

**ICE SKATING AUSTRALIA 2019 / 2020 Solo Dance Requirements (30<sup>th</sup> May 2109)**

Without Key points	PATTERN DANCE (Group 2)	Number of Sequences to skate	Number of Sections per Sequence	Section Steps
<b>ELEMENTARY</b>	Swing Dance	2	1	1 to 30
<b>BASIC NOVICE</b>	Silver Samba	2	1	1 to 49
<b>ADVANCED NOVICE</b>	American Waltz	2	2	1 to 16
<b>ADULT</b>	Dutch Waltz	2	1	1 to 16
<b>OPEN</b>	Quickstep	4	1	1 to 18

SOLO DANCE RHYTHM DANCE ELEMENTS	1 Sequence of the nominated Pattern Dance (Group 3)	Maximum one (1) Spin	Maximum one (1) Step Sequence	Maximum one (1) set of Twizzles
<b>ELEMENTARY</b> 1min 30 secs +/- 10 secs <b>Max Level 1</b>	Swing Dance	Minimum 3 revolutions on 1 foot	Circular, Midline or Diagonal Pattern  <b>Serpentine not permitted.</b>  Must fully utilise the ice surface  Jumps of more than ½ rotation, stops, dance spins, pirouettes, pattern regression and loops are not permitted.	
<b>BASIC NOVICE</b> 2min +/- 10 secs <b>Max Level 1</b>	Tango Fiesta			
<b>ADVANCED NOVICE</b> 2min 30secs +/- 10 secs <b>Max Level 2</b>	Rhythm Blues			
<b>ADULT</b> 2min 30 secs +/- 10 secs <b>Max Level 4</b>	Quickstep			
<b>OPEN</b> 3min +/- 10 secs <b>Max Level 4</b>	Rocker Foxtrot			