

APSA RETURN TO COACHING POLICY

Policy number: RCP001

Version: 002

Drafted by: Monica MacDonald / Robi Chalmers

Approved by the Committee: 14 / 03 / 2021

Responsible Person (s): Accreditation Officer
President

Scheduled review date: 31 / 03 / 2022

PART A - INTRODUCTION

PART B - POLICY

PART C - APPLICATION

PART A - INTRODUCTION

The Australian Professional Skaters' Association (APSA Inc.) welcomes coaches back to the sport. Like all sports Figure Skating is continuously changing and as such you will be expected to update your knowledge of all the disciplines you are seeking re-accreditation for. The requirements for re-accreditation will depend on your previous level of accreditation and how long you have been away from coaching.

PART B - POLICY

Coaches inactive for a period of up to 1 year should contact the APSA accreditation officer to discuss update point requirements to be obtained prior to recommencement of coaching as annual update points are a requirement of continued accreditation.

Coaches inactive for a period of 1 to 2 years must complete a minimum of 2 hours of mentoring to go through any changes and updates to the sport. Complete mandatory APSA worksheet(s).

Coaches inactive for a period of 2 to 4 years:

All levels **MUST** complete a minimum 5 hours of mentoring with a pre-approved APSA Mentor coach for the level seeking re-accreditation for and in addition the following:

Community Coach (Level 0) - must successfully complete the Community Coach Worksheet(s) and a practical assessment (this can be done face to face or via submission of a video to the APSA accreditation officer).

Development Coach (Level 1) - must successfully complete an APSA online Development Coach worksheet for each discipline seeking re-accreditation for and successfully complete a practical assessment (this can be done face to face or via submission of a video to the APSA accreditation officer).

Intermediate Coach (Level 2) - must successfully complete an APSA online Intermediate coach return to coaching worksheet for each discipline seeking re-accreditation for and successfully completing a practical assessment (this can be done face to face or via submission of a video to the accreditation officer).

Senior Coach (Level 3) - must successfully complete an APSA online Senior Coach return to coaching worksheet for each discipline seeking re-accreditation for and a practical assessment (this can be done face to face or via submission of a video to the APSA accreditation officer).

Performance levels (Lvls 4 to 7) - must successfully complete an APSA online performance coaching worksheet for each discipline seeking re-accreditation in and

Mentoring hours for levels 1 to 3 MUST include on ice hours.

Mentoring hours for Performance Levels should also cover areas as required, i.e changes to ISA and ISU selection policies, Drugs in Sport, Well Being, etc. as well as on ice hours as required.

Coaches inactive for a period of more than 4 years:

All levels **MUST** complete a minimum of 10 hours of mentoring with a pre-approved APSA Mentor coach for the level seeking re-accreditation for and in addition the following:

Community Coach (Level 0) - must successfully complete the Level 0 theory and practical course

Development Coach (Level 1) - must successfully complete the Level 1 theory and practical course

Intermediate Coach (Level 2) - must successfully complete an APSA online Intermediate coach return to coaching worksheet for each discipline seeking re-accreditation for and successfully completing a practical assessment (this can be done face to face or submission of a video).

Senior Coach (Level 3) - must successfully complete an APSA online Senior Coach return to coaching worksheet for each discipline seeking re-accreditation for and a practical assessment (this can be done face to face or submission of a video).

Performance levels (Lvls 4 to 7) - must successfully complete an APSA online Performance Coach return to coaching worksheet for each discipline seeking re-accreditation in. Additional requirements to be confirmed with the APSA Accreditation Officer due to the continued changes to sport at this level.

Mentoring hours for levels 1 to 3 MUST include on ice hours.

Mentoring hours for Performance Levels should include changes to ISA and ISU selection policies, Drugs in Sport, Well Being, test changes and rule updates etc. as well as on ice hours as required.

PART C - APPLICATION

Please contact the APSA Accreditation Officer accreditation@apsa.net.au for the current fees and application form.