

ICE SKATING AUSTRALIA 2019 / 2020 Adult Dance Requirements (30th May 2019)

Reference: www.isu.org/docman-documents-links/isu-files/event-documents/adult-figure-skating/18774-international-adult-competition-oberstdorf-2019-announcement/file

Without Key points	PATTERN DANCE	Number of Sequences to skate	Number of Sections per Sequence	Section Steps
BRONZE	Fourteenstep	4	1	1 to 14
	Willow Waltz	2	1	1 to 22
SILVER	Rocker Foxtrot	4	1	1 to 14
	Starlight Waltz	2	1	1 to 32
GOLD	Viennese Waltz	3	1	1 to 24
	Quickstep	4	1	1 to 22
MASTERS and MASTERS ELITE	Viennese Waltz	3	1	1 to 24
	Silver Samba	2	1	1 to 49
The points for each Program Component are multiplied by a factor of 0.7.				
The total score for each dance will be multiplied by a factor of 0.5.				

ADULT DANCE FREE DANCE ELEMENTS	LIFTS	STEP SEQUENCE	DANCE SPIN	TWIZZLES
BRONZE 1 minute 50 seconds +/- 10 seconds	One (1) Short Lift Maximum Level 1	One (1) in a Diagonal Pattern only, in hold. Style B	Maximum of one (1) Dance Spin. (No Combination Spin)	One (1) set of Synchronized Twizzles
SILVER 2 minutes 30 seconds +/- 10 seconds	One (1) Short Lift Maximum Level 2			
GOLD 3 minutes +/- 10 seconds	One (1) Combination Lift and one (1) Short Lift	One (1) in a Circular Pattern only, in hold. Style A	One (1) Spin OR One (1) Combination Spin	
MASTERS 3 minutes +/- 10 seconds	OR			
ELITE 3 minutes +/- 10 seconds	Three (3) different types of Short Lift			
The points for each Program Component are multiplied by a factor of 1.2.				