



# APSA LEVEL 2 ACCREDITATION

Endorsed by Ice Skating Australia (ISA) as part of the Australian Sports Commission (ASC) National Coaches Accreditation Scheme (NCAS)

## SPORTS SPECIFIC COURSE ANNOUNCEMENT / APPLICATION

<b>COURSE DATES</b>	<b>Tues 14<sup>th</sup> / Wed 15<sup>th</sup> / Thurs 16<sup>th</sup> June 2016 7.00am – 6.30pm each day.</b>
<b>COURSE VENUES</b>	<b>Canterbury Ice Rink NSW (7am – 1pm) Canterbury Hurlstone Park RSL Club (2pm – 6.30pm)</b>
<b>COST OF THE COURSE</b>	<b>\$600 for 1 Discipline \$675 for 2 Disciplines \$750 for 3 Disciplines</b>

### **COST OF THE COURSE INCLUDES:**

All specialist presentations for the course including your chosen disciplines.  
Ice Rink Entry – 3 days  
Class Room Hire – 3 days  
Required Text Book  
Written assessments and 45 Minute On Ice Assessment / per discipline applied for.  
3 Home Study Assignments  
Marking of All Assessments and Assignments  
Refreshments (Morning / Afternoon Tea)  
ASC Re-Registration Fee to Level 2 Accreditation

**CLOSING DATE FOR DEPOSITS / APPLICATION FORMS - 30<sup>th</sup> April 2016**  
**PLEASE EMAIL ALL APPLICATION FORMS TO THE COURSE ADMINISTRATOR**  
Email: [adele.leghorn@yahoo.com.au](mailto:adele.leghorn@yahoo.com.au)

## **LEVEL 2 ACCREDITATION REQUIREMENTS**

**PURPOSE - To equip coaches with the skills and knowledge necessary to coach through to Novice level.**

Level 2 Accreditation is open to any Australian Sports Commission (ASC) Level 1 registered coach and will consist of two courses.

1. Intermediate General Principles of Coaching provided by the ASC.
2. Sports Specific Course provided by APSA (Including On Ice Course & Home Study Assignments)

These two sections of Level 2 Accreditation may be taken in any order, however, both courses and all assessments and assignment work will need to be completed within 12 months of the Sports Specific course.

## **EXTERNAL COURSE - ASC Intermediate Coaching General Principles**

The Australian Sports Commission provides the Intermediate Coaching General Principles Course for all Sports. It is up to each candidate to organize this course through the Department of Sport & Recreation in your state. A copy of your certificate of successful completion will need to be sent to APSA.

## **SPORTS SPECIFIC COURSE**

The modules listed below will all be conducted by APSA in the Sports Specific course. Written assessments for Music and Off Ice Training and Conditioning must be passed. Written and Practical Assessments for your nominated discipline/s must also be passed.

- \* Course Overview
- \* Pattern Tests
- \* Turns and Steps
- \* Choreography
- \* Technique of Elements – Discipline Specific
- \* Music
- \* Planning
- \* Biomechanics Relating to Skating Elements
- \* Member Protection and Child Protection
- \* Managing the Risks of Coaching
- \* Off Ice Training and Conditioning
- \* Practical Coaching Assessment – Discipline Specific
- \* Written Assessment – Discipline Specific

## **HOME STUDY ASSIGNMENTS**

Each Home Study Assignment / Exam will be emailed to you monthly over 3 months at the conclusion of the Sports Specific course. Instructions of how to complete the assignment, exam or DVD will accompany the module.

- \* International Judging System
- \* Choreography
- \* Planning & Periodization

**The choreography assignment must be completed for each of your nominated disciplines.**

## **LEVEL 2 ACCREDITATION STATUS:**

On completion of both courses listed above, attainment of competency in the home study assignments and gaining a pass on all written and practical assessments, you will be accredited at Level 2 with the Australian Sports Commission and receive your new ASC Level 2 accreditation card. This will make you eligible to progress to Level 3.

You will be listed on the APSA website as a Level 2 coach in the discipline/s that you have nominated and been assessed in. If in the future you want to add further disciplines to your Level 2 status you will need to complete and pass the written exam, practical assessment and choreography assignment for that discipline.

Please note that your APSA membership (through your State Professional Association) must be current and your Working with Children Check Certificate / Card must also be current to maintain your accreditation.

On becoming a Level 2 Accredited coach you will be required to attain 15 Update Points per year to maintain your accreditation. Activities that qualify to receive update points are listed on the APSA website [www.apsa.net.au](http://www.apsa.net.au)



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**7.00am – 6.30pm each day.**

**COURSE VENUES**      **Canterbury Ice Rink NSW**  
**Canterbury Hurlstone Park RSL Club**

**COST OF THE COURSE**      **\$600 for 1 Discipline**  
**\$675 for 2 Disciplines**  
**\$750 for 3 Disciplines**

**NAME**

**EMAIL**

**PHONE / S**

**CURRENT STATE PSA MEMBERSHIP NUMBER**

**CURRENT ASC NUMBER**

**CURRENT WWC Card / Certificate Number** \_\_\_\_\_

**LEVEL 2 ASSESSMENT DISCIPLINES APPLYING FOR**  
(Please Circle / Highlight)    -

**LEV 2 SINGLES**

**LEV 2 PAIRS**

**LEV 2 ICE DANCE**

**LEV 2 SYNCHRONISED**

- **DEPOSIT OF \$200 AND APPLICATION FORM BY 30<sup>th</sup> April 2016**
- Deposit to be paid by Chq / Money Order or into the APSA Bank Account Please attach receipt of direct deposit to your application form.
- NAME: Australian Professional Skaters Association Inc.  
BSB: 082 344      ACCOUNT: 174545254
- **Balance of Course fees required by 31<sup>st</sup> May 2016**
- All forms and deposits to the Course Administrator
- Email: [adele.leghorn@yahoo.com.au](mailto:adele.leghorn@yahoo.com.au)
- Post: APSA, PO Box 4138, Macquarie Centre, North Ryde, 2113

Signature \_\_\_\_\_ Date \_\_\_\_\_