAM	NHE is called + Step Sequence is given a no value + DED 1; if not included
The NHE must include the Step Sequence Additional Feature	
Ice Coverage Requirements	
All skaters must cover ½ of the length of the ice surface or comparable distance (30m) for NHEB & NHE1	NHE is given a no value; if minimum ice coverage is not met
and full length of the ice or comparable distance (60m) for NHE2, NHE3 & NHE4	NHE is called according to ice coverage requirements met
FEATURES	
1. Twizzle Series	
The series consists of two (2) twizzles; one (1) in each rotational direction	feature is not counted; if both twizzle rotate in the same direction
All skaters must execute the same twizzle; including the same entry edge, in the same skating direction, at	feature is not counted; if different twizzles are executed
the same time	
A maximum of three (3) foot placements are permitted in-between the twizzles	feature is not counted; if there are additional foot placements other than permitted between the two
Example: The exit of Twizzle #1 is on a RBO edge; followed by three foot placements; LFI, RFI, LFI	twizzles
Three turn. The entry of Twizzle #2 could be on a RBI (the 4 th foot placement)	a two-footed exit will be counted as one (1) foot placement
The twizzles must be correctly executed	feature is not counted; if there are errors (same or different) made by 1/4 of the team or more
Twizzle errors include: two footed twizzles (not including the exit), knee action is present during all or part	twizzles will be counted according to the number of rotations correctly executed
of a twizzle, three turns are executed, twizzles executed on the spot	any type of exit of the twizzles are permitted (including two-footed exit)
2. Pivoting at least 90°	
Pivoting must not be interrupted	feature is not counted; if the pivoting is interrupted for two (2) seconds
No one (1) skater may stop (becomes stationary) during pivoting	feature is not counted; if one (1) skater stops or becomes stationary during pivoting
3. Diagonal axis	
The skaters must use a diagonal axis	feature is not counted; if the diagonal axis is not recognized
There is no ice coverage requirement for the diagonal axis but the axis must be easily identified	feature is counted; as long as requirements are met
Lines of the block may or may not be parallel to the end barrier when skating along the diagonal pattern	diagonal axis is counted; as long as the block travels on a diagonal axis even if the lines of the block are
	parallel to the end barriers
4. Skaters / Lines change places with another Skater / Line	
All skaters/lines must participate and change places with another skater/line	feature is not counted; if all skaters do not participate
	feature is counted; as long as all skaters change places either vertically, horizontally or diagonally
There are no restriction on how the change of place should be executed; Skaters may use different turns/steps as they change places/positions	feature is counted; as long as all skaters are participating
5. Extra features	
At least four (4) different Extra features must be included where a maximum of two (2) from each group	extra features are counted only once; if repeated
will be counted towards the level	
At least ½ of the team must execute the extra features at the same time	extra feature is not counted; if executed at different times by the skaters
½ of the team may execute a different extra feature than the other ½ of the team at the same time	extra feature is counted; if the extra features are from the same or different groups
	two (2) extra features will be counted; if including two (2) different extra features at the same time

15

STEP SEQUENCE ADDITIONAL FEATURE		
GENERAL/FALLS AND OTHER ERROR'S	Technical Panel	
Interruptions during the ss	continue to call the ss for the skaters not affected without any penalties	
One (1) skater falls before the step sequence begins and does not catch up to the team and therefore misses all turns/steps of that step sequence	step sequence is called as executed by the rest of the team (with the missing skater not participating) + DED for the fall	
Fall by one (1) skater during the step sequence (where that skater and one (1) or more other skaters omit or make errors on subsequent turns/steps due to the fall)	step sequence is called as executed by the rest of the team (with the fallen skater + skaters affected by the fall omitting or making errors on subsequent turns/steps not considered for the level) + DED for the fall	
Fall by one (1) skater during the step sequence , but only the fallen skater omits some subsequent turns/steps (due to the fall) and the rest of the team execute the step sequence	step sequence is called as executed by the rest of the team (with the fallen skater missing some turns/steps) + DED for the fall	
Fall by two (2) or more skaters during the step sequence	step sequence is called as executed by the rest of the team (with the fallen skaters missing some turns/steps) + DED for the two (2) falls	
There is no minimum ice coverage requirement for a step sequence to be counted	step sequence is called; as executed	
A mirror image pattern is permitted during a Step Sequence (Short Program and Free Skating)	turn(s)/step(s) executed during a mirror image pattern will not be counted towards the level of the step sequence	
Use of crossovers must be kept at a minimum and only one (1) crossover in a row may be included	step sequence ends; with two (2) crossovers in a row	
If the team is executing the turns/steps/edges and linking steps that are <u>required</u> for a Feature / Additional	turn/step is not counted if the turns/steps/edges are not the same	
Feature, then the turns/steps/edges and linking steps must be the same and executed at the same time, otherwise turns/steps and linking steps, free skating moves etc. may be different and executed at different	step sequence is called + DED1; if the turns/steps/edges are the same but not executed at the same time (syncopated choreography)	
times	step sequence is called; even if including different linking steps/free skating moves etc. or execute the same or different at different times	
	If the linking steps / free skating move is required for a Feature, ½ of the Team must execute the linking steps / fm (same or different types) etc. at the same time	
Short free skating moves are permitted within step sequences but must be held for less than three (3) seconds	step sequence ends; if fm is held longer than three (3) seconds	
STEP SEQUENCE Requirements		
The turn /step has correct edges. The edge can be shallow or deep, long or short	Turn /step is counted	
A step sequence must meet the requirements of a level	step sequence is called; if it meets the requirements of a level independently of the number of incorrectly executed turns/steps	
The axis of a step sequence may change from one (1) turn / step to the next turn / step	turn / step is counted	
The turn / step may have a strong entry curve and a weaker exit curve or vice versa	turn / step is counted	
Types of visible errors for step sequences: - Entry edge or exit edge is not recognizable/visible (is flat) - Turn / steps executed on the spot	turn / step is not counted; if ½ of the team or more are executing either the same or different types of visible errors during a turn /step	
 Turn / steps with a two-footed entry or exit Turn / steps that are jumped 	step sequence no value is called; if there is no turn/step correctly executed	
 Turn / steps that are not clearly on the correct entry or exit edge Turn / steps not attempted (not due to a fall or interruption) 		
A Series/Combination of Difficult Turns		
One (1) or two (2) series / combination of difficult turns: consists of two (2) or three (3) different types	series of turns is not counted; if there are not two (2) / three (3) difficult turns executed consecutively	
of difficult turns (depending on the level) executed on one (1) foot (on each foot when doing two (2) series)	series of three (3) turns is counted as a series of two (2) turns; if the free foot touches down (once) between any of the three (3) turns by ½ of the team or more	
	series of two (2) turns is not counted; if the free foot touches down between any of the turns by 1/4 of the team or more	
For the two (2) series / combination of difficult turns; The same series are not permitted to be repeated on the opposite foot	the 2 nd series is not counted; if the series are exactly the same (consist of the same turns executed in the same order, on the same edge and in the same skating direction)	
Series of three (3) turns with one (1) turn incorrectly executed by ¼ of the team or more	series of two (2) turns will be counted; no matter which turn has the error	
Series of two (2) turns with one (1) turn incorrectly executed by ¼ of the team or more	series is not counted towards the level	
All of the turns in the series must be from the listed difficult turns	series of turns is counted; according to the number of correctly executed difficult listed turns	
The required number of different types of turns must be executed consecutively and without a change of edge in-between the turns	series of turns is not counted; if there is a change of edge in-between any two (2) turns	
More turns may be included but must be executed either before or after the series of turns	the other turns will be counted as part of the step sequence	

16

PAIR ELEMENT		
GENERAL	Technical Panel	
All pairs must perform the same movement at the same time	PaB is called; if all pairs do not perform the same movement at the same time	
	PaB is called as long as a pair movement was attempted	
	Pa is given a no value; if ¼ of the team fails to attempt the pair element	
If a fall/interruption occurs during a pair element	call the level of the pair element (executed by the skaters not affected by the fall/interruption) + DED for the	
(If the fall affects other skaters then those errors are not considered)	fall	
Ice Coverage Requirements		
There is no minimum or maximum ice coverage requirement	Pa is called; as executed	
FEATURES		
1. Pair Spin		
All pairs (both skaters) must attain their position for the technical panel to begin counting the	Any revolutions executed before both skaters has attained their position will not be counted towards the level	
revolutions		
All skaters must revolve at least three (3) revolutions once each skater attains their position(s)	Pa is called as a maximum of level base; if ¼ of the team or more do not revolve at least three (3) times	
Start counting the revolutions once ALL pairs are spinning		
Pair Spin Errors		
Skaters do not attain or hold the correct position for at least three (3) revolutions	lower one (1) level; if two (2) or three (3) pairs make an error	
	lower two (2) levels; if four (4) or five (5) pairs make an error	
	lower three (3) levels; if six (6) pairs make an error	
	PaB is the lowest call	
Pairs do not revolve at least three (3) revolutions (correct or wrong position)	PaB is called; if two (2) or more pairs do not revolve enough	
2. Pair Pivot		
The skaters executing the fm/death spiral must attain their position for that fm/death spiral in order	Any rotation executed before the position is attained will not be counted towards the level	
for the technical panel to begin counting the rotation		
Pair Pivot Errors		
Pairs pivot 360° but Skaters executing the fm/death spiral do not attain or hold the correct position	lower one (1) level; if two (2) or three (3) pairs make an error	
for 360°	lower two (2) levels; if four (4) or five (5) pairs make an error	
	lower three (3) levels; if six (6) pairs make an error	
	PaB is the lowest call	
Pairs do not rotate 360 ° in total (correct or wrong position)	PaB is called; if two (2) or more pairs do not rotate enough	

SYNCHRONIZED SPIN		
	Technical Panel	
Must be executed in a closed block (any shape)	spin element is given a no value: if executed in an open block or shape	
Any upright solo spins (including variations of an upright spin) can be used	spin element is given a no value; if pair spins are performed	
	spin element is given a no value; if any other spin than an upright spin is executed	
All skaters must execute the same spin at the same time (the rotation of the Skaters may be in the	spin element is given a no value; if there are different spins	
same or different rotational direction)	spin element is called; if the same spin is revolving in different rotational directions	
Upright Spin revolving at least three (3) revolutions while on one (1) foot Begin counting revolutions once all skaters start to spin	Spin element is given a no value; if ¼ of the team or more do not perform at least three (3) revolutions without interruption performed on one (1) foot	
	Spin level is called; according to the number of revolutions completed on one (1) foot, before ¼ of the team or more two (2) foot the spin	
	SpB is called; if skaters revolve at least three (3) times but ¼ of the team or more are not on one (1) foot	
Individual skaters may not change feet during the spin	spin element ends; if they skaters perform a change of foot	
Variations of the head, arms or free leg as well as fluctuations of speed are permitted as long as it is the same variation etc. executed at the same time by all skaters	spin is called + DED1; if intentionally executed at different times by all skaters (syncopated choreography)	
If ½ of the team or more fail to attempt the element	spin element is given a no value	
If a fall/interruption occurs during a spin	call the level of the spin element + DED for the fall	
(If the fall/interruption affects other skaters then those errors are not considered)		
Flying camel spins are illegal when executed by the entire team	spin element is given a no value + DED4; for not including an upright spin + illegal element	
FEATURES		
1. Entry		
All skaters must step into the spin in the same direction (less than 90° difference will be allowed)	feature is not counted; if ¼ of the team or more step into the spin facing a 90° or more difference compared to the rest of the team	
All skaters must step into the spin at the same time	feature is not counted; if ¼ of the team or more step into the spin at different times	
2. Rise Up from the Knee		
All skaters must pull up into the spin at the same time	feature is not counted; if ¼ of the team or more pull up into the spin at different time	
3. Rotation		
All skaters must be rotating in unison (less than 90° difference compared to the rest of the team)	feature is not counted; if ¼ of the team or more are revolving with a 90° or more difference compared to the rest of the team	
4. Exit		
All skaters must exit the spin facing the same way (less than 90° difference will be allowed)	feature is not counted; if ¼ of the team or more is exiting the spin facing a 90° or more difference compared to	
Skaters may spin in opposite rotational directions but must push out of the spin on the same curve	the rest of the team	
	feature is not counted; if ¼ of the team or more exit the spin in a different direction	
	feature is not counted; if any skater(s) exit in mirror image pattern	
Ice Coverage Requirements		
There is no minimum or maximum ice coverage requirement	spin is called; as executed	

18

WHEEL - TRAVELING ELEMENT		
GENERAL	Technical Panel	
Travel may be executed in one (1) wheel or two (2) side by side wheels	traveling wheel element ends; if there are more than two (2) separate wheels	
All separate wheels must travel at the same time	traveling begins to be counted; when all spokes have begun to travel	
	TWB is called; if travel is executed at different times by one (1) or more shapes	
	traveling wheel element is counted; if each shape travels a different distance (count the lesser distance)	
	traveling wheel element ends; if one of the shapes stops traveling for at least two (2) seconds (level is	
	given according to highest requirements met either before or after the travelling is considered ended)	
Must have at least three (3) skaters in spoke for TWB, TW1 and TW2 and at least four (4) skaters in a spoke for TW3 and TW4 at all times during the wheel element	no matter which feature(s) are being executed, if the required minimum number of skaters is not correct	
	then; call the level according to the number of skaters	
	i.e. TW2 would be the highest level called if there are not a minimum of four (4) skaters in each spoke at	
	all times during the wheel element	
	traveling wheel element ends; if less than three (3) skaters in each spoke at all times	
Travel must cover the required distance (TWB: any recognizable distance, TW1: more than 2m, TW2:	travel is not counted; if the minimum ice coverage is not met	
more than 5m and TW3/TW4: more than 10m) and must be continuous	If a team correctly travels for at least 5m including two (2) turns/steps; level 2 will be called, irrespective	
	if ¼ of the team or more have made travel errors elsewhere	
	travel ends; if executed as several parts with a clear stop (at least two (2) seconds) in between the sections	
	(level is given according to highest requirements met either before or after the travelling is considered	
	ended)	
If ¼ of the team or more make any type of error (listed below) at either the same time or at different times	travel ends; if ¼ of the team or more make any type of error listed during the traveling (either at the same	
during the traveling to assist it:	time or at different times) (level is given according to highest requirements met either before or after the	
- Use of different linking steps/turns/steps	travelling is considered ended)	
 Different skating directions Linking steps/crossovers/turns/steps that are executed with the toe pick instead of the blade but are 		
still stepping in the correct direction (not including toe steps that are part of the choreography)		
- Stepping mostly towards the centre (or towards the outside, depending on their position) of the		
wheel, instead of stepping along the circular path		
- The skaters must always step in the correct direction even if not gliding		
Travel may be executed with or without a hold or a combination of both	travel is counted (see requirements for specific travel features below)	
Travel must be executed in one (1) configuration	travel ends; if executed during a change of configuration	
Ice Coverage Requirements	The view of the state of the st	
All skaters must rotate a minimum of 360° in one (1) rotational direction or a comparable distance if both	element is given a no value; if all skaters do not rotate a minimum of 360° in one (1) rotational direction or	
rotational directions are used	a comparable distance if both rotational directions are used	
FEATURES	a comparable distance if both fortational directions are used	
All travel features must be executed during traveling	feature is not counted; if traveling is interrupted for more than two (2) seconds	
If travel is not executed correctly (not counted)	call the element according to the requirements that are met	
	can the element according to the requirements that are met	
Required Rotation of 360° - Level 3 and Level 4 The Element (including each skater) must rotate at least 360° in one (1) rotational direction during the	TWO will be the highest call if not all platers are retains a conding to the requirements during travel	
travel	TW2 will be the highest call; if not all skaters are rotating according to the requirements during travel travel ends; when the skaters change the rotational direction during the traveling	
	travel ends; when the skaters change the rotational direction during the traveling	
Travel with turns and linking steps – all Levels	Trivit '111 d 1' 1 d 1' 1 d 1' 1 d 1 d 1 d 1 d	
Travel must be executed with the same turns/steps and linking steps (exception level B)	TW1 will be the highest call; if there are not at least two (2) listed turns/steps included during the traveling	
	(the same turn/step may be executed twice)	
	travel ends; if ¼ of the team or more are not executing the same linking steps/turns/steps in the same	
The compatients and suit adec are not required for the translations adece but must be secreted as sec. (1)	skating direction, at the same time during traveling turn(s)/step(s) is not counted; if entry and/or exit of the turn(s)/step(s) is two footed	
The correct entry and exit edge are not required for the turns/steps edges but must be executed on one (1) foot	turn(s)/step(s) is not counted, if entry and/or exit of the turn(s)/step(s) is two footed	
foot	one (1) level lower will be called; if two (2) turns/steps are attempted but one (1) or both of the turns is not	
There are no restrictions on the types or number of linking steps (i.e. crossovers)	executed on one (1) foot by ¼ of the team or more travel is counted; independently of which linking steps that are included	
	traver is counted, independently of which mixing steps that are included	
Travel extra features	Catalanda and a same discount of the company of the cataland o	
Any of the travel extra features may be executed at the same time as long the requirements are met for	Call the element according to the correctly executed requirements	
each of them	1	

19

WHEEL - TRAVELING ELEMENT Continued		
TRAVEL EXTRA FEATURES	Technical Panel	
1. Release of hold for three (3) seconds while traveling		
All skaters must release hold at the same time for a minimum of three (3) seconds	travel extra feature is not counted; if all skaters do not release their holds at the same time	
	travel extra feature is not counted; if a no hold is not maintained for a minimum of three (3) seconds	
During the release of hold each skater must turn / rotate at least 360° or use both skating directions	feature is not counted; if a turn/ rotation does not rotate at least 360° or use of both skating directions is not	
(forward and backward) i.e. only skating backward (or forward) are not permitted	included	
If using both skating directions skaters must take at least two (2) consecutive foot placements in the new	feature is not counted; if skaters do not take two (2) consecutive foot placements in the new skating	
skating direction during the release	direction	
2. Two (2) 360° rotations executed one (1) after the other while traveling		
Any type of turns/steps or rotating linking steps may be used	travel extra feature is counted	
The rotations may be executed on one (1) foot or two (2) feet	travel extra feature is counted	
The two (2) rotations must both be executed in the same rotational direction	travel extra feature is not counted; if a combination of rotational directions are used	
Linking steps that do not rotate and holding in between the rotations are not permitted	travel extra feature is not counted	
3. Skaters/Spokes change places/positions with another Skater/Spoke		
All spokes/skaters must change position at the same time	travel extra feature is not counted; if ALL skaters/spokes do not change place/position	
	travel extra feature is not counted; if executed in syncopation or at different times	
There are no restrictions on how the change of places/positions should be executed (stopping is not permitted	travel extra feature is not counted; if the skaters stop during the feature	
Combining both the change places of skaters and change position of spokes is permitted	change of places/position is counted; as long as it is done at the same time	
If using an odd number of skater (i.e.; 3, 5 or 7); the change of places/position will still be counted even if	change of places/position is counted	
one (1) of the skaters remains in the same position		
Change of configuration is not permitted at the same time as the change of position of each spoke	travel extra feature is not counted and travel ends; if a change of configuration is executed	
The wheel must continue to rotate and travel during a change of position of each spoke	travel extra feature is not counted; if the rotation of the wheel stops rotating or traveling for two (2) seconds or more	