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| GENERAL | Technical Panel |
| :---: | :---: |
| Elements must meet the minimum ice coverage/rotation requirements | element is given a no value; if the minimum ice coverage/rotation is not met |
| Elements that do not meet the basic requirements not due to a fall, illness or interruption, such as using the incorrect number of skaters, lines, spokes, etc. (ie: less than three (3) lines in a block, less than four (4) skaters in a circle, less than five (5) skaters in a line for the combined intersection, less than three (3) skaters in a spoke for wheel elements etc.) | element is given a no value; if the element does not meet the basic requirements for correct number of skaters, lines, spokes etc. not due to a fall, illness or interruption |
|  | element is called; if the element does not meet the basic requirements for correct number of skaters, lines, spokes etc. due to a fall, illness or interruption |
| There are no maximum size restrictions for any element (exception is the angled intersection and ME) | element is called as executed |
| Features must meet the minimum ice coverage, rotation or pivoting requirements | feature is not counted; if the minimum ice requirements are not met |
| Features will be counted only once per element | features are counted; if executed correctly and the highest level for the element will be called |
| Features may be repeated within the same element (as outlined in Technical Regulations) | the most difficult feature that meets the requirements will be counted towards the level of the element |
| Some features may be executed at the same time as other features (unless otherwise stated in a Communication) | see each element for details |
| Features must be executed at the same time by all skaters (unless otherwise stated in a Communication) | feature is not counted; if not executed at the same time |
| Features and /or Additional Features that are executed using the wrong shape (incorrect number of lines or configurations including an incorrect number of skaters) not due to a fall or interruption | call the element + the Feature and / or Additional Feature is not counted |
| Creative Modifications and Features are permitted in both the Short and Free Program | element is called; as long as the element configuration / shape meets the requirements for that element |
| B, C, L \& W: Skaters (a maximum of $1 / 2$ of the team) may leave and rejoin an element (for creativity) as long as the minimum number of required skaters in a spoke, line, circle etc., is maintained. ALL skaters must be joined/aligned to a spoke, line, circle etc. during Features for these to be counted | element is called; as long as the requirements are met |
|  | feature(s) is not counted; if not ALL skaters are joined/aligned to a spoke, line, circle etc. during Features |
| Mirror Image Pattern is permitted in the Short and Free Program | element / Feature is counted; those turns executed during a Mirror Image Pattern will not be counted towards the level of the s. The s is not considered as interrupted |
| If there is an illegal Element, Feature, or Additional Feature | element is called as level base + DED4 (illegal); if the requirements for base level are fulfilled. Other than that no level will be called |
| If there is a non-permitted Element, Feature, or Additional Feature | element is called as level base + DED3 (non-permitted); if the non-permitted movement is the Element |
|  | element is called + Feature is given a no value + DED3 (non-permitted); if the non-permitted movement is included in the Feature |
|  | element is called + Additional Feature is not counted + DED3 (non-permitted); if the non-permitted movement is included in an Additional Feature |

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## GENERAL - SHORT PROGRAM

In the Short Program, transitions may be comprised of varied and/or complex footwork, linking steps, formations and other movements to link the required Elements, which also include the entrances and exits of Elements. No other connecting Elements are allowed to link the required Elements of a Short Program other than basic Element shapes (level base)
During the PB: All Features from the Linear Element (Block) are permitted before and/or after pivoting
Wrong Element shape: if a team executes an element that is not according to the SP requirements
Any required Features and / or Additional Features that are omitted (not attempted)
Features and / or Additional Features that are not permitted in the Short Program
Repeated Features and / or Additional Features that are not permitted to be repeated

## GENERAL - FREE SKATING

Lifts may be executed in Senior Free Skating only
Un-sustained Lifts may be used in Senior and Junior Free Skating

Technical Pane
no value + DED3; Un-prescribed, additional or repeated elements
basic element shapes (level base) will not be considered as an additional element
Example: If a junior team executes a pivoting block element at one end of the ice surface, does a transition in one line which covers more than $1 / 2$ of the length of the ice and then goes into two (2) lines for the whip intersection then this line, with a change of configuration, will not be considered an additional element since the two lines belong to the whip intersection
element is given a no value
call the Element + DED1; if not attempted
non-permitted Features and / or Additional Features are not counted + DED3; if included
call the element including the first Feature and / or Additional Features + DED3; for the repeated Feature and / or Additional Features

## Technical Pane

Junior: DED3; Lifts are non-permitted and are not called
Junior: DED3: if the Un-sustained Lift has more than one ascent and decent (bouncing)
will be counted as a Lift; if the supporting skaters rotate and/or when the lifted skater is lifted off the ice for more than three (3) seconds

## BLOCK - PIVOTING ELEMENTS

## GENERAL BLOCK

A block configuration must have a minimum of three (3) lines
Must be a closed block formation with parallel lines (lined up or staggered)

## All Skaters must be attached (for most of the time)

## SHORT PROGRAM - PIVOTING BLOCK

Must pivot using three (3) lines for Junior and four (4) lines for Senior
The number of skaters in each line must be as equal as possible during the pivoting

Changes of Configuration are permitted once the block has been formed - either before and/or after the pivoting

## Ice Coverage Requirements

## The Pivoting Block Element must cover at least the $1 / 2$ of the ice surface or comparable distance

FEATURES

1. Pivoting - applies to ALL levels

Pivoting must meet the minimum requirement by all lines in the block
BLOCK: any recognizable distance for level B, $90^{\circ}$ for level $1,180^{\circ}$ for level $2 \& 3(\mathrm{i}), 270^{\circ}$ for level 3(ii) \& 4
If any type of pivot is not included (never attempted)

Pivoting must be continuous and executed all at once and not in several separate parts Pivoting will be considered ended when:
there has been no pivoting movement for at least two (2) seconds

## Technical Panel

element ends; if there are less than three (3) lines
element is called + DED1; if the shape is an open block
element ends; if there is a change of configuration (including an open block)
element is called; even if skaters are not attached during the majority of the block element
element is given a no value; if pivoting is executed with the wrong number of lines
element is called + DED1; if not as equal as possible (not due to injury/illness/fall/interruption)
element is called; if wrong number of skaters are included resulting from skating with less than 16
skaters due to injury/illness/fall/interruption
element is called; as executed
element is given a no value; if it does not meet the ice coverage requirement
pivoting is not counted for a level; if the minimum requirements of a level are not met (independent of number of correctly executed turns in the block)

Element will be given a no value
pivoting (any amount) will be considered attempted even when there are no turns/steps included and at least level base will be called
pivoting is ended; if executed as several separate parts with a clear stop (at least two (2) seconds) in between the sections (level is given according to highest requirements met either before or after the pivoting is considered ended)
pivoting is counted; if interruptions (less than two (2) seconds) occur

## BLOCK - PIVOTING ELEMENTS Continued

## 1. Pivoting - applies to ALL levels - continued

Pivoting must be executed in only one (1) rotational direction (a combination is not permitted)
A change of configuration during pivoting is not permitted
The slow end skater may not become stationary, the block must progress along/across the ice at all times

## Change of Pivot Point - PB 2, 3, 4 <br> Pivot point must change ends at least once

Change of pivot point executed by skating in a circular pattern is not permitted
A minimum pivot of $45^{\circ}$ is required both before and after the pivot point changes ends

## BLOCK Pivoting - all levels

The measurement for the degrees of pivoting begins with the entry edge of the first turn, once the skaters have established their own track, (exception for level base and 1 ) and ends with the exit edge of the last turn (exception for level base, 1 and 2)

All skaters must execute the same turns/edges (and steps/linking steps for level $1 \& 2$ ), in the same skating direction, at the same time during pivoting
Pivoting must be executed using the required turns/steps on recognizable and correct edges (exception level B)

Scratched and/or shallow turns are not incorrectly executed turns and will be counted towards the level (however this will be reflected in the GOE)

## BLOCK Pivoting - applies to Level 3 (i), Level 3 (ii) and Level 4

Level 3 (ii): One (1) change of edge is permitted between each of the required turns in order to make an entry edge for the next turn
Level 3 (i) and Level 4: Changes of edges are NOT permitted in between turns
The required degrees of pivoting must be covered during the series of turns
Example: If a team executes four (4) recognizable and correct turns with no change of edge between turns with $270^{\circ}$ pivoting but $1 / 4$ of the team or more are stationary while executing one (1) turn and after the change of pivot point it only covers $35^{\circ}$

## Technical Pane

pivoting is ended after the first rotational direction; if executed in a combination of both rotational directions (level is given according to highest requirements met either before or after the pivoting is considered ended) pivoting is ended; if there is a change of configuration (level is given according to highest requirements met either before or after the pivoting is considered ended)
Turn/step is not counted towards pivoting level; if the turn / steps is executed on the spot (or become stationary during any part of the turn) by $1 / 4$ of the team or more
PBB or PB1 respectively will be called (depending on correct amount of pivot \& turns/steps); if not all lines progress along or across the ice at all times during a PB1/PB2 pivoting (parts of any line become stationary, not due to a turn / step executed on the spot, see above)

## Technical Panel

PB1 is the highest call; if a change pivot point is needed for the level and is not correctly executed
pivoting ends; if the change of pivot point is executed as several separate parts with a clear stop (of at least two (2) seconds) in between the sections
change of pivot point will not be counted towards any level; if executed skating in a circular pattern
PB1 is the highest call; if a change of pivot point is needed for the level and is executed by skating in a circular pattern pivoting + DED1 will be called; if not meeting the minimum requirements
any pivoting before the entry edge of the first turn is permitted but will not be counted towards the amount of pivoting (except for level 1 and base)
PB2 - pivoting starts on the entry edge, once the skaters have established their own track, of the first turn/step and end when the block stops pivoting and/or a change of configuration occurs
PBB - any recognizable pivoting will be counted independently if turns are included or not
PBB is called; if not the same etc.(no other level requirements are fulfilled)
pivoting will be called according to the number of correctly executed turns/steps together with the amount of pivoting turn(s) will not be counted; if $1 / 4$ of the team or more become stationary
series of four (4) turns with no change of edge between the turns: if one (1) turn is not recognizable and/or incorrectly executed by $1 / 4$ of the team or more (any type of error); a series of three (3) turns with no change of edge between the turns will be counted no matter which turn has been incorrectly executed
series of four (4) turns with a change of edge between the turns: if one (1) turn is not recognizable and/or incorrectly executed by $1 / 4$ of the team or more (any type of error); pivoting with two (2) turns will be counted no matter which turns have been incorrectly executed
series of four (4) turns (with or without a change of edge between the turns): if two (2) turns are not recognizable and/or incorrectly executed by $1 / 4$ of the team or more (any type of error); pivoting with two (2) turns will be counted no matter which turns have been incorrectly executed
series of three (3) turns with no change of edge between the turns: if one (1) turn is not recognizable and/or incorrectly executed by $1 / 4$ of the team or more (any type of error); pivoting with two (2) turns will be counted no matter which turn has been incorrectly executed
pivoting is not counted as Level 3 (ii); if there are more than one (1) changes of edge in-between any one (1) of the required turns
Call the level according to the number of correctly executed turns, amount of pivoting etc.
If there is a change of edge executed between the turns then the highest call will be; level 3 (ii)
pivoting is not counted towards the level; if less than the required total amount of pivoting is covered during the series of turns
PB3 + DED 1 will be called; PB4 is lowered one (1) level (for one (1) stationary turn + DED1 (not $45^{\circ}$ pivot after change of pivot point)

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## CIRCLE - ROTATING ELEMENT <br> \section*{GENERAL}

There may be a maximum of three (3) circles at the same time
Must have at least four (4) skaters in each circle for $\mathrm{CB}, \mathrm{C} 1, \mathrm{C} 2$ and at least six (6) skaters in a circle for C 3 and C 4 at all times during the circle element

## Technical Panel

circle element ends; if there are more than three (3) circles
no matter which features are being executed, if the required minimum number of skaters is not correct then; call the level according to the number of skaters
i.e. C2 would be the highest level called if there are not a minimum of six (6) skaters in a each circle at all times during the element

## Ice Coverage Requirements

All skaters must rotate a minimum of $360^{\circ}$ in one (1) rotational direction or a comparable distance if both rotational directions are used
element is given a no value; if all skaters do not rotate a minimum of $360^{\circ}$ in one (1) rotational direction or a comparable distance if both rotational directions are used

## FEATURES

## 1. At least two (2) different configurations

There is no specific length of time that a configuration must be held, however it must be recognizable
The skaters must maintain their flow during the change of configuration (stopping is not permitted)
a configuration is not counted; if it is not recognizable
feature is not counted; if $1 / 4$ of the team or more is on the spot
feature is not counted; if the number of circles does not change (a circle in a circle and two side-by side circles are not considered two different configurations)

## 2. Change of Rotational Direction

Change of rotational direction (cd) must be executed at the same time by at least $1 / 2$ of the team
Change of rotational direction may be executed in any manner
The skaters must maintain their flow during the change of rotational direction (stopping is not permitted)
feature is not counted; if not executed by at least $1 / 2$ of the team at the same time
feature is counted; independently of execution of the cd
feature is not counted; if $1 / 4$ of the team or more execute the change of rotational direction with a stop or become stationary (including any skaters not changing rotational direction)

## 3. Weaving

Circles must be as equal as possible: On a team of 16 skaters there must be eight (8) skaters in each circle
All of the skaters must weave at approximately the same time
Skaters are required to weave two (2) times

## 4. Interlocking

At least $1 / 2$ of the team must interlock at least once (four (4) consecutive skaters in each circle remaining in the same circle)
Interlocking may be executed at the same time as a change of rotational direction

## 5. Extra Features

At least four (4) different extra features must be included where a maximum of two (2) from each group will be counted towards the level
At least $1 / 2$ of the team must execute the extra features at the same time
$1 / 2$ of the team may execute a different extra feature than the other $1 / 2$ of the team at the same time
feature is not counted + DED1: if there are not eight (8) skaters in each circle
feature is counted: when skaters weave at approximately the same time
feature is not counted: if skaters weave only one (1) time)
feature is not counted; if at least eight (8) skaters do not interlock at least one time (four (4) consecutive skaters in each circle remaining in the same circle)
both features are counted

## extra features are counted only once; if repeated

extra feature is not counted; if executed at different times by the skaters
extra feature is counted; if the extra features are from the same or different groups
two (2) extra features will be counted; if including two (2) different extra features at the same time
6. Skaters change places/positions with another Skater

All skaters must participate and change places/positions with another skater

There are no restriction on how the change of places/positions should be executed (stopping is not permitted)
The circle must continue to rotate during a change of position
feature is not counted; if ALL skaters do not change place
feature is counted; if an odd number of skaters (ie.: 5 or 7) even if one (1) of the skaters remain in the same position
feature will not be counted; if $1 / 4$ of the team or more stops
weaving will not be counted as a change of places/position
travel extra feature is not counted; if the rotation of the circle stops for two (2) seconds or more

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## COMBINED ELEMENT

The Combined Element is a combination of at least two (2) different Synchronized Skating Elements which are interacting with each othe

## Choice of Block, Circle, Intersection, Line, Pair Element and Wheel:

- If using a Block there must be a minimum of three (3) lines and eight (8) Skaters
- If using a Circle there must be a minimum of six (6) Skaters;
- If using an Intersection there must be a minimum of eight (8) Skaters who intersect
- If using a Line there must be a minimum of eight (8) Skaters if doing one (1) line or in the case of two (2) lines there must be four (4) Skaters in each line
- If using a Pair Element there must be a minimum of four (4) skaters
- If using a Wheel there must be either a minimum of two (2) spokes with three (3) Skaters in each spoke or in the case of a one (1) spoke Wheel there must be a minimum of five (5) Skaters in the spoke
Individual Spins and/or fm's are not permitted in the Combined Element
combined element is confirmed; when at least two (2) different Synchronized Skating Elements are recognized and are interacting with each other (i.e. pass-by, pass thru, connect, rotate around etc.)
combined element is not confirmed; if the chosen elements are not executed at the same time
combined element is confirmed; if the formation/configuration of the element meets and maintains the requirement The selected element is not required to meet any ice coverage, rotational, traveling or pivoting requirements of the respective base level:
- Rotating Elements - Circle/Wheel will be counted even if not rotating $360^{\circ}$
- Pivoting Elements - Block/Line will be counted even if not pivoting $90^{\circ}$
- Linear Elements - Block / Line will be counted even if not covering $1 / 2$ of the ice surface
- Intersection Elements - will be counted even if ALL skaters do not intersect (at least $1 / 2$ of the team must intersect)
- Pair Element will be counted; when both a pair pivot + pair spin may be executed at the same time therefore fulfilling the requirement of having two pairs
combined element is NOT confirmed; if there are only individual spins and/or fm's included
combined element is confirmed + DED1; if there are two different / listed SYS elements interacting with each other plus individual spins and/or fm's


## Ice Coverage Requirements

There is no minimum requirement or restriction as to the amount of ice coverage the Skaters
combined element is confirmed; as executed cover while preparing for and executing the Combined Element

## CREATIVE ELEMENT

The creative element is a presentation of one (1) or more creative and innovative movements such as but not limited to, free skating elements (fe) and/or moves (fm) made in an interesting manner, which reflects the music. To have the element confirmed (fixed value), all skaters must participate in the element and at least four (4) different skaters are required to present a creative / innovative movement and / or fe/fm

## Highlighting and sub-grouping is permitted

## Ice Coverage Requirements

There is no minimum requirement or restriction as to the amount of ice coverage the Skaters cover while preparing for and executing the Creative Element
creative element is confirmed; if at least four (4) different skaters presents a creative / innovative movement and / or an fe/fm the presented movements and/or fe/fm do not have to be correctly executed to be counted
the chosen movement(s) may be executed at the same time, in syncopation, or at different times, and may be performed as individual skaters, pairs or groups of any size
there is no required number of skaters that must present one (1) type of creative and innovative movement and/or fe/fm Example: four (4) different types of creative and innovative movements and/or felfm may be executed by four (4) different skaters OR all four (4) skaters may execute the same creative and innovative movement and/or felfm etc.
creative element is confirmed; if requirements above are met
creative element is confirmed; as executed

## GROUP LIFT ELEMENT (Senior)

## GENERAL

The element begins once the skaters begin to form the group(s) for the lift(s) and ends once the lifted skater(s) is set down

The two (2) Group Lift Elements must be different from each other (Different is defined when the GL uses a different type of movement for each of the features for each of the features to be counted towards the level)
The group lifts may be the same or different when executing two (2) or more group lifts at the same time
The group lifts must ascend at the same time but may exit in a syncopated manner
Feature \#3a, two (2) supporting skaters, together with Feature \#8, Supporting skaters are approximately in one (1) line during the required rotation
Feature \#5a, Difficult Entry together with Feature \#5b, Creative Entry
Feature \#1, Flexible Position, together with Feature \#2, Balancing Position
Only correctly executed group lifts will be considered when deciding the level of GL
All group lifts must meet the minimum rotation requirements to be counted

Group lifts where the lifted skater is not set down (lands / exits the lift)

## Technical Panel

feature is not counted for the level; if the "same type of movement" for the feature is repeated in the $2^{\text {nd }}$ Group Lift
The lowest level GL will be counted; if the GL's are of different levels
GL is counted; as long as the exit is not to be counted as part of a Feature
Only 3a will be counted towards the level
only 5 a will be counted towards the level
feature that will give the highest level will be counted
call GL according to the number of correctly executed group lifts
each group lift will be evaluated separately
call GL according to the rotational requirements that are met (i.e. if four (4) group lifts are executed and try to rotate $360^{\circ}$, but in two (2) of the lifts one (1) or more skaters only completes $180^{\circ}$, GL1 will be called ( $A$ minimum of three (3) group lifts that rotates at least $180^{\circ}$ ))
not counted; if the lifted skater is not set down (lands the lift)

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## GROUP LIFT ELEMENT - Continued

Group lift where one (1) or more lifting skaters don't have one (1) skate on the ice
Stationary lift (no rotation or ice coverage)
Group Lift(s) (Level 1, 2, 3, 4) that glide during the preparation, lift and exit (with or without any rotation)

The majority of the torso of the lifted skater must be above head height of the supporting skaters

Rotational Lift: The entire rotation must be executed with the lifted skater held above head height of the supporting skaters
At least one (1) group lift must be executed
The free skating element(s), executed by the remaining Skaters not participating in the lift, may be the same or different and executed at approximately the same time as the lift, however, fm's may be included either before or after the required fe

A skater who has participated during any part of the lift is not required to execute a free skating element but may execute an fe or fm
The remaining skaters (not executing the group lift(s)) are not permitted to stop during the element

## Acrobatic lifts

Undignified actions or poses in lifts
Lifts where the lifting skater is rotating around herself / himself are allowed, provided there is no

## sustained, totally vertical position with the head down

## Ice Coverage Requirements

There is no minimum requirement or restriction as to the amount of ice the Skaters cover while preparing for and executing the group lift(s) or fe's

## FEATURES

## 1. Flexible position

Positions for the lifted skater include but are not limited to: front split, side split, $135^{\circ}$, backward arch in a semi circle

## A Flexible Position must be held for at least $360^{\circ}$ rotation

## 2. Balancing lift

The position of the lifted skaters is stabilized mostly by their own strength. The lifted skater's position becomes precarious and has influenced (effects) their balance. Any balancing position must be held during at least $180^{\circ}$ rotation
Teams are permitted to include more than one (1) balancing position and to change positions

## 3. Support

Two (2) supporting skaters must rotate at least $180^{\circ}$ rotation
Three (3) skaters may lift the one (1) skater into position

Three (3) supporting skaters - lifted skater is held by only one (1) hand of the supporting skaters The "free" hand of the supporting skater may be held out to the side or may support their own lifting arm/hand, by holding below the wrist and not the hand, and must not touch the lifted skater

## Technical Panel

GLB is called + DED 4; if any of the supporting skater(s) does not have at least one (1) skate on the ice at all times
GLB will be the highest call if only stationary lift(s) is executed
GL is not counted; if two (2) or more skaters (within one (1) Group lift) are not gliding during all parts of the lift
GL is counted + DED1; if one (1) skater (within one (1) Group lift) is not gliding during all parts of the lift
(DED1 is given for each lift where one (1) skater makes this error)
GLB is the highest call; if in all of the lifts the majority of the torso of the lifted skater is not held above head height of the supporting skaters
the hands / arms of supporting skaters do not have to be above their heads, as long as the majority of the
torso of the lifted skater is held above head level of the supporting skaters
that lift is not counted towards the level of the GL; if the majority of the torso of the lifted skater falls below head height of the supporting skater(s) at any time during the rotation
GL is given a no value; if there are no group lifts executed
GL is called one (1) level lower; if not all of the remaining skaters present an fe
GLB + DED1 is called; if there are no fe's presented
GLB is called + DED1; if there is only one (1) gliding group lift OR one (1) or several stationary lifts and not all of the remaining skaters do not present an fe (or are stationary)
GL is called according to the number of group lifts correctly executed; independently if the remaining skaters fe's are correctly executed or not
GL is called one (1) level lower: when GL $(1,2,3,4)$ has been called and the remaining skater(s) stop during the element
GLB is called + DED1; when GLB has been called and the remaining skater(s) stop during the element GL is called + DED1; if the remaining skaters are executing a group lift (same or different) and one (1) skater in that lift becomes stationary during the GL
GLB is called + DED 4; for illegal
GLB is called + DED 4; for illegal
GLB is called + DED 4 for illegal; if the lifted skater is sustained in a totally vertical position with the head down

GL is called; as executed
feature is not counted for any one (1) group lift; if the lifted skaters do not show a flexible position
feature is not counted for any one (1) group lift; if the flexible position is not held for at least $360^{\circ}$ rotation
feature is not counted for any one (1) group lift; if the lifted skaters are given support in a manner that assists in stabilizing them at any time
feature is not counted for any one (1) group lift; if the balancing position is not held for at least $180^{\circ}$ rotation feature is counted; as long as the requirements are met
feature is not counted for any one (1) group lift; if each supporting skater does not rotate at least $180^{\circ}$
feature is not counted if the supporting skaters $2^{\text {nd }}$ hand is placed to give additional support

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| GROUP LIFT FEATURES - Continued | Technical Panel |
| :---: | :---: |
| 4. Change of position of the lifted skater |  |
| The lifted skater must rotate a minimum of: <br> - $180^{\circ}$ if using a horizontal axis (not counted for GL3 or GL4) <br> - $90^{\circ}$ if using a vertical axis <br> - No specific requirements if using a combination of both horizontal and vertical axis | feature is not counted for any one (1) group lift; if the body does not rotate a minimum of $180^{\circ}$ if using a horizontal axis |
|  | feature is not counted for any one (1) group lift; if the torso does not rotate a minimum of $90^{\circ}$ if using a vertical axis |
|  | after the complete change of position of $90^{\circ} / 180^{\circ}$ has been executed, the lifted skater(s) may place their arms and legs however they want in order to create an esthetically pleasing position. If this position then affects the complete rotation there will be no penalty for the change of position |
| The torso must be kept above head level of the supporting skaters during the change of position | feature is not counted for any one (1) group lift; if the majority of the torso of the lifted skater during the change of position is lower than the heads of the supporting skaters |
| The $90^{\circ} / 180^{\circ}$ rotations must be continuous and executed at once | feature is not counted for any one (1) group lift; if executed as several separate parts |
| $90^{\circ}$ horizontal OR $90^{\circ}$ vertical rotation - The lifted skaters' torso must execute the rotation | feature is not counted; if the lifted skaters' torso does not execute the rotation |
| The lifted skater may begin on their back, side or stomach or any variation as long as a complete $90^{\circ} / 180^{\circ}$ rotation of the entire torso occurs for the level | feature is not counted for any one (1) group lift; if not the whole torso completes the $90^{\circ} / 180^{\circ}$ rotation |
|  | feature is counted; even if the lifted skaters begin in different positions |
| The change of position is required during the required rotation (the lift may rotate more than the $180^{\circ} 360^{\circ}$ to complete the lifted skaters change of position) | feature is not counted; if not executed during the required rotation |
| If using two different types of positions for a change of position; i.e. side split position (balancing) + a horizontal position (stable) | The two positions may be executed in any order and will be counted as long as the requirement for each feature is met while in the respective position |
| 5. a) Difficult Entry |  |
| This feature will be awarded when the team includes a difficult entry | feature is counted; as long as there is a difficult entry included |
| A lift/vault immediately preceding the group lift will be considered as a difficult or unexpected entry even if there is a brief touchdown /bounce (less than $1 / 2$ second) on the ice before going up into the group lift | feature will be counted for any one (1) group lift; if lifted skater lands/touches the ice for less than $1 / 2$ second during or in-between the first vault/lift and before attaining the lifted position |
|  | feature is not counted; if staying more than $1 / 2$ second on the ice between the lift/vault and the group lift |
| 5. b) Creative Entry |  |
| The feature is awarded only when skating movements/elements, are executed by either the lifted or supporting skaters, immediately preceding or during the take-off | feature is counted; as long as there is a skating movements/elements included during entry |
| The creative movement must have an effect on the entry of the lift and/or the lifting action | feature will not be counted; if not having an effect on the entry of the lift and/or the lifting action |
| 6. Difficult or Creative Exit |  |
| Exit from the lift could be in a cartwheel or somersault type of action | feature is counted; as long as a difficult or creative exit is included |
| 7. Mirror Image Pattern |  |
| One (1) or two (2) group lifts rotate in one (1) rotational direction and the other one (1) or two (2) group lifts (depending on attempted level) must rotate in the opposite rotational direction | feature is not counted; if not executed as described |
| IF using four (4) Group Lifts: all four (4) GL must participate in the mirror image pattern | feature is not counted; if all four (4) group lifts do not execute mirror image pattern |
| 8. Supporting skaters (at least three (3)) are approximately in one (1) line during the required rotation |  |
| The supporting skaters may be in a different configuration during the entry and exit of the lift | feature is counted; if the skaters are in approximately one (1) line during the full rotation |
| Two (2) supporting skaters | feature is not counted: if there are only two (2) supporting skaters |
| 9. Rotation in both Rotational Directions |  |
| The minimum rotation for the group lift (see below) in one (1) rotational direction + a minimum of $180^{\circ}$ in the opposite rotational direction <br> Teams may choose the order and the direction of the rotation | feature is not counted for any one (1) group lift; if all skaters the group lift do not rotate the required amount in both rotational directions (even if one (1) supporting skater in that group lift does not rotate completely in either direction) |
| For GL2, GL3 \& GL4 minimum of $360^{\circ}$ in the first rotational direction + a minimum of $180^{\circ}$ in second rotational direction are required or visa versa | feature is counted; if correctly executed |
| For an GL1: minimum of $180^{\circ}$ in both rotational directions are required | feature is counted; if correctly executed |

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## INTERSECTION

## GENERAL <br> SHORT PROGRAM:

Intersection must be the correct shape for the year
Junior: Whip Intersection
Senior: Angled intersection
GENERAL FOR INTERSECTION + OR WITHOUT pi
Intersection + pi and Intersection without pi must be different
The intersection element begins during the preparation phase and all skaters must participate in the intersection
Individual skaters may pass each other simultaneously or separately as long as every skater is involved in the intersection
Eight (8) Pairs of Skaters, passing by each other is not considered to be an Intersection Element
Weaving during a circle in a circle (opposite or same direction) with eight (8) Skaters in each circle is not considered to be an Intersection Element
The lines must be as equal as possible

## INTERSECTION + pi

## Angled Intersection

The corridor between the two (2) lines cannot be more than approximately 2.5 m apart once the lead skaters of each line begin to overlap
The lines must remain parallel to the "axis of the point of intersection" during the approach phase. If the lines are no more than approximately 2.5 m apart, a slight pivot (less than $45^{\circ}$ ) is permitted

To continue an angled direction during the exit phase of this intersection is optional
Collapsing Intersection
Teams must use at least two (2) different axis during a collapsing intersection
Combined Intersection
An intersection that combines a rotating element(s) such as a circle/wheel with a line or another rotating element
The elements must intersect with each other intersect at the same time (as in other intersections)
There must be a minimum of:

- five (5) skaters in a line
- six (6) skaters in a circle
- two (2) spokes with three (3) skaters in each of the spokes of a wheel OR in the case of a one (1) spoke wheel there must have at least five (5) skaters


## Whip Intersection

Both lines must maintain and keep a TRUE curved shape ( $1 / 2$ circle), until the pivot skaters of each line become approximately back to back
The lines are allowed to straighten at the point of intersection
All skaters should be intersecting at the same time, however the two (2) fast end skaters of each line will
be permitted to intersect slightly after the rest
If any other part of the line (i.e. the fast end or middle) intersect before the slow end of the line

## Technical Panel

intersection element is given a no value; if the wrong shape is executed

## intersection without a pi is given a no value; if it is the same type of Intersection as Intersection +p

 independent of the order of the intersections in the programintersection element is given a no value; if all skaters do not participate
intersection element is given a no value; if all skaters do not participate
intersection element is given a no value
intersection element is given a no value
intersection element is called + DED1; if the lines are not as equal as possible with a team of sixteen (16) skaters
intersection element is called; if wrong number of skaters are included resulting from skating with less than 16 skaters due to injury/illness/fall/interruption
lower the level of the intersection element by one (1) level; if the corridor is or becomes wider than approximately 2.5 m at any time after the lead skaters begin to overlap
lower the level of the intersection element by one (1) level; if the line(s) pivot more than $45^{\circ}$
I1 is the highest call; if pivoting more than $45^{\circ}$ and the lines are more than approximately 2.5 m apart (neutralization of the intersection)
intersection element is called; even if the angled direction is not maintained during exit phase
intersection element is counted
IB is called; even if the rotating stops before the intersection is completed
intersection element is given a no value; if all skaters do not intersect
intersection is called; if executed correctly
intersection + DED1 is called; if requirements are not met as long as all skaters are intersecting
lower the intersection element one (1) level; if both or one (1) line does not maintain the true curve shape
intersection element is called
one (1) level lower will be called; if the skaters do not intersect according to the requirements
one (1) level lower will be called

## FEATURES

1. Back to

Back to back preparation and approach OR backward pivoting entry during preparation and approach

During the Preparation Phase: All skaters must be back-to-back and any type of hold (except a "no hold") must be attained before the end of the preparation phase and before the skaters begin the approach phase. The hold must be maintained until the skaters start to rotate

Shoulders must be kept parallel to the axis of intersection and not twisted during the preparation and approach
If teams are turning/rotating during the approach phase of the intersection and the skaters are not intersecting, during any part of the turn(s)/rotation(s), then these turn(s)/rotations(s) will not be counted as a pi but the back to back approach will still be counted as long as the rotations are starting and ending backward and rotate continuous

The skaters must have a hold if there are crossovers or non-rotating linking steps executed before the rotation for the pi

During a backward pivoting entry, each line must pivot at least $90^{\circ}$ before the skaters intersect If the feature is attempted but not counted

## Technical Panel

## pproach

feature is not counted; if not according to the requirements
IB will be called; if one (1) or more line(s) is facing towards the point of intersection during the entire preparation and/or approach phase
one (1) level lower will be called; If there are two (2) spaces or more without a hold during the end of the preparation and/or during the approach phase (before the rotation of the pi begins) one (1) level lower will be called; if the shoulders of $1 / 4$ of the team or more are twisted to face towards the axis of intersection
one (1) level lower will be called; if $1 / 4$ of the team or more execute any forward rotation(s) during the approach phase
one (1) level lower will be called; if $1 / 4$ of the team or more execute a backward rotation that ends forward one (1) level lower will be called; if $1 / 4$ of the team or more pause during a backward rotation during the approach phase of the intersection
one (1) level lower will be called; if there are two (2) or more spaces during a crossover or non-rotating linking step during the approach phase without a hold
skaters are permitted to change feet between rotations executed during the approach phase without reconnecting in a hold as long as there is no sustained pause between the rotations one (1) level lower will be called; if not pivoting enough
one (1) level lower will be called (exception if skating forward into the intersection IB will be the highest level called)

## POINT OF INTERSECTION - ADDITIONAL FEATURE

## GENERAL

## SHORT PROGRAM

pi is given a no value + DED1; if not attempted by any skaters
Point of Intersection (pi) is required
SHORT PROGRAM AND FREE SKATING
Interruptions (skaters missing the entire element) during the pi
Back spirals during intersection are illegal
Split jumps during intersections are illegal
If $1 / 2$ of the team executes the same turns/steps/linking steps at the point of intersection then the other $1 / 2$ of the team may execute a different turn/step/linking steps
Each $1 / 2$ of the team must execute the same turns/steps/linking steps at the pi (including the direction of the rotation)
(different rotation directions are defined as: some skaters executing backward rotation and other skaters in the same line are executing a forward rotation or some skaters are turning clockwise while other skaters in the same line are turning anti-clockwise)
All skaters must execute the turns/steps/linking steps at the point of intersection at the same time
An attempted backward $360^{\circ}\left(720^{\circ}\right)$ rotation with skaters stepping forward to begin the pi rotation (cheating the backward start)
Fall by one (1) or more skaters (and other skaters may make an error due to the fall)
If a rotation is not attempted (no fall/interruption has occurred)
(skaters are just gliding forward or backward instead of doing a rotation)
there is no DED given as long as a rotation for a pi was attempted by all skaters
continue to call the pi without any penalties
IB is called + pi is given a no value + DED4; called for illegal
IB is called+ pi is given a no value + DED4; called for illegal if a split jump is included
Lowest pi level is called; if $1 / 2$ and $1 / 2$ of the team executed different pi’s
pil is called; if $1 / 4$ of the team or more executes different turns/steps/linking steps at the pi compared to the skaters next to them as long as the requirements for pil is fulfilled pi is called one (1) level lower; if $1 / 4$ of the team or more rotates in a different rotational direction compared to the skaters next to them
pi is called + DED1; if skaters do not execute the turns/steps/linking steps at the same time (not a timing issue but choreographed at different times) pi is called one (1) level lower; if $1 / 4$ of the team or more is cheating the backward start and steps forward
pi is called according to the skaters not affected by the fall + DED for the fall(s)
pi is given a no value; if none of the skaters have attempted a rotation as the pi
rotation is counted + DED1; if a rotation is not attempted by one (1) skater
pi is called one (1) level lower; if a rotation is not attempted by two (2) skaters
pi is called one (1) level lower + DED1; if a rotation is not attempted by three (3) skaters
pi base is called; if a rotation is not attempted by $1 / 4$ of the team or more
For a Collapsing Intersections and Combined Intersections (where skaters intersect at different times); the specific rotation that the skaters fail to attempt is the rotation that will be affected (i.e. if two (2) or more skaters fail to attempt a rotation, that rotation will not be counted toward the level)
rotation is counted as one (1) $720^{\circ}$ rotation

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## POINT OF INTERSECTION - Continued

backward $360^{\circ}$ and $720^{\circ}$ rotations (turns /steps and/or rotating linking steps) must start and end backwards

## backward $360^{\circ}$ and $720^{\circ}$ rotation (or more) must be continuous

## A rotation that is attempted but with a visible error (same type) by $1 / 4$ of the team or more

## Visible errors:

A collision affecting the rotation(s)

- A $360^{\circ}$ or $720^{\circ}$ rotation that is not continuously executed (pauses in the rotation in order to assist skaters to pass by each other)
- A stumble affecting the rotation(s)
- Rotation(s) executed on the spot

Use of crossovers during any pi level are not permitted
The rotation(s) must begin before the skaters pass through and must continue as the skaters go through the point of intersection (Collapsing intersections and Combined Intersections (where skaters intersect at different times) have their own requirements for where the rotations must be executed, see below)

## Point of Intersection for Angled Intersection

The pi rotation must begin when the skaters are at least four (4) spots away from their hole and must continue to rotate in the same rotational direction until the skaters are thru their space
The rotation(s) must travel along a diagonal path towards the axis of intersection UNTIL going through

## the pi at the axis <br> Point of

## All corners in a collapsing intersection must be intersecting during a rotation for that rotation to be

 counted towards the piLevel 1: Rotations must start before the skaters begin to intersect and two (2) forward $360^{\circ}$ rotations must be completed within the intersection.
Level 2: Rotations must start before the skaters begin to intersect and two (2) backward $360^{\circ}$ rotations must be completed within the intersection. If the first rotation is completed before the skaters have started to intersect, the minimum number of subsequent rotations are needed to be executed and completed within the intersection
Level 3: The backward $720^{\circ}$ rotation must begin before the lines begin to intersect, and end inside the intersection. Two (2) subsequent backward $360^{\circ}$ rotations must start within the Intersection however the last (third (3rd)) pi rotation may end after the skaters have exited the Intersection

Only correctly executed rotations will be counted towards the pi level
For pi2 \& pi3 only backward turns/steps and rotating linking steps are permitted

## Point of Intersection for Whip Intersection

Only one (1) rotation (turn / step) is required at the point of intersection
All skaters must be intersecting at the same time, however the four (4) fast end skaters (two (2) skaters on each side) are allowed to intersect slightly afterward
All pi rotations must be in the same rotational direction as the skater's respective line during the approach phase

## Technical Panel

pi is lowered one (1) level; if the backward rotation (turns /steps) ends forwards
Once ALL skaters have completed intersecting it is permitted to end a backward rotation forward pi is called according to the number of correctly executed rotations; if the rotation is not continuous by $1 / 4$ of the team or more (pausing in the rotation)
pi is called one (1) level lower; for each visible error made by a $1 / 4$ of the team or mor
Each type of error will be penalized only once
pi base; will be the lowest call

## pi is lowered one (1) level; if there is a crossover

pi base is called; if $1 / 4$ of the team or more have passed through the point of intersection before beginning a rotation, or have completed the rotation before the point of intersection
pi base is called; if $1 / 4$ of the team or more do not continue to rotate as they pass each other
pi base is called; if ALL skaters have passed through the point of intersection before beginning a rotation, or have completed the rotation before the point of intersection (as long as a rotation has been attempted somewhere near the pi)

## pi is lowered one (1) level; if not started correctly

pi is lowered one (1) level; if rotations are executed in both rotational directions
pi is lowered one (1) level; if not executed on a diagonal path
s intersect at different times)
rotation is not counted towards the pi; if one (1) or more corners are not intersecting during the rotation
lower pi one (1) level; if the rotation do not start before the skaters begin to intersect
pi base is called; if there is only one (1) $360^{\circ}$ rotation executed correctly and ended within the intersection lower pi one (1) level; if the rotation does not begin before the skaters begin to intersect
lower pi one (1) level; for each missing rotation completed within the intersection pil is the highest call; if only one (1) correctly executed rotation occurs within the intersection
lower pi one (1) level; if the rotation does not begin before the skaters begin to intersect
lower pi one (1) level; if the remaining part of the $720^{\circ}$ rotation is completed before intersecting
lower pi one (1) level; for each missing subsequent $360^{\circ}$ rotation within the intersection
p 22 is the highest call: if there are only two (2) rotations executed correctly
pil is the highest call; if only one (1) correctly executed rotation occurs within the intersection
pi is called according to the number of correctly executed rotations, any rotations with errors listed in the general part above will not be counted towards the pi level
lower pi one (1) level; if any non-rotating linking steps are included
pil is called; if any forward rotations are included
there may be a slight (minimal) pause in-between the rotations in order to permit the skaters to change feet or change their rotational direction without lowering the pi

## pi is called; if correctly executed

pi is called; independently of the number of skaters intersecting slightly afterwards as long as they all rotate through the axis of intersection
lower pi one (1) level; if pi rotations are executed in the opposite rotational direction

## INTERSECTION without pi

## FEATURE

Technical Panel

## The General section (page 8) for Intersections applies to the Intersection without pi

## \#1 - 4. Creative movement during Phases of an Intersection: (Preparation, Approach, Axis of Intersection, Exit of the Intersection)

back-to-back preparation and approach and any hold before the axis of intersection is not required A rotation executed during any of the four (4) Intersection phases $M A Y$ be considered as creative IF the rotation has a creative component and does not resemble the usual type of rotation associated with the Intersection +pi
NOTE: a different/unusual arm/hand position will not be considered as creative
Crossovers or non-rotating linking steps executed at anytime (including thru a collapsing type of intersection etc.) are permitted
Not all skaters must execute and fe/fm to be considered as a creative movement (one is enough)
Combined Intersections: if teams choose to use a Combined Intersection, they must meet the requirements for this intersection (number of skaters in a circle or line)
Pairs may be used during the Intersection without a pi (as long as ALL skaters are passing by at least one (1) other skater and there are not eight (8) pairs)
Syncopated Choreography may be used during the four (4) phases of the Intersection
feature is counted
feature is counted; if the rotation is a creative type of rotation not normally executed during the intersection + pi
feature is not counted; if only an unusual arm/hand position is executed
feature is counted
feature is counted
intersection + DED1 is called; if requirements are not met as long as all skaters are intersecting
intersection element is given a no value; if there are eight pairs
intersection element is given a no value; if all skaters do not pass by another skater
Intersection element is counted; as long as the intersection meets the criteria for the shape

## LINE - LINEAR ELEMENTS

## GENERAL - LINE

## Technical Panel

There may be one (1) line or two (2) lines
line element ends; if there are more than two (2) lines
line element is called
The number of skaters in each line must be as equal as possible
line element is called + DED1; if not as equal as possible
line element is called; if wrong number of skaters are included resulting from skating with less than 16 skaters due to injury/illness/fall/interruption

## Ice Coverage Requirements

## The Line Element must cover at least the $1 / 2$ of the ice surface or comparable distance

line element is given a no value; if it does not meet the ice coverage requirement
FEATURES

1. At least two (2) different configurations

There is no specific length of time that a configuration must be held, however it must be recognizable
The change of configuration may be executed in any manner
The team is not permitted to stop when changing configurations
The number of lines must change to be counted as a change of configuration

## 2. Three (3) different holds

There is no length of time that a hold must be held however they must be recognizable
A no hold will not be counted as one of the three (3) different holds
3. Skaters / Lines Change place / position with another Skater / Line

All skaters/lines must participate and change places with another skater/line
There are no restriction on how the change of places should be executed
Skaters / Lines change places with another Skater / Line may not be executed at the same time as a Change of Configuration

## 4. Extra features

At least four (4) different Extra features must be included where a maximum of two (2) from each group will be counted towards the level
At least $1 / 2$ of the team must execute the extra features at the same time
$1 / 2$ of the team may execute a different extra feature than the other $1 / 2$ of the team at the same time
feature is counted; as long as the shapes are recognizable
feature is counted; even if the shape of the line may "disappear" during the change of configuration feature is not counted; if $1 / 4$ of the team or more is on the spot
feature is not counted; if the number of lines in the line does not change
feature is counted; as long as the three (3) different holds are recognizable
feature is not counted; if a no hold is one (1) of the three (3) different holds
feature is counted; as long as all skaters participate
feature is counted; even if the shape of the line may "disappear" during the feature
feature is not counted; only the change of configuration will be counted
extra features are counted only once; if repeated
extra feature is not counted; if executed at different times by the skaters
extra feature is counted; if the extra features are from the same or different groups
two (2) extra features will be counted; if including two (2) different extra features at the same time

| LINE - LINEAR ELEMENT - Continued | Technical Panel |
| :---: | :---: |
| 5. Release of hold for three (3) seconds |  |
| The release must occur while the skaters are keeping the line configuration | feature is not counted; if executed together with Feature \#1 (At least two (2) different configurations) or \#3 (Skaters / Lines change places with another Skater / Line) |
| The team is not permitted to stop during the release of hold | feature is not counted; if $1 / 4$ of the team or more stops during the release of hold |
| During the release of hold each skater must turn / rotate or use both skating directions (forward and backward) i.e. only skating backward (or forward) are not permitted <br> If Skaters choose to turn / rotate during the release of hold: Skaters must turn/rotate at least $360^{\circ}$ If Skaters choose to use both skating directions; Skaters must take at least two (2) consecutive foot placements in the new skating direction during the release | feature is not counted; if a turn/ rotation does not rotate $360^{\circ}$ or use of both skating directions is not included |
|  | feature is not counted; if skaters do not take at least two (2) consecutive foot placements in the new skating direction |
| 6. Change of axis |  |
| The line must use two (2) distinctly different axis | feature is not counted; if only the skaters change axis and not the line |
| Teams may choose either the long axis, short axis or a diagonal axis of the ice rink | feature is counted; as long as the change of axis is recognized |
| There is no ice coverage requirement for each axis but must be easily identified | feature is not counted; if only follow the leader (not considered as a change of axis) |
| Pivoting only is not considered as a change of axis. The skaters must each skate along their own new axis so that the new axis is easily recognizable | feature is not counted; if the line only pivots |

## MOVE ELEMENT

## general

This element consists of one occasion where a free skating move(s) (fm) is/are performed
SHORT PROGRAM 2016-2017: the required fm is an unsupported spiral by at least $1 / 2$ of the team

## SHORT PROGRAM and FREE SKATING

One part of the Team may perform one (1) type of a Free Skating Move and another part of the Team may perform another type of a Free Skating Move. Up to four (4) different types of Free Skating Moves (either the same or different levels) executed at the same time will be permitted but is not required. At least four (4) skaters must execute each selected fm
Each skater must execute one (1) fm

An fm will be counted only when executed within approximately $1 / 2$ of the ice surface
The preparation may use the entire ice surface
The fm(s) themselves, may cover/use as much ice as needed
Once meeting the requirements for an $\mathrm{fm}(\mathrm{s})$, that $\mathrm{fm}(\mathrm{s})$ may continue but is no longer required to remain within approximately $1 / 2$ of the ice surface of subsequent $\mathrm{fm}(\mathrm{s})$
If an fm is called as fmB then the feature(s) will also not be counted
Skaters may pass by/intersect with each other in order to change position
Ice Coverage Requirements
There is no restriction as to the amount of ice the Skaters cover while preparing for and executing the fm's other than what is stated in the difficult group

## FEATURES

## 1. At least two (2) or three (3) different fm's (depending on the ME level)

There must be at least two (2) or three (3) different fm's executed depending on the level
While executing the same or different $\mathrm{fm}(\mathrm{s})$ at the same time those fm's must be within approximately $1 / 2$ of the
ice surface of each other
The two (2) different fm's for ME2 (or three (3) different fm's for ME3) are not required to be executed at the same time

- however, the skaters executing any one (1) fm, must be approximately within $1 / 2$ of the ice surface of each other
IF choosing fm's with different time requirements: The same type of fm must begin and end at approximately the same time. Different types of fm's may begin and/or end at different times (see 2016-2017 Calling Specifications)


## Technical Panel

The $2^{\text {nd }} \mathrm{fm}$ is given a no value; if there is a second fm is included and executed by any skater
MEB is called +fm no value + DED 1 ; if the required fm is not included for an omitted requirement
fm is called according to the lowest level; if the fm's have different levels
ME will be lowered one (1) level; if there are not at least four (4) skaters executing the same type of fm

The first fm each skater performs during the ME will be evaluated and called accordingly (Subsequent fm's are permitted without penalty and are not counted)
ME is given a no value; if each skater does not present an fm (not including skaters who fall, fake or only "attempt" the fm)
fmB is called; if the skaters executing any one (1) type of fm are not approximately within $1 / 2$ of the ice surface of each other
fm is called $\mathrm{fmB}+$ no feature(s) is counted
ME is called; as executed
ME is called; as executed
feature is not counted; if not at least two (2) or three (3) different fm's are executed
MEB +fmB is called; if the two (2) different fm's for ME2 (or three (3) different fm's for ME3) are executed at the same time and are not approximately within $1 / 2$ of the ice surface of each other MEB + fmB is called; if the skaters executing any one (1) type of fm are not approximately within $1 / 2$ of the ice surface of each other

Count the feature + call the fm level + DED1; if the same type of fm does not start or end at the same time

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## 2. At least $1 / 2$ of the skaters execute a change of position

## All skaters must execute the change of position at the same time

If a skater begins on the right side of another skater, they must change to the left side of that same skater in order to meet the requirements
The track of the skater changing position MUST cross with the track of the other skater with whom they are changing position
Each skater must be skating on their individual track/curve before and after crossing the track of the skater next to them
A hold both before and after the change of position is required.
IF using two (2) or more lines of six (6) or two (2) lines of eight (8) skaters - At least four (4) consecutive skaters in each line must have a hold both before and after a change of position

A minimum of four (4) skaters in each line is required for this feature to be counted
Any listed fm may be used during this feature (both SP and FS). It is permitted to use two (2) or more different fm's to execute the feature
The change of position will be counted only when executed within approximately $1 / 2$ of the ice surface The preparation may use the entire ice surface
feature is not counted; if at least $1 / 2$ of the skaters do not execute the change of position at the same time feature is not counted; if a change of side has not been executed by all skaters executing the feature
feature is not counted; if the skaters do not cross the track of the other skaters with whom they are changing position
feature is not counted; if requirements are not met
feature is not counted; if there are two (2) or more spaces without a hold both before and / or after the change of position
feature is counted; if the same skaters hold both before $\&$ after the change of position and execute a change of configuration
i.e.: starting with a hold in one line of eight (8) skaters; change position and re-grasp into two lines of four (4) skaters
feature is not counted; if there are less than four (4) skaters in each line throughout the feature feature will be counted; if executed in any fm as long as $1 / 2$ of the team is participating and is executing the change of position at the same time
feature is not counted: if the change of position is executed while the skaters are further apart than approximately $1 / 2$ of the ice surface

The change of position itself may cover/use as much ice as needed

## FREE SKATING MOVES - ADDITIONAL FEATURE

## FALLS AND OTHER ERRORS

Types of Visible errors for fm's: each type of visible error is penalize only once

- fm position is not correct
- fm that is not executed on a clear lobe / edge for a minimum of three (3) seconds
- fm that is not held in the correct position for a minimum of three (3) seconds, (if choosing an fm with change of position or edge/direction then each position and/or edge/direction must be held for two (2) seconds)
Interruptions during the fm
Fall by one (1) skater + one (1) or more other skaters make an error due to the fall
Fall by one (1) skater (and no other skaters make an error during the fm)
Fall by two (2) or more skaters (and one (1) or more other skaters may or may not make an error during the fm due to the fall)
fm not attempted (not due to a fall / interruption or stumble but because of a lack of ability) (includes faking a position / edges) lower one (1) level; if not on a recognizable edge lower one (1) level; if the position is not correct lower one (1) level; if the edge/position is not held for the correct amount of time according to the specific fm(s) fmB ; will be the lowest call
continue to call the fm without any penalties
call the level of the fm executed by the skaters not affected by the fall + DED for the fall
call the level of the fm executed by the skaters not affected by the fall + DED for the fall
call the level of the fm executed by the skaters not affected by the falls + DED for the two (2) falls
fm is called + DED1; if one (1) skater fails to attempt the fm
lower fm one (1) level; if two (2) skaters fails to attempt the fm
lower fm one (1) level + DED1; if three (3) skaters fails to attempt the fm
fm base is called; if a $1 / 4$ of the team or more fails to attempt the fm


## FREE SKATING MOVES - If a reduction is to be applied to an fm for a visible error by $1 / 4$ of the team or more please follow the guidelines below

Free skating moves will be called according to what the team attempts

All fm's are reduced for the following (if not stated otherwise in the boxes below)

Ina Bauer
Spiral: Unsupported Spiral with the free leg held to the back
Spiral: Unsupported Spiral with the free leg held to the back at no less than $135^{\circ}$ with one (1) change of edge
Biellmann Spiral
Spiral with a Change of Free Leg Position

Example: Unsupported Spiral with one change of edge are attempted (starting level fm2); during the first edge $1 / 4$ of the team or more drop the legs below hip level AND the time on the edge is only 1.5 seconds, the rest of the spiral is correctly executed; call for the fm would be: fmB (downgrade for position and time)
lower one (1) level; if not on an edge
lower one (1) level; if the position is not held for at least three (3) seconds
lower one (1) level; if the edge is not held for at least three (3) seconds
lower one (1) level; if not held in the correct position with one (1) foot on a forward tracing and the other a different but parallel tracing
lower one (1) level; if not held in the correct basic position with the free leg (including knee and foot) higher than hip level
lower one (1) level for position; if not held in a minimum of $135^{\circ}$ position for at least two (2) seconds on either edge AND/OR if the body (torso) is not held at least parallel to the ice surface (may not be lower than parallel)
lower one (1) level; if not held in the correct position with the free foot pulled from behind to a position higher than the head and towards the top of the head close to the central axis of the skater
lower one (1) level; if not held in the correct position where the free leg must remain higher than hip level as it changes position

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| Spiral $135^{\circ}$ (supported or unsupported) | lower one (1) level; if not held in the correct position where the skater's body remains upright with the free leg supported / held (to the front, <br> side or back) at a 135 angle to the skating leg |
| :--- | :--- |
| Spiral $170^{\circ}$ (supported or unsupported) | lower one (1) level; if not held in the correct position where the skater's body remains upright with the free leg supported / held (to the front, <br> side or back) at a 170 angle to the skating leg |
| Spiral Variation | lower one (1) level; if not held in the correct position where the free leg must be held higher than hip level (including the knee and foot) |
| Spread Eagle or Ina Bauer executed in both cw and acw directions | lower one (1) level; if there are more than the necessary turns/edges (i.e. crossovers or extra pushes) to quickly change-from cw to acw direction <br> (or vice versa) |
|  | lower one (1) level; if each edge/rotational direction is not held for at least two (2) seconds |
|  | lower one (1) level; if the move is not in the correct position for a minimum of two (2) seconds in each rotational direction |
| Spread Eagle | lower one (1) level; if not held in the correct position where the skater skates with one (1) foot on a forward edge and the other on a matching <br> backward edge on the same curve |
| Outside Spread Eagle + Outside Ina Bauer Combination in a clockwise <br> and anti-clockwise direction | lower one (1) level; if one of the fm's executed first in one (1) rotational direction OR in the opposite rotational direction have a visible error <br> (minimum of two (2) seconds in each position is required on each lobe) |
|  | lower one (1) level; if there is an extra push in-between the Outside spread eagle / Outside Ina Bauer when changing rotational directions |
| Difficult Change of Position from low level to high level | lower one (1) level: if either fm is not held for at least two (2) seconds |
|  | lower one (1) level: if there is assistance given when the skater(s) go from low level to high level |
| Difficult Change of Position from high level to low level | lower one (1) level: if either fm is not held for at least two (2) seconds |
|  | lower one (1) level: if there is assistance given when the skater(s) go from low level to high level |
| Free Skating Moves with one (1) change of position | lower one (1) level; if any one of the positions are not held for at least two (2) seconds |
| Free Skating Moves with one (1) change of edge | lower one (1) level; if the move is not in the correct position for a minimum of four (4) seconds |
|  | lower one (1) level; if any one of the edges are not held for at least two (2) seconds |

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## NO HOLD ELEMENT

## GENERAL

The NHE begins when the Skaters form a block consisting of four (4) lines with four (4) Skaters in each line and are in a no hold, no matter where the block is placed on the ice and the element ends at any place on the ice surface when the block formation breaks up and a transition into another element begins or when all or some Skaters deliberately touch each other and/or take a hold
The No Hold Element (NHE) must be executed in a closed block
On a team of 16 skaters: the closed block must consist of four (4) skaters in four (4) lines

A change of configuration is not permitted
The NHE must be executed in a no hold

## SHORT PROGRAM <br> The NHE must include the Step Sequence Additional Feature

## Ice Coverage Requirements

All skaters must cover $1 / 2$ of the length of the ice surface or comparable distance ( 30 m ) for NHEB \& NHE1 and full length of the ice or comparable distance ( 60 m ) for NHE2, NHE3 \& NHE4

## FEATURES

## 1. Twizzle Series

The series consists of two (2) twizzles; one (1) in each rotational direction
All skaters must execute the same twizzle; including the same entry edge, in the same skating direction, at the same time
A maximum of three (3) foot placements are permitted in-between the twizzles
Example: The exit of Twizzle \#1 is on a RBO edge; followed by three foot placements; LFI, RFI, LFI
Three turn. The entry of Twizzle \#2 could be on a RBI (the $4^{\text {th }}$ foot placement)
The twizzles must be correctly executed
Twizzle errors include: two footed twizzles (not including the exit), knee action is present during all or part of a twizzle, three turns are executed, twizzles executed on the spot

## 2. Pivoting at least $90^{\circ}$

Pivoting must not be interrupted
No one (1) skater may stop (becomes stationary) during pivoting
3. Diagonal axis

The skaters must use a diagonal axis
There is no ice coverage requirement for the diagonal axis but the axis must be easily identified Lines of the block may or may not be parallel to the end barrier when skating along the diagonal pattern

## 4. Skaters / Lines change places with another Skater / Line

All skaters/lines must participate and change places with another skater/line
There are no restriction on how the change of place should be executed; Skaters may use different turns/steps as they change places/positions

## 5. Extra features

At least four (4) different Extra features must be included where a maximum of two (2) from each group will be counted towards the level
At least $1 / 2$ of the team must execute the extra features at the same time
$1 / 2$ of the team may execute a different extra feature than the other $1 / 2$ of the team at the same time

## Technical Pane

## NHE is called + DED1; if the shape is an open block using four (4) lines

NHE ends; if using any block configuration without four (4) lines
NHE is called + DED1; if there are an incorrect number of skaters in any of the four (4) lines
NHE is called as executed; if wrong number of skaters are included resulting from skating with less than
16 skaters due to injury/illness/fall/interruption
NHE ends; if there is a change of configuration where there are not four (4) lines
NHE ends; if any part of the NHE has a hold
NHE is called + Step Sequence is given a no value + DED 1; if not included

NHE is given a no value; if minimum ice coverage is not met
NHE is called according to ice coverage requirements met
feature is not counted; if both twizzle rotate in the same direction
feature is not counted; if different twizzles are executed

## feature is not counted; if there are additional foot placements other than permitted between the two

 twizzlesa two-footed exit will be counted as one (1) foot placement
feature is not counted; if there are errors (same or different) made by $1 / 4$ of the team or more
twizzles will be counted according to the number of rotations correctly executed
any type of exit of the twizzles are permitted (including two-footed exit)

## feature is not counted; if the pivoting is interrupted for two (2) seconds

feature is not counted; if one (1) skater stops or becomes stationary during pivoting
feature is not counted; if the diagonal axis is not recognized
feature is counted; as long as requirements are met
diagonal axis is counted; as long as the block travels on a diagonal axis even if the lines of the block are parallel to the end barriers
feature is not counted; if all skaters do not participate
feature is counted; as long as all skaters change places either vertically, horizontally or diagonally
feature is counted; as long as all skaters are participating
extra features are counted only once; if repeated
extra feature is not counted; if executed at different times by the skaters
extra feature is counted; if the extra features are from the same or different groups
two (2) extra features will be counted; if including two (2) different extra features at the same time

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## STEP SEQUENCE ADDITIONAL FEATURE

## GENERAL/FALLS AND OTHER ERROR'S

Interruptions during the ss
One (1) skater falls before the step sequence begins and does not catch up to the team and therefore misses all turns/steps of that step sequence
Fall by one (1) skater during the step sequence (where that skater and one (1) or more other skaters omit or make errors on subsequent turns/steps due to the fall)

Fall by one (1) skater during the step sequence, but only the fallen skater omits some subsequent turns/steps (due to the fall) and the rest of the team execute the step sequence
Fall by two (2) or more skaters during the step sequence
There is no minimum ice coverage requirement for a step sequence to be counted A mirror image pattern is permitted during a Step Sequence (Short Program and Free Skating)

Use of crossovers must be kept at a minimum and only one (1) crossover in a row may be included
If the team is executing the turns/steps/edges and linking steps that are required for a Feature / Additional Feature, then the turns/steps/edges and linking steps must be the same and executed at the same time, otherwise turns/steps and linking steps, free skating moves etc. may be different and executed at different times

Short free skating moves are permitted within step sequences but must be held for less than three (3) seconds

## STEP SEQUENCE Requirements

The turn /step has correct edges. The edge can be shallow or deep, long or short
A step sequence must meet the requirements of a level
The axis of a step sequence may change from one (1) turn / step to the next turn / step
The turn / step may have a strong entry curve and a weaker exit curve or vice versa
Types of visible errors for step sequences:
Entry edge or exit edge is not recognizable/visible (is flat)
Turn / steps executed on the spot

- Turn / steps with a two-footed entry or exit
- Turn / steps that are jumped

Turn / steps that are not clearly on the correct entry or exit edge
Turn / steps not attempted (not due to a fall or interruption)

## A Series/Combination of Difficult Turns

One (1) or two (2) series / combination of difficult turns: consists of two (2) or three (3) different types of difficult turns (depending on the level) executed on one (1) foot (on each foot when doing two (2) series)

For the two (2) series / combination of difficult turns; The same series are not permitted to be repeated on the opposite foot
Series of three (3) turns with one (1) turn incorrectly executed by $1 / 4$ of the team or more
Series of two (2) turns with one (1) turn incorrectly executed by $1 / 4$ of the team or more
All of the turns in the series must be from the listed difficult turns
The required number of different types of turns must be executed consecutively and without a change of
edge in-between the turns
More turns may be included but must be executed either before or after the series of turns

## Technical Panel

continue to call the ss for the skaters not affected without any penalties
step sequence is called as executed by the rest of the team (with the missing skater not participating) + DED for the fall
step sequence is called as executed by the rest of the team (with the fallen skater + skaters affected by the fall omitting or making errors on subsequent turns/steps not considered for the level) + DED for the fall
step sequence is called as executed by the rest of the team (with the fallen skater missing some turns/steps) + DED for the fall
step sequence is called as executed by the rest of the team (with the fallen skaters missing some turns/steps) + DED for the two (2) falls
step sequence is called; as executed
turn(s)/step(s) executed during a mirror image pattern will not be counted towards the level of the step sequence
step sequence ends; with two (2) crossovers in a row
turn/step is not counted if the turns/steps/edges are not the same
step sequence is called + DED1; if the turns/steps/edges are the same but not executed at the same time (syncopated choreography)
step sequence is called; even if including different linking steps/free skating moves etc. or execute the same or different at different times
If the linking steps / free skating move is required for a Feature, $1 / 2$ of the Team must execute the linking steps / fm (same or different types) etc. at the same time
step sequence ends; if fm is held longer than three (3) seconds

## Turn /step is counted

step sequence is called; if it meets the requirements of a level independently of the number of incorrectly executed turns/steps
turn / step is counted
turn / step is counted
turn / step is not counted; if $1 / 4$ of the team or more are executing either the same or different types of visible errors during a turn /step
step sequence no value is called; if there is no turn/step correctly executed
series of turns is not counted; if there are not two (2) / three (3) difficult turns executed consecutively series of three (3) turns is counted as a series of two (2) turns; if the free foot touches down (once) between any of the three (3) turns by $1 / 4$ of the team or more
series of two (2) turns is not counted; if the free foot touches down between any of the turns by $1 / 4$ of the team or more
the $2^{\text {nd }}$ series is not counted; if the series are exactly the same (consist of the same turns executed in the same order, on the same edge and in the same skating direction)
series of two (2) turns will be counted; no matter which turn has the error
series is not counted towards the level
series of turns is counted; according to the number of correctly executed difficult listed turns
series of turns is not counted; if there is a change of edge in-between any two (2) turns
the other turns will be counted as part of the step sequence

| PAIR ELEMENT |  |
| :---: | :---: |
| GENERAL | Technical Panel |
| All pairs must perform the same movement at the same time | PaB is called; if all pairs do not perform the same movement at the same time |
|  | PaB is called as long as a pair movement was attempted |
|  | Pa is given a no value; if $1 / 4$ of the team fails to attempt the pair element |
| If a fall/interruption occurs during a pair element (If the fall affects other skaters then those errors are not considered) | call the level of the pair element (executed by the skaters not affected by the fall/interruption) + DED for the fall |
| Ice Coverage Requirements |  |
| There is no minimum or maximum ice coverage requirement | Pa is called; as executed |
| FEATURES |  |
| 1. Pair Spin |  |
| All pairs (both skaters) must attain their position for the technical panel to begin counting the revolutions | Any revolutions executed before both skaters has attained their position will not be counted towards the level |
| All skaters must revolve at least three (3) revolutions once each skater attains their position(s) Start counting the revolutions once ALL pairs are spinning | Pa is called as a maximum of level base; if $1 / 4$ of the team or more do not revolve at least three (3) times |
| Pair Spin Errors |  |
| Skaters do not attain or hold the correct position for at least three (3) revolutions | lower one (1) level; if two (2) or three (3) pairs make an error lower two (2) levels; if four (4) or five (5) pairs make an error lower three (3) levels; if six (6) pairs make an error PaB is the lowest call |
| Pairs do not revolve at least three (3) revolutions (correct or wrong position) | PaB is called; if two (2) or more pairs do not revolve enough |
| 2. Pair Pivot |  |
| The skaters executing the fm/death spiral must attain their position for that fm/death spiral in order for the technical panel to begin counting the rotation | Any rotation executed before the position is attained will not be counted towards the level |
| Pair Pivot Errors |  |
| Pairs pivot $360^{\circ}$ but Skaters executing the fm/death spiral do not attain or hold the correct position for $360^{\circ}$ | lower one (1) level; if two (2) or three (3) pairs make an error lower two (2) levels; if four (4) or five (5) pairs make an error lower three (3) levels; if six (6) pairs make an error PaB is the lowest call |
| Pairs do not rotate $360^{\circ}$ in total (correct or wrong position) | PaB is called; if two (2) or more pairs do not rotate enough |


| SYNCHRONIZED SPIN |  |
| :---: | :---: |
|  | Technical Panel |
| Must be executed in a closed block (any shape) | spin element is given a no value: if executed in an open block or shape |
| Any upright solo spins (including variations of an upright spin) can be used | spin element is given a no value; if pair spins are performed |
|  | spin element is given a no value; if any other spin than an upright spin is executed |
| All skaters must execute the same spin at the same time (the rotation of the Skaters may be in the same or different rotational direction) | spin element is given a no value; if there are different spins |
|  | spin element is called; if the same spin is revolving in different rotational directions |
| Upright Spin revolving at least three (3) revolutions while on one (1) foot Begin counting revolutions once all skaters start to spin | Spin element is given a no value; if $1 / 4$ of the team or more do not perform at least three (3) revolutions without interruption performed on one (1) foot |
|  | Spin level is called; according to the number of revolutions completed on one (1) foot, before $1 / 4$ of the team or more two (2) foot the spin |
|  | SpB is called; if skaters revolve at least three (3) times but $1 / 4$ of the team or more are not on one (1) foot |
| Individual skaters may not change feet during the spin | spin element ends; if they skaters perform a change of foot |
| Variations of the head, arms or free leg as well as fluctuations of speed are permitted as long as it is the same variation etc. executed at the same time by all skaters | spin is called + DED1; if intentionally executed at different times by all skaters (syncopated choreography) |
| If $1 / 4$ of the team or more fail to attempt the element | spin element is given a no value |
| If a fall/interruption occurs during a spin <br> (If the fall/interruption affects other skaters then those errors are not considered) | call the level of the spin element + DED for the fall |
| Flying camel spins are illegal when executed by the entire team | spin element is given a no value + DED4; for not including an upright spin + illegal element |
| FEATURES |  |
| 1. Entry |  |
| All skaters must step into the spin in the same direction (less than $90^{\circ}$ difference will be allowed) | feature is not counted; if $1 / 4$ of the team or more step into the spin facing a $90^{\circ}$ or more difference compared to the rest of the team |
| All skaters must step into the spin at the same time | feature is not counted; if $1 / 4$ of the team or more step into the spin at different times |
| 2. Rise Up from the Knee |  |
| All skaters must pull up into the spin at the same time | feature is not counted; if $1 / 4$ of the team or more pull up into the spin at different time |
| 3. Rotation |  |
| All skaters must be rotating in unison (less than $90^{\circ}$ difference compared to the rest of the team) | feature is not counted; if $1 / 4$ of the team or more are revolving with a $90^{\circ}$ or more difference compared to the rest of the team |
| 4. Exit |  |
| All skaters must exit the spin facing the same way (less than $90^{\circ}$ difference will be allowed) <br> - Skaters may spin in opposite rotational directions but must push out of the spin on the same curve | feature is not counted; if $1 / 4$ of the team or more is exiting the spin facing a $90^{\circ}$ or more difference compared to the rest of the team |
|  | feature is not counted; if $1 / 4$ of the team or more exit the spin in a different direction |
|  | feature is not counted; if any skater(s) exit in mirror image pattern |
| Ice Coverage Requirements |  |
| There is no minimum or maximum ice coverage requirement | spin is called; as executed |

## WHEEL - TRAVELING ELEMENT

## GENERAL

Travel may be executed in one (1) wheel or two (2) side by side wheels
All separate wheels must travel at the same time

Must have at least three (3) skaters in spoke for TWB, TW1 and TW2 and at least four (4) skaters in a spoke for TW3 and TW4 at all times during the wheel element

Travel must cover the required distance (TWB: any recognizable distance, TW1: more than 2 m , TW2: more than 5 m and TW3/TW4: more than 10 m ) and must be continuous

If $1 / 4$ of the team or more make any type of error (listed below) at either the same time or at different times during the traveling to assist it:

- Use of different linking steps/turns/steps
- Different skating directions
- Linking steps/crossovers/turns/steps that are executed with the toe pick instead of the blade but are still stepping in the correct direction (not including toe steps that are part of the choreography)
- Stepping mostly towards the centre (or towards the outside, depending on their position) of the wheel, instead of stepping along the circular path
- The skaters must always step in the correct direction even if not gliding

Travel may be executed with or without a hold or a combination of both
Travel must be executed in one (1) configuration

## Ice Coverage Requirements

All skaters must rotate a minimum of $360^{\circ}$ in one (1) rotational direction or a comparable distance if both rotational directions are used

## FEATURES

All travel features must be executed during traveling
If travel is not executed correctly (not counted)
Required Rotation of $360^{\circ}$ - Level 3 and Level 4
The Element (including each skater) must rotate at least $360^{\circ}$ in one (1) rotational direction during the travel

## Travel with turns and linking steps - all Levels

Travel must be executed with the same turns/steps and linking steps (exception level B)

The correct entry and exit edge are not required for the turns/steps edges but must be executed on one (1) foot

There are no restrictions on the types or number of linking steps (i.e. crossovers)
Travel extra features
Any of the travel extra features may be executed at the same time as long the requirements are met for each of them

## Technical Panel

traveling wheel element ends; if there are more than two (2) separate wheels
traveling begins to be counted; when all spokes have begun to travel
TWB is called; if travel is executed at different times by one (1) or more shapes
traveling wheel element is counted; if each shape travels a different distance (count the lesser distance) traveling wheel element ends; if one of the shapes stops traveling for at least two (2) seconds (level is given according to highest requirements met either before or after the travelling is considered ended) no matter which feature(s) are being executed, if the required minimum number of skaters is not correct then; call the level according to the number of skaters
i.e. TW2 would be the highest level called if there are not a minimum of four (4) skaters in each spoke at all times during the wheel element
traveling wheel element ends; if less than three (3) skaters in each spoke at all times
travel is not counted; if the minimum ice coverage is not met
If a team correctly travels for at least 5m including two (2) turns/steps; level 2 will be called, irrespective if $1 / 4$ of the team or more have made travel errors elsewhere
travel ends; if executed as several parts with a clear stop (at least two (2) seconds) in between the sections (level is given according to highest requirements met either before or after the travelling is considered ended)
travel ends; if $1 / 4$ of the team or more make any type of error listed during the traveling (either at the same time or at different times) (level is given according to highest requirements met either before or after the travelling is considered ended)
travel is counted (see requirements for specific travel features below)
travel ends; if executed during a change of configuration
element is given a no value; if all skaters do not rotate a minimum of $360^{\circ}$ in one (1) rotational direction or a comparable distance if both rotational directions are used
feature is not counted; if traveling is interrupted for more than two (2) seconds
call the element according to the requirements that are met
TW2 will be the highest call; if not all skaters are rotating according to the requirements during travel travel ends; when the skaters change the rotational direction during the traveling

TW1 will be the highest call; if there are not at least two (2) listed turns/steps included during the traveling (the same turn/step may be executed twice)
travel ends; if $1 / 4$ of the team or more are not executing the same linking steps/turns/steps in the same skating direction, at the same time during traveling
turn(s)/step(s) is not counted; if entry and/or exit of the turn(s)/step(s) is two footed
one (1) level lower will be called; if two (2) turns/steps are attempted but one (1) or both of the turns is not executed on one (1) foot by $1 / 4$ of the team or more
travel is counted; independently of which linking steps that are included

Call the element according to the correctly executed requirements

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## WHEEL - TRAVELING ELEMENT Continued

## TRAVEL EXTRA FEATURES 1. Release of hold for three (3) seconds while traveling

| All skaters must release hold at the same time for a minimum of three (3) seconds | travel extra feature is not counted; if all skaters do not release their holds at the same time |
| :---: | :---: |
|  | travel extra feature is not counted; if a no hold is not maintained for a minimum of three (3) seconds |
| During the release of hold each skater must turn / rotate at least $360^{\circ}$ or use both skating directions (forward and backward) i.e. only skating backward (or forward) are not permitted | feature is not counted; if a turn/ rotation does not rotate at least $360^{\circ}$ or use of both skating directions is not included |
| If using both skating directions skaters must take at least two (2) consecutive foot placements in the new skating direction during the release | feature is not counted; if skaters do not take two (2) consecutive foot placements in the new skating direction |
| 2. Two (2) $360^{\circ}$ rotations executed one (1) after the other while traveling |  |
| Any type of turns/steps or rotating linking steps may be used | travel extra feature is counted |
| The rotations may be executed on one (1) foot or two (2) feet | travel extra feature is counted |
| The two (2) rotations must both be executed in the same rotational direction | travel extra feature is not counted; if a combination of rotational directions are used |
| Linking steps that do not rotate and holding in between the rotations are not permitted | travel extra feature is not counted |
| 3. Skaters/Spokes change places/positions with another Skater/Spoke |  |
| All spokes/skaters must change position at the same time | travel extra feature is not counted; if ALL skaters/spokes do not change place/position |
|  | travel extra feature is not counted; if executed in syncopation or at different times |
| There are no restrictions on how the change of places/positions should be executed (stopping is not permitted | travel extra feature is not counted; if the skaters stop during the feature |
| Combining both the change places of skaters and change position of spokes is permitted | change of places/position is counted; as long as it is done at the same time |
| If using an odd number of skater (i.e.; 3, 5 or 7); the change of places/position will still be counted even if one (1) of the skaters remains in the same position | change of places/position is counted |
| Change of configuration is not permitted at the same time as the change of position of each spoke | travel extra feature is not counted and travel ends; if a change of configuration is executed |
| The wheel must continue to rotate and travel during a change of position of each spoke | travel extra feature is not counted; if the rotation of the wheel stops rotating or traveling for two (2) seconds or more |

