



AUSTRALIAN PROFESSIONAL SKATERS' ASSOCIATION INC. LEVEL 1 ACCREDITATION

PURPOSE - To equip coaches with the skills and knowledge necessary to coach through to Pre-Primary level.

1. Level 0 Accreditation – Pre-Requisite

In order to be accepted into the NCAS Level 1 Figure Skating Coach accreditation program, participants are required to have completed all requirements of the NCAS Level 0 Figure Skating coach accreditation program, including the ASC's Beginning Coaching General Principles course.

2. Sports Specific Course

The two-day Sports Specific course covers the basics of coaching figure skating. Its purpose is to equip and enable coaches with the skill and knowledge necessary for the ISA Preliminary Level through to the Pre-Primary Level. It is supplied and presented by APSA in conjunction with Ice Skating Australia. It is a course approved and regulated by the Australian Sports Commission.

The cost of the course will include:

- Presentation of the modules necessary to complete the course
- Ice Rink and classroom entry
- Required text for the course – NCAS Level 1 Figure Skating Coaching Manual
- Registration Fee with the Australian Sports Commission.

3. 40 Hours of Apprentice Coaching.

You will be required to stand in on 40 hours of lessons, with APSA approved trainer coaches. You should not interfere with the lesson, but should listen and learn from the experience of the Mentor Coach. You should stand in with at least 3 different trainer coaches. The lessons must be both group classes and private and must only cover coaching beginners through to Pre-Primary level students.

The list of approved trainer coaches can be found on the APSA website at www.apsa.net.au.

**4. Minimum test level: Pre-Primary Pattern Test and Pre-Primary Free Style Test
OR Pre-Primary Pattern Test and Pre-Primary Dance Test**

You will need to supply a copy of your ISA Test Certificate/s showing a minimum level of Pre-Primary Pattern and Pre-Primary Free Style OR Pre-Primary Pattern and Pre-Primary Dance.

If you have completed your own skating in another country, or in Australia prior to the current test system, you will need to prove equivalency at this level.

5. ISA Membership

Participants must be current financial members of Ice Skating Australia through their affiliated State Member. A photocopy of your State membership card / receipt must accompany this application form.

6. Working With Children Police Check

Participants 18 years and over must supply a copy of your certificate / card showing a police check has been conducted for the purposes of Working with Children, according to the laws of the state in which you live. The cost and procedures to obtain a certificate will vary between each state in Australia.

7. Written Assessments

You will receive by email and / or hard copy a written technical exam paper and a written assignment to complete. You will have 3 weeks to complete both written assessments and return them to your course administrator. They are both open book assessments (you may use your Manual that you received at the Sports Specific Course).

On passing the exam (95% is required) and completing the assignment, you will receive email notification, which should be printed ready to be sent to the accreditation officer on completion of all accreditation requirements.

8. Practical Assessment

You will be required to conduct a practical coaching session of approximately 45 minutes, made up of 3 lessons, for a Preliminary, Elementary and Pre-primary Singles skater.

This assessment task will enable the coach to demonstrate competency in Foundational Coaching and Technical Elements covering Preliminary through to Pre-Primary level. The criteria for the competency assessment will be issued to the candidate on receipt of their application for the course.

On passing the practical assessment you will receive notification, which should be printed ready to be sent to the accreditation officer on completion of all accreditation requirements.