

# ICE SKATING AUSTRALIA

# 2019 / 2020 Pairs Short Program Elements (28<sup>th</sup> May 2019)

<p><b>ADVANCED NOVICE</b></p> <p>2:20 +/- 10 sec IJS Level - Advanced Novice</p> <p>ISU Communication 2242</p> <p>Max Level 3 Components SS, TR, P, IN</p> <p><b>Deduct fall one partner 0.5 both partners 1.0 per element</b></p>	<p><b>Lifts</b></p> <p>Any Group 1-4 One arm hold not allowed Min 1 rev by man</p>	<p><b>Twist Lift</b></p> <p>Single or Double</p>		<p><b>Solo Jump</b></p> <p>Double</p>	<p><b>Solo Spin Combo</b></p> <p>With no change of foot</p> <p>Min 6 rev in total</p>	<p><b>Death Spiral</b></p> <p>Any death spiral</p>	<p><b>Step Sequence</b></p> <p>Pattern not required but must fully utilize the ice surface</p>
<p><b>JUNIOR</b></p> <p>2:40 +/- 10 sec</p> <p>IJS Level Junior</p> <p>ISU Rule 620 - 2019/20</p>	<p><b>Lifts</b></p> <p><u>Any Group 5</u> Min 1 rev by man Carries are allowed but don't receive a feature</p>	<p><b>Twist Lift</b></p> <p>Double or Triple</p>	<p><b>Throw Jump</b></p> <p><u>Double or Triple Toe Loop or Flip/Lutz</u></p> <p>Jumps with less than required revolutions will receive no value</p>	<p><b>Solo Jump</b></p> <p><u>Double Loop or Double Axel</u></p> <p>Jumps with less than required revolutions will receive no value</p>	<p><b>Solo Spin Combination</b></p> <p>Spin with only one change of foot</p> <p>Min 5 revs on each foot</p>	<p><b>Death Spiral <u>Backward Inside</u></b></p> <p>When final death spiral position is attained, both partners must execute 1 full rev</p>	<p><b>Step Sequence</b></p> <p>Pattern not required but must fully utilize the ice surface</p>
<p><b>SENIOR</b></p> <p>2:40 +/- 10 sec IJS Level Senior</p> <p>ISU Rule 620 – 2019/20</p>	<p><b>Lifts</b></p> <p><u>Any Group 5</u> Min 1 rev and Max 3½ revs by man Carries are allowed but don't receive a feature</p>	<p><b>Twist Lift</b></p> <p>Double or Triple</p>	<p><b>Throw Jump</b></p> <p>Double or Triple</p> <p>Jumps with less than required revolutions will receive no value</p>	<p><b>Solo Jump Double or Triple</b></p> <p>Jumps with less than required revolutions will receive no value</p>	<p><b>Solo Spin Combination</b></p> <p>Spin with only one change of foot</p> <p>Min 5 revs on each foot</p>	<p><b>Death Spiral <u>Backward Inside</u></b></p> <p>When final death spiral position is attained, both partners must execute 1 full rev</p>	<p><b>Step Sequence</b></p> <p>Pattern not required but must fully utilize the ice surface</p>