

# ICE SKATING AUSTRALIA

## 2017 / 2018 Pairs Short Program Elements (1st June 2017)

|   |  |  |   |   |   |  |   |
|---|--|--|---|---|---|--|---|
| <b>ADVANCED NOVICE</b><br><br>2:20 +/- 10 sec<br>IJS Level -<br>Advanced Novice<br><br>ISU Communication 2024<br>Max Level 3<br>Components<br>SS, TR, PE, IN<br><b>Deduct fall one partner 0.5<br/>                 both partners 1.0 per element</b> | <b>Lifts</b><br><br>Any Group 1-4<br>One arm hold<br>not allowed<br>Min 1 rev and<br>Max 3½ revs by<br>man | <b>Twist Lift</b><br><br>Single or<br>Double |   | <b>Solo Jump</b><br><br>Single or<br>Double   | <b>Pair Spin</b><br><br>With at least one<br>change of position by<br>both partners<br><br>Min 6 rev in total | <b>Death Spiral</b><br><br>Any death spiral  | <b>Step Sequence</b><br><br>Pattern not required<br>but must fully utilize<br>the ice surface |
| <b>JUNIOR</b><br><br>2:40 +/- 10 sec<br><br>IJS Level<br>Junior<br><br>ISU Rule 620 - 2017/18   | <b>Lifts</b><br><br><u>Any</u><br><u>Group 3</u><br>Min 1 rev and<br>Max 3½ revs by<br>man                 | <b>Twist Lift</b><br><br>Double or<br>Triple | <b>Throw Jump</b><br><br><u>Double or</u><br><u>Triple</u><br><u>Loop</u><br><br>Jumps with<br>less than<br>required<br>revolutions<br>will receive<br>no value | <b>Solo Jump</b><br><br><u>Double Lutz</u><br><br>Jumps with less than required<br>revolutions will receive no<br>value | <b>Pair Spin<br/>Combination</b><br><br>Spin with only one<br>change of foot<br><br>Total 8 rev               | <b>Death Spiral<br/>Forward Inside</b><br><br>When final death<br>spiral position is<br>attained, both<br>partners must<br>execute 1 full rev<br>with man in low<br>pivot position | <b>Step Sequence</b><br><br>Pattern not required<br>but must fully utilize<br>the ice surface |
| <b>SENIOR</b><br><br>2:40 +/- 10 sec<br>IJS Level<br>Senior<br><br>ISU Rule 620 – 2017/18   | <b>Lifts</b><br><br><u>Any</u><br><u>Group 3</u><br>Min 1 rev and<br>Max 3½ revs by<br>man                 | <b>Twist Lift</b><br><br>Double or<br>Triple | <b>Throw Jump</b><br><br>Double or<br>Triple<br><br>Jumps with<br>less than<br>required<br>revolutions<br>will receive<br>no value                              | <b>Solo Jump<br/>Double or Triple</b><br><br>Jumps with less than required<br>revolutions will receive no<br>value      | <b>Pair Spin<br/>Combination</b><br><br>Spin with only one<br>change of<br>foot<br><br>Total 8 rev            | <b>Death Spiral<br/>Forward Inside</b><br><br>When final death<br>spiral position is<br>attained, both<br>partners must<br>execute 1 full rev<br>with man in low<br>pivot position | <b>Step Sequence</b><br><br>Pattern not required<br>but must fully utilize<br>the ice surface |