

<p><b>PRE-PRIMARY</b> 2:00 +/- 10 sec Max Level 2 to be called for elements with features</p> <p><b>Components SS, PE</b></p> <p>IJS Level - Pre-Primary</p> <p>ISA 321</p>	<p><b>Lifts Max 1</b></p> <p>One lift selected from Group 1 or Group 2</p> <p>One arm holds are not allowed (full extension of the Lifting arm of the partner is not required).</p> <p>Min 1 rev by man</p>		<p><b>Throw Jump</b></p> <p>Single</p>	<p><b>Solo Jump Max 1</b></p> <p>Single</p>	<p><b>Solo Spin Max 1</b> No change of foot, change of position optional. Min 3 revs in total</p> <p><b>OR</b></p> <p><b>Pair Spin Max 1</b> No change of foot, no change of position. Min 3 revs in total</p> <p>May not commence with a jump.</p>	<p><b>Death Spiral or Pivot Figure Spiral Max 1</b></p> <p>Regular 1-hand to 1-hand hold required.</p> <p>In death or pivot figure position, both partners must execute min 1/2 rev with man in pivot position.</p> <p>Pivot Figure not eligible for features.</p>	<p><b>Step Sequence Max 1</b></p> <p>Fully utilizing the Ice surface</p>
<p><b>BASIC NOVICE</b> 3:00 +/- 10 sec Max Level 2 to be called for elements with features</p> <p><b>Components SS, P</b></p> <p>IJS Level - ISU Basic Novice Pair</p> <p>ISU Communication 2242</p> <p>Fall Deduction one partner 0.5 both partners 1.0 in same element</p>	<p><b>Lifts Max 2</b></p> <p>Two different lifts of Group 1 to Group 2</p> <p>One arm holds are not allowed (full extension of the lifting arm of the partner is not required).</p> <p>Min 1 rev by man</p>	<p><b>Twist Lift Max 1</b></p> <p>Twist Lift (Single)</p>		<p><b>Solo Jump Max 1</b></p> <p>Single or Double</p>	<p><b>Solo Spin Max 1</b> Without change Foot Min 5 revs, No change position With change of Foot Min 8 revs in total</p> <p><b>OR</b></p> <p><b>Pair Spin Max 1</b> No change of foot, no change of position. Min 5 revs in total</p>	<p><b>Pivot Figure Spiral Max 1</b></p> <p>Regular 1-hand to 1-hand hold required.</p> <p>In pivot figure position, both partners must execute min 1/2 rev with man in pivot position.</p> <p>Pivot Figure not eligible for features.</p>	<p><b>Step Sequence Max 1</b></p> <p>Fully utilizing the ice surface</p>

<p><b>ADVANCED NOVICE</b></p> <p>3:00 +/- 10 sec</p> <p>Max Level 3 <b>Components</b> SS, TR, P, IN</p> <p>IJS Level – ISU Advanced Novice Pair</p> <p><b>ISU Communication</b> 2242</p> <p>Fall Deduction one partner 0.5 both partners 1.0 in same element</p>	<p><b>Lifts</b> <b>Max 2</b></p> <p>Two different lifts of Groups 1 to 4, one arm holds not allowed. In group 1 and 2 full extension of the lifting arm of the partner is not required.</p> <p>Min 1 rev by man</p>	<p><b>Twist Lift</b> <b>Max 1</b></p> <p>Single or Double</p>	<p><b>Throw Jump</b> <b>Max 1</b></p> <p>Double</p>	<p><b>Solo Jump</b> <b>Max 1</b></p> <p>Double</p>	<p><b>Pair Spin Combination</b> <b>Max 1</b></p> <p>Min 6 revs in total</p>	<p><b>Death Spiral</b> <b>Max 1</b></p> <p>marked according to ISU rules.</p>	
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<p><b>JUNIOR</b></p> <p>3.30 +/-10 sec</p> <p>IJS Level - ISU Junior Pair</p> <p><b>ISU Rule 621 2019/20</b></p>	<p><b>Lifts</b> <b>Max 2</b></p> <p>Both lifts can't be from the same group</p> <p>Full extension of lifting arms</p> <p>Min 1 rev by man</p> <p>All lifts may include a carry but only first time attempted receives a level feature.</p>	<p><b>Twist Lift</b> <b>Max 1</b></p> <p>No limit to number of revs</p>	<p><b>Throw Jump</b> <b>Max 2</b></p> <p>Different</p>	<p><b>Solo Jump</b> <b>Max 1</b></p> <p>No limit on the number of revs</p>	<p><b>Jump Combination / Sequence</b> <b>Max 1</b></p> <p>Jump combination may consist of 2 or 3 jumps</p> <p>Jumps executed with more than 2 revs must be of different nature (different name), combo two jumps can be the same.</p> <p>Jump sequence only two jumps any listed jump followed by an axel type jump cant contain steps or hops.</p>	<p><b>Pair Spin Combination</b> <b>Max 1</b></p> <p>Min 8 revs</p> <p>At least 1 change of position by each partner and 1 change of foot by both partners.</p>	<p><b>Death Spiral</b> <b>Max 1</b></p> <p>Both partners must execute min 1 rev with man in low pivot posn</p>	<p><b>Choreographed Sequence</b> <b>Max 1</b></p> <p>Pattern is free but must be clearly visible. Fixed Base Value</p>
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	Lifts Max 3	Twist Lift Max 1	Throw Jump Max 2	Solo Jump Max 1	Jump Combination / Sequence Max 1	Pair Spin Max 1	Death Spiral Max 1	Choreographe Sequence Max 1
<p><b>SENIOR</b></p> <p>4:00 +/- 10 sec</p> <p>IJS Level - ISU Senior Pair</p> <p>ISU Rule 621 2019/20</p>	<p>Not all lifts from Same group</p> <p>Full extension of lifting arms</p> <p>Min 1 rev man</p> <p>If 2 Group 5 lifts are executed each must have different take- off (Toe, Step, Reverse or Axel type lasso)</p> <p>All lifts may include a carry but only first time attempted receives a level feature.</p>	<p>No limit to number of revs</p>	<p>Different</p>	<p>No limit on the number of revs</p>	<p>Jump combination may consist of 2 or 3 jumps</p> <p>Jumps executed with more than 2 revs must be of different nature (different name), however the combo two jumps can be the same. Jump sequence only two jumps any listed jump followed by an axel type jump cant contain steps or hops.</p>	<p>Pair Spin Combo</p> <p>Min 8 revs</p> <p>At least 1 chg of posn and 1 chg of foot by each partner (3 revs before and after chg of foot)</p>	<p>Different from the Death Spiral of the short Program. <u>Not Backward Inside</u></p> <p>Both partners must execute min 1 rev with man in full pivot position</p>	<p>Pattern is free but must be clearly visible. Fixed Base Value</p>