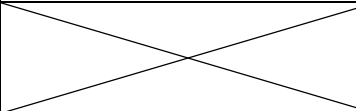


ICE SKATING AUSTRALIA 2018 / 2019 Adult Dance Requirements (20th April 2018)

Reference: <https://www.isu.org/docman-documents-links/isu-files/event-documents/figure-skating-4/2017-18-6/international-4/announcements-20/15295-isu-adult-2018-announcement-oberstdorf/file>

Without Key points	PATTERN DANCE	Number of Sequences to skate	Number of Sections per Sequence	Section Steps
BRONZE	Foxtrot*	3	1	1 to 14
	European Waltz	2	1	1 to 18
SILVER	Paso Doble*	2	1	1 to 28
	American Waltz	2	1	1 to 16
GOLD	Westminster Waltz*	2	2	1 to 17, 18 to 32
	Blues	3	1	1 to 22
MASTERS and MASTERS ELITE	Rhumba*	4	1	1 to 16
	Westminster Waltz	2	2	1 to 17, 18 to 32
* Own music chosen in accordance with the rhythm of the Pattern Dance				
The points for each Program Component are multiplied by a factor of 0.7.				
The total score for each dance will be multiplied by a factor of 0.5.				

ADULT DANCE FREE DANCE ELEMENTS	LIFTS	STEP SEQUENCE	DANCE SPIN	TWIZZLES
BRONZE Maximum 2 min	One (1) Short Lift Maximum Level 1	One (1) in a Diagonal Pattern only, in hold. Style B	Maximum of one (1) Dance Spin. (No Combination Spin)	
SILVER Max 2 min and 40 secs	One (1) Short Lift Maximum Level 2			
GOLD Max 3 min and 10 secs	OR Three (3) different types of Short Lift	One (1) in a Circular Pattern only, in hold. Style A	One (1) Spin OR One (1) Combination Spin	One (1) set of Synchronized Twizzles
MASTERS Max 3 min and 10 secs				
ELITE Max 3 min and 10 secs				
The points for each Program Component are multiplied by a factor of 1.2.				