

## ICE SKATING AUSTRALIA 2018 / 2019 Ice Dance Elements V2 (2<sup>nd</sup> August 2018)

	All competitions and championships	Number of Sequences to skate	Number of Sections per Sequence	Section Steps
<b>ELEMENTARY PD</b> Without Key Points	Dutch Waltz	2	1	1 to 16
	Swing Dance	2	1	1 to 30
<b>PRE-PRIMARY PD</b> Without Key Points	Fiesta Tango	3	1	1 to 16
	Foxtrot	4	1	1 to 14
<b>BASIC NOVICE PD</b> Without Key Points  Two Dances in each competition.	Swing Dance	2	1	1 to 30
	Willow Waltz	2	1	1 to 22
	Fiesta Tango	3	1	1 to 16
	Competitions in January, April, July, October.		Swing Dance	Willow Waltz
	Competitions in February, May, August, November		Willow Waltz	Fiesta Tango
	Competitions in March, June, September, December		Fiesta Tango	Swing Dance
<b>ADVANCED NOVICE PD</b> with 2 Key Points, up to Level 3	Argentine Tango	2	1	1
	Blues	3	1	1 to 17
For all pattern dances, choice of own music in accordance with the rhythm of the Pattern Dance. ISU Tunes 1 to 5 permitted.				
Mark all Program Components.				
The points for each Program Component are multiplied by a factor of 0.7.				
The total score for each pattern dance will be multiplied by a factor of 0.5.				
Refer to ISA By-Law 337.				
Refer to ISU Communication 2148 for Basic and Advanced Novice.				

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<b>SHORT (RHYTHM) DANCE</b> Refer to ISU Communication 2148	<b>JUNIOR</b> <b>2 minutes and 50 seconds (+/-) 10 seconds</b>	<b>SENIOR</b> <b>2 minutes and 50 seconds (+/-) 10 seconds</b>
<b>PATTERN DANCE</b>	<p><b>Two (2) Sections of Argentine Tango (96bpm +/- 2 bpm)</b> to be skated one after the other.</p> <p>Section 1 Steps 1 to 18 Section 2 Steps 19 to 31</p> <p><b>Option 1</b> Section 1 followed by Section 2 with Step 1 on the judges' left side.</p> <p><b>Option 2</b> Section 2 followed by Section 1 with Step 19 on the judges' right side.</p>	<p><b>Two (2) Sections of Tango Romantica (112 bpm +/- 2 bpm)</b> to be skated one after the other.</p> <p>Section 1 Steps 1 to 27 Section 2 Steps 28 to 49</p> <p>Section 1 followed by Section 2 with Step 1 on the judges' left side.</p>
<b>DANCE LIFT</b>	<b>Maximum one (1) Short Lift (up to 7 seconds)</b>	
<b>STEP SEQUENCE</b>	<p><b>One (1) Step Sequence in Hold or Not Touching or a Combination of both (Style B) chosen from the following Types of Pattern:</b></p> <ul style="list-style-type: none"> <li>• Midline – skated along the full length of the ice surface on the Long Axis</li> <li>• Diagonal – skated as fully corner to corner as possible</li> <li>• Circular – utilising the full width of the ice surface on the Short Axis</li> </ul> <p>The integrity or basic shape of the chosen pattern must be maintained and clearly recognisable otherwise there will be a reduction for incorrect Pattern by the Judges.</p> <p><b>Specifications for Style B, Rhythm Dance 2018-2019:</b></p> <ul style="list-style-type: none"> <li>- <b>One (1) Stop permitted, up to 5 seconds</b></li> <li>- One (1) Retrogression up to two measures is permitted and may start from the permitted Stop.</li> <li>- Loops NOT permitted</li> <li>- The Hold requirement is not considered for Level</li> </ul>	
<b>SEQUENTIAL TWIZZLES</b>	<p><b>One (1) Combination Set of Sequential Twizzles</b> At least two twizzles for each partner, with up to 1 step maximum between Twizzles.</p>	

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<b>ELEMENTARY FREE DANCE</b>	<b>LIFTS</b>	<b>DANCE SPINS</b>	<b>STEP SEQUENCES</b>	<b>TWIZZLES</b>	<b>ADDITIONAL INFORMATION</b>
<b>Mark all components Factor 1.2 each</b>	<b>One Short Lift</b>	<b>Not required</b>	<b>One</b>	<b>One</b>	
1:30 +/- 10 secs  NO vocal music  IJS Level – Elementary  Max Level 1 to be called for features  Fall deduction 0.5 per fall per skater  Refer to ISA By-Law 339	Chosen from Straight Line Curved Rotational  One additional lift (up to 6 secs without any requirements for the Level of Difficulty)	A spinning movement skated by the couple together in any hold around a common axis on one or two feet with any number of rotations is permitted.  If performed, it will be ignored by the Technical Panel and Judges will not consider these movements as one of the permitted stops.	Choice of either Style A or B	One (1) set of Synchronized Twizzles	Stationary Lift – if performed as the lift with a Level of Difficulty will be:  <ul style="list-style-type: none"> <li>• Identified by the Technical Panel to occupy a box</li> <li>• Given No Value</li> <li>• Considered and extra element (element not according to the Well Balanced Program)</li> </ul>

<b>PRE-PRIMARY FREE DANCE</b>	<b>LIFTS</b>	<b>DANCE SPINS</b>	<b>STEP SEQUENCES</b>	<b>TWIZZLES</b>	<b>ADDITIONAL INFORMATION</b>
<b>Mark all components Factor 1.2 each</b>	<b>One Short Lift</b>	<b>Not required</b>	<b>One</b>	<b>One</b>	
2:00 +/- 10 secs  NO vocal music  IJS Level – Pre-Primary  Max Level 1 to be called for features  Fall deduction 0.5 per fall per skater  Refer to ISA By-Law 339	Chosen from Straight Line Curved Rotational  One additional lift (up to 6 secs without any requirements for the Level of Difficulty)	A spinning movement skated by the couple together in any hold around a common axis on one or two feet with any number of rotations is permitted.  If performed, it will be ignored by the Technical Panel and Judges will not consider these movements as one of the permitted stops.	Choice of either Style A or B	One (1) set of Synchronized Twizzles	Stationary Lift – if performed as the lift with a Level of Difficulty will be:  <ul style="list-style-type: none"> <li>• Identified by the Technical Panel to occupy a box</li> <li>• Given No Value</li> <li>• Considered and extra element (element not according to the Well Balanced Program)</li> </ul>

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<b>BASIC NOVICE FREE DANCE</b>	<b>LIFTS</b>	<b>DANCE SPINS</b>	<b>STEP SEQUENCES</b>	<b>TWIZZLES</b>	<b>CHOREOGRAPHIC ELEMENT</b>
<b>Mark all components Factor 1.0 each</b>	<b>One</b>	<b>Not required</b>	<b>One</b>	<b>One</b>	<b>One</b>
2:00 +/- 10 secs  Vocal music permitted  IJS Level – Basic Novice  Max Level 2 to be called for features  Fall deduction 0.5 per fall per skater  Refer to ISU Communication 2024	No more than one (1) Short Lift chosen from  Straight Line Curved Rotational	In a Free Dance where the Dance Spin is not a Required Element, the first performed Dance Spin or Spinning Movement shall be identified as the Choreographic Spinning Movement, if no other Choreographic Element has been identified and confirmed.	Style B only, chosen from:  Straight Line (midline or diagonal) in hold  OR  Curved (circular or serpentine) in hold	One (1) set of Synchronized Twizzles	Chosen from:  Choreographic Spinning Movement  OR  Choreographic Twizzling Movement

<b>ADVANCED NOVICE FREE DANCE</b>	<b>LIFTS</b>	<b>DANCE SPINS</b>	<b>STEP SEQUENCES</b>	<b>TWIZZLES</b>	<b>CHOREOGRAPHIC ELEMENT</b>
<b>Mark all components Factor 1.0</b>	<b>Two</b>	<b>One</b>	<b>One</b>	<b>One</b>	<b>One</b>
3:00 +/- 10 secs  Vocal music permitted  IJS Level – Advanced Novice  Max Level 3 to be called for features  Fall deduction 0.5 per fall per skater  Refer to ISU Communication 2024	No more than two (2) different types of Short Lift chosen from  Straight Line Curved Rotational	One (1) Spin  A combination spin is not permitted	Style B only, chosen from:  Straight Line (midline or diagonal) in hold  OR  Curved (circular or serpentine) in hold	One (1) set of Synchronized Twizzles	Chosen from:  Choreographic Spinning Movement  OR  Choreographic Twizzling Movement

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<b>FREE DANCE</b> Refer to ISU Communication 2148	<b>JUNIOR</b> <b>3 minutes and 30 seconds (+/-) 10 seconds</b>	<b>SENIOR</b> <b>4 minutes (+/-) 10 seconds</b>
<b>DANCE LIFT</b> Not more than	<b>Two (2) Different Type Short Lift</b> <b>OR</b> <b>One (1) Combination Lift</b>	<b>Three (3) Different Type Short Lift</b> <b>OR</b> <b>One (1) Short Lift and One (1) Combination Lift</b>
<b>DANCE SPIN</b> Not more than	<b>One (1) Dance Spin (Spin or Combination Spin)</b>	
<b>STEP SEQUENCE –</b> <b>Types: Straight Line or Curve</b>	<p style="text-align: center;"><b>Two (2)</b></p> <ul style="list-style-type: none"> <li>• <b>One (1) Step Sequence in Hold (Style B)</b></li> </ul> <p style="text-align: center;"><b>Specifications for Style B, Free Dance 2018-2019:</b>                      Retrogression - one (1) permitted – must not exceed two measures of music.                      Separations permitted, no more than 2 arms length and must not exceed 5 seconds                      Loops NOT permitted, a narrow loop an acceptable shape in retrogression                      Hand in hand hold - NOT permitted with fully extended arms                      Stops - NOT permitted</p> <p style="text-align: center;">The integrity or basic shape of the chosen pattern must be maintained and clearly recognisable otherwise there will be a reduction for incorrect Pattern by the Judges.</p> <ul style="list-style-type: none"> <li>• <b>One (1) Combination One Foot Step Sequence</b> Turns performed simultaneously on one foot by each partner Not touching</li> </ul>	
<b>SYNCHRONIZED TWIZZLES</b>	<p style="text-align: center;"><b>One (1) Combination Set of Synchronized Twizzles</b></p> <p style="text-align: center;">At least two twizzles for each partner, with up to 3 steps maximum between Twizzles. Partners may be in hold during the connecting steps.</p>	
<b>CHOREOGRAPHIC ELEMENT</b>	<p><b>Two (2) Different Choreographic Elements chosen from:</b></p> Choreographic Lift Choreographic Spinning Movement Choreographic Twizzling Movement Choreographic Sliding Movement Choreographic Character Step Sequence	<p><b>Three (3) Different Choreographic Elements</b>  <b>One (1) of which must be a Choreographic Character Step Sequence</b>  <b>Two (2) additional chosen from:</b></p> Choreographic Lift Choreographic Spinning Movement Choreographic Twizzling Movement Choreographic Sliding Movement