2017-18 Adult Singles Free Skating Elements (1st September 2017) V2

COPPER	JUMP ELEMENTS (Max 4)	SPINS (Max 2)	CHOREOGRAPHIC SEQUENCE
Max 1:40	 Single and half revolution jumps only permitted. 	 Maximum 2 spins of a different abbreviation. Flying Spins are NOT permitted. 	Connecting steps throughout the program are required and marked as
IJS Level – Adult Copper Maximum level of	 Lutz, Axel type jumps, double or triple jumps NOT permitted. Maximum 2 jump combinations or sequences. 	 All spins must have a minimum of 3 revolutions. Minimum of 2 revs in each position to be counted. 	Transitions
difficulty is 1 Program Components Factor 1.6	 1 combo only may have up to 3 listed jumps. Sequences may have any number of single jumps linked by non-listed jumps and/or hops immediately following each other and maintaining the rhythm. 		
Deduction per fall 0.5	 Steps, turns, crossovers and stroking are not permitted during a jump sequence. Each listed jump may be performed a maximum of 2 times in the program. 		

BRONZE	JUMP ELEMENTS (Max 4)	SPINS (Max 2)	CHOREOGRAPHIC SEQUENCE (Max 1)
Max 1:50	Single Jumps only permitted.	Maximum 2 spins of a different abbreviation.	• Utilising at least ½ of the ice
IJS Level – Adult Bronze	 Axel type jumps, double or triple jumps NOT permitted. Maximum 2 jump combinations or 	 Flying Spins are NOT permitted. Minimum 1 spin in one position with no change of foot, min 3 revs. 	surface.Pattern is not restricted.May consist of any kind of
Maximum level of difficulty is 1	 sequences. 1 combo only may have up to 3 listed jumps. Sequences may have any number of single 	 All spins must have minimum required revolutions. Spins with only one position and no change of foot, minimum 3 revs. 	movements: steps, turns, spirals, arabesques, spread eagles, Ina Bauer, hydro-blading, transitional
Program Components Factor 1.6	jumps linked by non-listed jumps and/or hops immediately following each other and maintaining the rhythm.Steps, turns, crossovers and stroking are not	 Spin combinations with no change of foot, minimum 4 revs. Spin combinations with change of foot, minimum 3 revs per foot, minimum 2 positions. 	(unlisted) jumps, spinning movements etc.Base value and evaluated by the judges in GOE only.
Deduction per fall 0.5	 permitted during a jump sequence. Each listed jump may be performed a maximum of 2 times in the program. 	• Min of 2 revs in each position to be counted.	

2017-18 Adult Singles Free Skating Elements (1st September 2017) V2

SILVER	JUMP ELEMENTS (Max 5)	SPINS (Max 3)	STEP SEQUENCE (Max 1)
Max 2:10	 Single Jumps only permitted. 	 Max 3 spins of a different abbreviation. 	 Utilising at least ½ of the ice
	 Double or triple jumps NOT permitted. 	 One must be a spin combination. 	surface.
IJS Level -	 Maximum 2 jump combinations or 	 All spins must have min required revolutions. 	 Pattern is not restricted.
Adult Silver	<u>sequences</u> .	 Flying spins with no change of foot after landing, 	
	 1 combo only may have up to 3 jumps. 	min 3 revs.	
Maximum level of	 Sequences may have any number of single 	 Spins with only one position and no change of 	
difficulty is 2	jumps linked by non-listed jumps and/or	foot, min 3 revs.	
Duran	hops immediately following each other and	 Spins combo with no change foot, 4 revs. 	
Program	maintaining the rhythm.	 Spins combo with change of foot or spins in one 	
Components Factor	 Steps, turns, crossovers and stroking are not 	position with change of foot, min 4 revs per foot.	
1.6	permitted during a jump sequence.	 Min of 2 revs in each position to be counted. 	
Deduction per fall	• Each listed jump may be performed a		
0.5	maximum of 2 times in the program.		

GOLD	JUMP ELEMENTS (Max 6)	SPINS (Max 3)	STEP SEQUENCE (Max 1)
Max 2:50	• Single or Double Jumps only permitted.	Max 3 spins of a different abbreviation	 Fully utilising the ice surface.
	 Triple jumps NOT permitted. 	One must be a spin combination with change	 Pattern is not restricted.
IJS Level –	 Double Flip, Double Lutz and Double 	of foot.	
Adult Gold	Axel NOT permitted.	 One must be a flying spin. 	
	 Max 3 jump combo/sequence. 	 Flying spins with no change of foot after 	
Maximum level of	• 1 combo only may have up to 3 jumps.	landing, min 4 revs.	
difficulty is 3	 Sequences may have any number of 	• Spins with only one position and no change of	
_	single jumps linked by non-listed jumps	foot, min 4 revs.	
Program	and/or hops immediately following each	• Spins combo with no change foot, 4 revs.	
Components	other and maintaining the rhythm.	• Spins combo with change of foot or spins in	
Factor 1.6	• Steps, turns, crossovers and stroking are	one position with change of foot, min 4 revs	
	not permitted during a jump sequence.	per foot.	
Deduction per fall 0.5	 Each listed jump may be performed a 	• Min of 2 revs in each position to be counted.	
	maximum of 2 times in the program.		

2017-18 Adult Singles Free Skating Elements (1st September 2017) V2

MASTERS and ELITE MASTERS	JUMP ELEMENTS (Max 7)	SPINS (Max 3)	STEP SEQUENCE (Max 1)
Max 3:10 IJS Level – Adult Masters/Elite Maximum level of difficulty is 4 Program Components Factor 1.6 Deduction per fall 0.5	 One of which must be an Axel type jump Single, Double and Triple Jumps are permitted. Max 3 jump combo/sequence. 1 combo only may have up to 3 jumps Sequences may have any number of single jumps linked by non-listed jumps and/or hops immediately following each other and maintaining the rhythm. Steps, turns, crossovers and stroking are not permitted during a jump sequence. Each listed jump may be performed a maximum of 2 times in the program. 	 Max 3 spins of a different abbreviation One must be spin combination with change of foot One must be flying spin All spins must have min required revs. Flying spins with no change of foot after landing, min 5 revs. Spins with only one position and no change of foot, min 5 revs. Spins combo with no change foot, 5 revs. Spins combo with change of foot or spins in one position with change of foot, min 4 revs per foot. Min of 2 revs in each position to be counted 	 Fully utilising the ice surface. Pattern is not restricted.