ICE SKATING AUSTRALIA 2013 / 2014 Pairs Short Program Elements (20th June 2013)

	Lifts	Twist Lift		Solo Jump	Solo Spin	Death Spiral	Step Sequence
NOVICE				Single or	Solo Spin or	Any death spiral or pivot figure	Pattern not required
2:30 max	Any Group 1-4	Single or Double		Double	Spin Combination		but must fully utilize the ice surface
	One arm hold not allowed	Double				If Pivot Figure is used it is marked in GOE only	
ISU Communication 1760 Max Level 3	Max 31/2 revs by				Min 5 rev in total	,	
Components SS, TR, PE, IN	man						
	Lifts	Twist Lift	Throw Jump	Solo Jump	Pair Spin Combination	Death Spiral	Step Sequence
JUNIOR 2:50 max IJS Level Junior ISU Rule 520 - 2013/14	Toe Lasso lift take off (Group 5) Min 1 rev and Max 31/2 revs by man	Double	Double or Triple Toe Loop	Double loop or Double Axel Jump	Spin with only 1 change of foot Total 8 rev	Backward Inside When final death spiral posn is attained, both partners must execute 1 full rev with man in low pivot posn	Pattern not required but must fully utilize the ice surface
	Lifts	Twist Lift	Throw Jump	Solo Jump	Pair Spin Combination	Death Spiral	Step Sequence
SENIOR	Any Lasso Lift take off	Double or	Double or Triple	Double or Triple	Spin with only 1 change of foot	Backward Inside	Pattern not required but must fully utilize
2:50 max IJS Level Senior	(Group 5) Min 1 rev and	Triple				When final death spiral posn is attained, both partners must execute 1 full rev with man in	the ice surface
ISU Rule 520 – 2013/14	Max 31/2 revs by man				Total 8 rev	low pivot posn	

2013 / 2014 Pairs SP Elements Page 1 of 1